



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="font-size: 4em; margin: 0;">January 2022</h1> 						<b>1 New Year Day!</b> <b>9:00-11:00</b> <b>Billiards/Pool Club</b>
<b>Due to the Corona Virus this calendar is subject to change.</b>						
<b>2</b> 4:30 Vespers (Theatre)	<b>3</b> 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <b>9:30 Exec. Committee Mtg (Players' Lounge)</b> 11:15 Meditation/Relaxation (Wellness Ctr) <b>1:30 Bingo (Theatre)</b>	<b>4</b> 8:00-11:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Walmart</b> 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>5</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) <b>3:00 Entertainment: Lori Woodward &amp; James Hummel (Theatre)*</b>	<b>6</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Table Shuffleboard (IL Living Rm)</b> 11:15 Yoga Stretch (Wellness Ctr) 6:30 Card & Game Night (Players' Lounge)	<b>7</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:30-3:30 Ladies Billiards/Pool	<b>8</b> <b>9:00-11:00</b> <b>Billiards/Pool Club</b>
<b>9</b> 4:30 Vespers (Theatre)	<b>10</b> 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <b>10:30 Library Meeting</b> 11:15 Meditation/Relaxation (Wellness Ctr) <b>1:30 Bingo (Theatre)</b> <b>6:30 Entertainment: Duo Terlano (Theatre)</b>	<b>11</b> 8:00-11:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> <b>1:30 Food Committee Meeting (Meier Rm)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>2:00-3:00 Blood Pressure Check (Clinic Rm)</b> 6:30 Prayer Group (Players' Lounge)	<b>12</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) <b>2:00 Movie Matinee (Theatre) – "The Family Stone" *</b>	<b>13</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:15 Yoga Stretch (Wellness Ctr) <b>1:30 Therapy Thursday (Theatre)</b> 6:30 Card & Game Night (Players' Lounge)	<b>14</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:30-3:30 Ladies Billiards/Pool	<b>15</b> <b>9:00-11:00</b> <b>Billiards/Pool Club</b>
<b>16</b> 4:30 Vespers (Theatre)	<b>17 Martin Luther King, Jr. Day</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) <b>1:30 Bingo (Theatre)</b> <b>2:30 Informational Meeting (Theatre)</b> <b>6:30 Entertainment: Glenn Miller (Theatre)</b>	<b>18</b> 8:00-11:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>NO Bible Study</b> <b>1:30 Resident Quarterly Meeting (Theatre)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>19</b> <b>8:30 Breakfast Trip – Robert's Diner (Richland)</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) <b>2:30 Conversation Corner (IL Living Rm)</b>	<b>20</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Table Shuffleboard (IL Living Rm)</b> 11:15 Yoga Stretch (Wellness Ctr) <b>1:00 Goods, Hornings, Smith's Candies</b> 6:30 Card & Game Night (Players' Lounge)	<b>21</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:30-3:30 Ladies Billiards/Pool	<b>22</b> <b>9:00-11:00</b> <b>Billiards/Pool Club</b>
<b>23/30</b> 4:30 Vespers (Theatre)	<b>24</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) <b>1:30 Bingo (Theatre)</b> <b>6:30 Entertainment: Matt Miskie (Theatre)</b> <hr/> <b>31</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) <b>1:30 Bingo (Theatre)</b> <b>3:00 Entertainment: Bonnie Koons (Theatre)</b>	<b>25</b> 8:00-11:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>26</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) <b>2:00 Retired Nurses Gathering (Theatre)</b>	<b>27</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:15 Yoga Stretch (Wellness Ctr) <b>1:30 Bean Bag Baseball (Wellness Ctr)</b> 5:00-7:00 Meier Rm (Reservations Only) 6:30 Card & Game Night (Players' Lounge)	<b>28</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:30-3:30 Ladies Billiards/Pool <b>2:30 Book Club (Theatre)</b> <b>"Where the Crawdads Sing" by Delia Owens, Contact Carolyn Robinson x3360 for a book.</b>	<b>29</b> <b>9:00-11:00</b> <b>Billiards/Pool Club</b>

# January 2022 DETAILS Independent Living - Poplar Run

## SHOPPING:

1/4 10:30 Walmart

1/20 1:00 Goods, Smith's Candies, Hornings

\*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so, there will be no charge. i.e., Monday-Reading Malls; Tuesday-Lebanon Malls; Wednesday-Hershey Outlets.

## Wednesdays:

**Hobbies Unlimited Wednesdays at 2:00 (Hobby Hut)** – Any hobby can be done ...cross stitch, latch hook...anything...not just with yarn. If you have a hobby bring it and we'll all get together and "chit chat" as we work.

## Fridays:

**Wii Bowling 10:30** – Come out and join us! First time participants contact Beth Ann @ x3200

1/5 **Entertainment: Lori Woodward & James Hummel 3:00 (Theatre)** – Lori is a vocalist with James on the keyboards and vocalist also. They perform together as a duet all over the Lehigh Valley and surrounding areas. First time at StoneRidge. Welcome them to our stage.

1/6 & 1/20

**Table Shuffleboard 10:30 (Corner Pocket)** - Table shuffleboard is a game in which players push weighted pucks down a long table into a scoring area. The objective of the game is to slide all one's pucks so that they reach the highest scoring area without falling off the end of the board. The table has been in our Corner Pocket by the pool tables ...let's learn how to play it! Join us as this has been going well!

1/10 **Entertainment: Duo Terlano 6:30 (Theatre)** – Hannes Dietrich, a teacher at Lebanon Valley College, and his wife, Marie-Aline Cadieux, will entertain you with the violin and the cello. They had performed back in 2018 and they were very well received by our residents. Please welcome them back to our stage.

1/12 **Movie Matinee 2:00 (Theatre)** – "The Family Stone". Comedy, Family, Drama, Romance. Dermot Mulroney, Diane Keaton, Craig Nelson, Sarah Jessica Parker, Claire Danes, Luke Wilson, Rachel McAdams, Tyrone Giordano, Elizabeth Reaser, Brian White. Everett Stone (Dermot Mulroney) wants to bring his girlfriend, an uptight, conservative businesswoman, Meredith Morton (Sarah Jessica Parker), to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie (Claire Danes) to come along. Hoping to win the approval of her boyfriend's parents Sybil (Diane Keaton) and Kelly (Craig T. Nelson) and the rest of the family, instead Meredith succeeds only in highlighting her uptight personality and making Everett doubt his intentions. Funny, family movie with a lot of drama.

1/13 **Therapy Thursday w/Tom 1:30 (Theatre)** – Take note that this will take place in the Theatre. Topic to be determined.

1/17 **Entertainment: Glenn Miller 6:30 (Theatre)** – Glenn has the sound of a big band but it is only him. He's fun, he's entertaining, and he's back.... He's the BIG one man band. Glenn plays the accordion and tells jokes and he always shows us a good time.

1/19 **Breakfast Trip to Robert's Diner (Richland) 8:30 Departure** – A quaint, little place with good food. Sign-up x3200.

1/19 **Conversation Corner 2:30 (Living Room)** – Join Brenda for casual, enjoyable conversation in the IL living room. You may want to tell everyone about your favorite trip, or something that happened to you or any other topic you would like to discuss. (No politics or religion).

1/24 **Entertainment: Matt Miskie 6:30 (Theatre)** - Matt Miskie takes the audience on a time-travel adventure of sorts through familiar folk and country songs, intermixed with personal songs and stories. Songs of travel, work, nature, and personal relationships to traditional country hymns and songs. These songs and stories are sure to bring back many memories that we all have in common. Matt's specializes in singer/songwriters and folk/rock artists of the 60's and 70's.

1/28 **Book Club 2:30 (Theatre)** - The next meeting is January 28, 2022 at 2:30 in the Theatre. They will be reading "Where the Crawdads Sing" by Delia Owens. Books will be available at the end of December. Contact Carolyn Robinson x3360 for a book.

1/31 **Entertainment: Bonnie Koons 3:00 (Theatre)** – Bonnie plays the piano and she has always entertained us and I am sure she will deliver again. She is a StoneRidge favorite! Welcome her back to our stage.

## **Upcoming Events:**

2/17 **Talent Show 1:30 (Theatre)** – Stoneridge Independent Living has a lot of talented individuals... so let's showcase them! Do you play an instrument, sing, dance, tell jokes or are you an actress/actor and you want to perform a skit. Maybe a few of you would like to perform something together. We did this a few years ago and it was a delightful event! Sign up at the front desk.