

***Due to the high-risk spread of COVID-19, StoneRidge Retirement Living Communities have implemented since the onset of the virus, interventions to protect residents, families, and staff from serious illness and/or complications related to COVID-19. The following is a brief outline of some of those interventions.***

**1. Interventions to reduce the risk of COVID-19 from entering and/or spreading throughout our facilities:**

- Restriction of all visitors except for compassionate care situations (e.g., end-of-life).
- Restriction of all volunteers and non-essential healthcare personnel (HCP), including consultant services (e.g., barber, hairdresser).
- Implementation of universal use of source control for everyone in the facility.
- Actively screening anyone entering the building (healthcare providers, ancillary staff, vendors, consultants) for fever and symptoms of COVID-19 before starting each shift and at the end of their shift; sending ill personnel home. Sick leave policies have been reviewed and reflect flexibility and non-punitive approaches to addressing COVID-19 related absences.
- All field trips outside of the facility have been cancelled.

**2. Identification of infections early:**

- StoneRidge Retirement Living Communities actively screen all residents daily for fever and symptoms of COVID-19; if symptomatic, residents are immediately isolated and implementation of appropriate Transmission-Based Precautions instituted.
  - Team Members recognize that older adults with COVID-19 may not show typical symptoms such as fever or respiratory symptoms. Atypical symptoms may include new or worsening malaise, new dizziness, or diarrhea. When staff note any of these symptoms prompt isolation and evaluation for COVID-19 is completed.
- StoneRidge Retirement Living communities work with state and local health departments immediately (<24 hours) reporting COVID-19 cases when the following occurs:
  - Residents or staff present with severe respiratory infection causing hospitalization or sudden death

- A Cluster ( $\geq 3$  residents and/or Healthcare Providers) of respiratory infection is noted; or if
- Individuals with suspected or confirmed COVID-19 is reported.

### 3. **Preventing the spread of COVID-19:**

- StoneRidge Retirement Living facilities have implemented the following actions:
  - Cancellation of all group activities and communal dining;
  - Enforcement of social distancing among residents;
  - Ensuring all residents wear a cloth face covering for source control during care or whenever they leave their room or are around others, including whenever they leave the facility for essential medical appointments;
  - Ensuring all Healthcare Providers wear a surgical facemask or N95 mask when clinically indicated, covering their mouth and nose for source control while in the facility.
- On COVID-19 units, the facility is restricting all residents to their rooms and have Healthcare Providers wear all recommended personal protective equipment (PPE) for the care of all residents (regardless of symptoms) on the affected units. This includes: an N95 respirator (or facemask if a respirator is not available), eye protection, gloves, and gown. Healthcare Providers are trained on PPE use including putting it on and taking it off.
  - The reason for personal protective equipment use is due to the high-risk nature of unrecognized infections among residents. Recent experience suggests that a substantial proportion of residents could have COVID-19 without reporting symptoms or before symptoms develop.
  - When a COVID-19 case is identified, StoneRidge facilities actively work with the PA Department of Health Bureau of Epidemiology and/or public health departments to assist in decision making and testing of asymptomatic residents on the unit or in the facility.

### 4. **Access to supplies such as personal protective equipment (PPE) and initiation of measure to optimize current supplies:**

- StoneRidge Retirement Living communities aggressively monitor and manage the utilization of PPE. However, it should be noted that shortages are not just a facility level concern. Personal Protective Equipment shortages are a National

crisis. StoneRidge Retirement Living Communities report PPE and burn rates to the PA Department of Health daily. To present upon completion of this reporting / notification to state and local health departments, agencies have assisted in PPE acquisition through local healthcare coalitions.

- StoneRidge Retirement Living Communities have initiated extended use of respirators, facemasks, and eye protection as well as prioritization of gowns for certain resident care activities.

#### **5. Identification and management of severe illness:**

- StoneRidge Towne Center have implemented cohorting of residents based on clinical need and symptoms presented. This has required moving residents, in some cases frequently based on changing clinical conditions throughout the unit / facility. Please note it is not our intention to create undue stress to anyone (Residents, Resident Representatives and/or Staff). The primary intent of this intervention is to keep everyone in the facility safe from exposure of COVID-19 or to limit risks related to continued COVID-19 exposure.
- StoneRidge Retirement Living communities not currently affected by COVID-19 have designated locations in their respective facilities to care for residents with suspected or confirmed COVID-19, separated from other residents. At present this intervention has not been required / implemented.
- All StoneRidge Retirement Living Communities are monitoring ill residents at least 3 times daily to quickly identify residents who require additional clinical interventions, a transfer to a higher level of care or to review and update advance directives honoring resident preferences related to their care and quality of life.

If you have any questions related to your loved ones care or interventions related to the management of COVID-19, please contact your facility representative or email Robert Fodor Jr. VP of Operations and Clinical Services at [Robert.fodor@srlcommunities.com](mailto:Robert.fodor@srlcommunities.com)