



October 2021

Due to the Corona Virus, this calendar is subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 8:00 Walking Club 10:30 Wii Bowling (3rd Floor) 1:00-3:00 Ladies Billiards/Pool	2 9:00-11:00 Billiards/Pool Club
3 4:30 Vespers (Theatre)	4 NO FITNESS CLASSES 9:00 Quilting (Threads) 9:30 Exec. Committee Mtg (Players' Lounge) 1:30 Bingo (Theatre)	5 NO FITNESS CLASSES 9:00 Dutchway 9:00 Open Swim 1:30 Bible Study (Players' Lounge) 6:30 Prayer Group (Players' Lounge)	6 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:30 Walmart, Kohls or Michaels 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) 6:30 Entertainment: Die Narrische Musiker (The Funny Musicians) (Theatre)*	7 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Table Shuffleboard (Corner Pocket) 11:00 Yoga Stretch (Wellness Ctr) 6:30 Card & Game Night (Corner Pocket)	8 8:00 Walking Club 10:30 Wii Bowling (3rd Floor) 1:00-3:00 Ladies Billiards/Pool	9 9:00-11:00 Billiards/Pool Club
10 4:30 Vespers (Theatre)	11 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre)	12 9:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:00-3:00 Blood Pressure Check (Clinic Room)* 6:30 Prayer Group (Players' Lounge)	13 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Movie Matinee: "A Beautiful Day in the Neighborhood" (Theatre) * 2:00 Hobbies Unlimited (Hobby Hut) 6:30 Entertainment: Chuck Cahoe (Theatre)*	14 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 "Therapy Thursday w/Tom" (Players' Lounge) 6:30 Card & Game Night (Corner Pocket)	15 8:00 Walking Club 9:00 Trip to Goods, Hornings & Smith's Candy 10:30 Wii Bowling (3rd Floor) 1:00-3:00 Ladies Billiards/Pool	16 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven Coloring (Players' Lounge)
17 4:30 Vespers (Theatre)	18 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre) 2:30 Informational Meeting (Theatre) 6:30 Entertainment: Jimmy Edwards (Theatre)*	19 9:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:00 Resident Quarterly Meeting (theatre) 6:30 Prayer Group (Players' Lounge)	20 8:30 Breakfast @ The Udder Choice Restaurant 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Hobbies Unlimited (Hobby Hut) 2:30 Conversation Corner (IL Living Room)	21 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Table Shuffleboard (Corner Pocket) 11:00 Yoga Stretch (Wellness Ctr) 1:30 Bean Bag Baseball (Wellness Ctr) 6:30 Card & Game Night (Corner Pocket)	22 8:00 Walking Club 10:30 Wii Bowling (3rd Floor) 1:00-3:00 Ladies Billiards/Pool 2:30 Book Club-"Amish Grace-Kraybill, Nolt, and Weaver-Zercher" (Theatre)	23 9:00-11:00 Billiards/Pool Club
24/31 4:30 Vespers (Theatre) /31 Happy Halloween! 4:30 Vespers (Theatre)	25 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre) 6:30 Entertainment: Bob Phillips (Theatre)*	26 9:00 Dutchway 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	27 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 9:00 Shopping Trip to Hershey Outlets 10:00 Senior Sit & Be Fit 2:00 Retired Nurses Gathering (Theatre) 2:00 Hobbies Unlimited (Hobby Hut) 11:15 Meditation/Relaxation (Wellness Ctr)	28 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 6:30 Card & Game Night (Corner Pocket)	29 8:00 Walking Club 10:30 Wii Bowling (3rd Floor) 1:00-3:00 Ladies Billiards/Pool	30 9:00-11:00 Billiards/Pool Club

October 2021 DETAILS Independent Living - Poplar Run

SHOPPING:

10/6 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so, there will be no charge. i.e., Monday-Reading Malls; Tuesday-Lebanon Malls; Wednesday-Hershey Outlets.

Wednesdays:

Hobbies Unlimited Moved to Wednesdays at 2:00 (Hobby Hut) – Any hobby can be done cross stitch, latch hook...anything...not just with yarn. If you have a hobby bring it and we'll all get together and "chit chat" as we work.

Fridays:

Wii Bowling 10:30 –We are up and running again. Please Come out and join us! First time participants contact Beth Ann @3200

10/6 **Entertainment: Die Narrische Musiker (The Funny Musicians) 6:30 (Theatre)** – First time at StoneRidge! These musicians will entertain you with a trip around Germany. One of the musicians in this group will also play the Alphorn horn. Come out and make them feel welcome.

10/7 & 10/21

Table Shuffleboard 10:30 (Corner Pocket) - Table shuffleboard is a game in which players push weighted pucks down a long table into a scoring area. The objective of the game is to slide all one's pucks so that they reach the highest scoring area without falling off the end of the board. The table has been in our Corner Pocket by the pool tables ...let's learn how to play it! Join us as this has been going well!

10/13 **Movie Matinee 2:00 (Theatre)** – "A Beautiful Day in the Neighborhood". PG, Biography, Drama. Based on the true story of a real-life friendship between Fred Rogers and journalist Lloyd Vogel. Starring: Tom Hanks, Matthew Rhys, Chris Cooper, Susan Kelechi. After a jaded magazine writer is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness, and decency from American's most beloved neighbor. A timely story of kindness triumphing over cynicism. "Can you say...Hero?" An extraordinary man!

10/14 **Therapy Thursday with Tom 1:30 (Players' Lounge)** – Tom's topic for this month is: I didn't know therapy treated that... Incontinence, TMJ and Vocal Quality.

10/13 **Entertainment: Chuck Cahoe 6:30 (Theatre)** – Chuck has been a prominent full-time musician for the past 25 plus years in our area. His energy will get you to sing along and want to get up and dance. His motto is "There's no such thing as too much FUN".

10/18 **Entertainment: Jimmy Edwards 6:30 (Theatre)** – Jimmy has a fun, toe tapping program that will make your hearts sing and dance. You will look at him and wonder how does he do it all. Delightful and a lot of fun!

10/20 **Breakfast Trip to Udder Choice (Ephrata) 8:30 Departure** – This month we are off to Udder Choice. Great place for breakfast as their advertisement states an amazing country style breakfast menu. Sign-up x3200.

10/20 **Conversation Corner 2:30 (Living Room)** – Join Brenda for casual, enjoyable conversation in the IL living room. You may want to tell everyone about your favorite trip, or something that happened to you or any other topic you can think of. (No politics or religion).

10/25 **Entertainment: Bob Phillips 6:30 (Theatre)** – Bob has that smooth voice as he impersonates Frank Sinatra and sings the songs that you all know and love. He has not been here in a while but you loved him when he was here before Covid. Enjoy his smooth sound!

Upcoming Events – You must be vaccinated to go on any trip.

Pen Pal with ELCO Students – Would you like to write short letters to an ELCO student? They will correspond with you four or five times throughout the school year. This was well received in the past. Please sign up at the receptionist desk.

Fox's Country Tea House – Thursday, November 4, 2021 - 11:30 Seating – Everything is made fresh and the owner is your chef, hostess and your server, Theresa Fox. You may know Theresa as she was a former waitress in the Vistas Dining Room at StoneRidge. None of the food is bought frozen or pre-made but it is homemade. There is not a dress code but feel free to take this opportunity to dress up like the English do to go to an "Afternoon Tea". Add a hat, gloves, scarf or necklace and have fun. After seating you will get a 24 ounce pot of tea of your choosing, which equates to approximately 3-5 cups. This is an opportunity for everyone at your table to get a different kind so that you can sample them all! The Garden Tea menu consists of two scones, roasted butternut squash soup, tea sandwiches and sweets and treats (a Chef's surprise to delight you) \$21.95. Seating is limited to 22 individuals. Sign up at x3200.

Thursday, December 16, 2021 – American Music Theatre – "Winter Wonderland" – 3:00 Show. It's the most wonderful time of the year! This highly anticipated and critically acclaimed live music production will ignite your spirit and set your heart aglow! Once you step through the doors, you'll gaze upon the magical sights and sounds of the season and be transported to a wonderland of music and enchantment – from a Bavarian mountain village to the festive, holiday excitement at the North Pole. The extraordinary costumes, gorgeous gowns, and stunning sets will make you feel like you're really there. And you might even catch a glimpse of Old Saint Nick himself! Winter Wonderland is AMT's newest Original Show, featuring the secular and sacred holiday songs you know and love, with all-live performances by our sensational cast of Singers and Dancers, as well as the remarkable AMT Orchestra. Bring the entire family and discover a new holiday tradition! \$40.00 + \$7 Transportation. We will stop for dinner on the way home. Sign up x3200.