

July 2021

Calendar is subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	HURSDAY	FRIDAY	SATURDAY	
<p>1 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Table Shuffleboard (Corner Pocket) 11:00 Yoga Stretch (Wellness Ctr) 1:30 Hobbies Unlimited (Hobby Hut) 6:30 Card & Game Night (Corner Pocket)</p>						<p>2 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool</p>	<p>3 9:00-11:00 Billiards/Pool Club</p>
<p>4 4th of July Holiday! Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>5 <u>NO Fitness or Aquatic Classes</u> 9:00 Quilting (Threads) 1:30 Bingo (Theatre)</p>	<p>6 9:00 Dutchway, Bank 9:00 Open Swim 9:30 Exec. Committee Mtg (Players' Lounge) 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)</p>	<p>7 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:30 Walmart, Kohls or Michaels 11:15 Meditation/Relaxation (Wellness Ctr) 3:00 Entertainment: TG Divergent (Tom & Greg Strohmman) (Theatre)*</p>	<p>8 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 "Therapy Thursday w/Tom" (Players' Lounge) 1:30 Hobbies Unlimited (Hobby Hut) 6:30 Card & Game Night (Corner Pocket)</p>	<p>9 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool</p>	<p>10 9:00-11:00 Billiards/Pool Club</p>	
<p>11 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>12 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre) 3:00 Entertainment: Lee Moyer (Theatre)*</p>	<p>13 9:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Bible Study (Players' Lounge) 1:30 Food Committee Meeting 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)</p>	<p>14 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Ice Cream Trip to Fox Meadow Creamery</p>	<p>15 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Table Shuffleboard (Corner Pocket) 11:00 Yoga Stretch (Wellness Ctr) 1:30 Hobbies Unlimited (Hobby Hut) 2:00-3:00 Blood Pressure Check (Clinic Room)* 6:30 Card & Game Night (Corner Pocket)</p>	<p>16 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool</p>	<p>17 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven Coloring (Players' Lounge)</p>	
<p>18 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>19 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre) 2:30 Informational Meeting (Theatre)</p>	<p>20 9:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Yoga Stretch Classes (Wellness Ctr) 1:30 Resident Quarterly Meeting (Theatre) 6:30 Prayer Group (Players' Lounge)</p>	<p>21 8:30 Breakfast @ Brickerville Restaurant 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:00 Movie Matinee (Theatre) Wild Hogs*</p>	<p>22 9:00 Open Swim 9:30 Shopping Trip to the Hershey Outlets 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 Hobbies Unlimited (Hobby Hut) 1:30 Bean Bag Baseball (Wellness Ctr) 6:30 Card & Game Night (Corner Pocket)</p>	<p>23 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 Book Club-"Killing Lincoln" (Players' Lounge) 6:30 Sing-A-Long (Courtyard)</p>	<p>24 9:00-11:00 Billiards/Pool Club</p>	
<p>25 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>26 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 1:30 Bingo (Theatre) 3:00 Entertainment: Kirk Wise (Theatre)*</p>	<p>27 9:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:00 Italian Ice - The Ice Shack (Courtyard) 6:30 Prayer Group (Players' Lounge)</p>	<p>28 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 2:30 Conversation Corner (IL Living Room)</p>	<p>29 <u>NO Fitness or Aquatic Classes</u> 9:00 Open Swim 10:30 Table Shuffleboard (Corner Pocket) 1:30 Hobbies Unlimited (Hobby Hut) 6:30 Card & Game Night (Corner Pocket)</p>	<p>30 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool</p>	<p>9:00-11:00 Billiards/Pool Club</p>	

July 2021 DETAILS Independent Living - Poplar Run

SHOPPING:

7/7 10:30 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so, there will be no charge. i.e., Monday-Reading Malls; Tuesday-Lebanon Malls; Wednesday-Hershey Outlets.

7/1, 7/8, 7/15, 7/22 and 7/29

Hobbies Unlimited 1:30 (Hobby Hut) – Any hobby can be done cross stitch, latch hook...anything...not just with yarn. If you have a hobby bring it and we'll all get together and mingle as we work.

7/1, 7/15

Table Shuffleboard 10:30 (Corner Pocket) - Table shuffleboard is a game in which players push weighted pucks down a long table into a scoring area at the opposite end of the table. The objective of the game is to slide all one's pucks so that they reach the highest scoring area without falling off the end of the board into the alley. Furthermore, a player's puck must be farther down the board than his opponent's in order to be in a scoring position. This may be achieved either by knocking off the opponent's puck(s), or by outdistancing them. The table has been in our Corner Pocket by the pool tables ...let's learn how to play it!

Wii Bowling – Temporarily cancelled due to equipment damage.

7/7 **Entertainment: TG Divergence 3:00** - Tom & Greg Strohman, a Father and Son duo, are each unique musicians in their own right. TG Divergent represents the intersection of many genres of music, played on many instruments, spanning many eras and performed in many environments as imagined by just two people. Welcome them back to StoneRidge!

7/8 **Therapy Thursday with Tom 1:30 (Players' Lounge)** – Topic – “Memory and Cognition, Part II”. Tom will give more pointers on how to improve your memory, problem solving, decision making, etc. Memory is an important cognitive process that allows people to encode, store and retrieve information from your mind. Come to this Part II session.

7/12 **Entertainment: Lee Moyer 3:00 (Theatre)** - The Gentlemen of Jazz will bring his talent to our stage. Always welcomed here at SRL!

7/14 **Trip to Fox Meadow Creamery 1:30 (Ephrata)** - Take a drive for ice cream and then visit their market afterward. Sign-up x3200.

7/19 **Informational Meeting 2:30 (Theatre)** – Hear the latest news and updates regarding Poplar Run.

7/21 **Breakfast Trip to Brickerville House 8:30 Departure** - We are off to Brickerville House Restaurant. After breakfast you will be given time to browse in the local shops in the square: Artist's Attic, Vintage Jewelry, Touch of Taste, Wertz Candies, etc. Sign-up x3200.

7/21 **Movie Matinee 2:00 (Theatre)** – “Wild Hogs”. PG-13 Action, Adventure, Comedy. Starring: John Travolta, Tim Allen, Martin Lawrence, William Macy, Ray Liotta, Marisa Tomei and many more. Four restless middle-aged men are ready for adventure and they decide to take a road trip leaving the safety of their subdivision and head out on the open road from Cincinnati to the Pacific. They want to get away from their lives, which they think are leading them nowhere. Taking their motorcycles, these **not so** “Wild Hogs” tear up the road and eventually stop in New Mexico and meet up with the “Del Fuegos”, a mean biker gang. Movie is hilarious!

7/22 **Shopping Trip to the Hershey Outlets 9:30** – Book Warehouse, Chico's Outlet, Beef Jerky Outlet, Famous Footwear Outlet, Jockey, LOFT outlet, Skechers, Talbots Outlet, Vera Bradley, Yankee Candle Outlet, Vitamin World and many more. Sign-up x3200.

7/23 **Book Club 1:30 (Theatre)** – “Killing Lincoln” by Bill O'Reilly and Martin Dugard. A riveting historical narrative of the heart-stopping events surrounding the assassination of Abraham Lincoln, which changed America forever. Featuring some of history's most remarkable figures, vivid detail, and page-turning action, Killing Lincoln is history that reads like a thriller. For a FREE loaner book, please contact Carolyn Robinson at extension 3360.

7/23 **Sing-A-Long 6:30 (Courtyard)** – Join your neighbors for some merriment singing an assortment of songs by the fire pit and pond.

7/26 **Entertainment: Kirk Wise 3:00 (Theatre)** – Kirk will give you an assortment of music. We always love him and the excitement he brings to the stage.

7/27 **Italian Ice from the Ice Shack 2:00-3:00 (Courtyard)** – Chill and come join us! It's more than just ice! The Ice Shack is coming in to serve you a treat to cool off. Your choice of flavor.

7/28 **Conversation Corner 2:30 (Living Room)** – Join Brenda for casual conversation in the IL living room. (No politics or religion please).

Upcoming Events – You must be vaccinated to go on any trip

Thursday, August 19, 2021 - Sight & Sound Theatre – “Queen Esther” - Set in the perilous Persian Empire, Queen Esther is a tale of beauty and bravery. Esther's ordinary life changed forever when she was taken through the palace doors, entering a world of royalty and risk. With a crown on her head and a secret in her heart, can she find the courage to trust in God's plan and believe that she was made for such a time as this? Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production! Departure 1:20. \$60.80 + \$7 Transportation. **Due to the size of our group dinner would be a Traditional Family Style Meal Dinner at Hershey Farm Restaurant \$23.25 which includes their famous fried chicken, roast beef, ham balls, mashed potatoes, filling, green beans, corn, sweet & sour relishes, rolls, shoo-fly pie, apple pie, hand-dipped vanilla ice cream, ice tea and coffee.** Sign up x3200.

Thursday, August 26, 2021, 2:00 show– Gretna Theatre – “Dino” – When a severe blizzard blankets the East Coast, Dino's band gets stuck out of town. Rather than disappoint his fans, Dean Martin brings us an intimate evening filled with personal stories and classic songs including, “Ain't That a Kick in the Head”, “Everybody Loves Somebody”, “That's Amore” and more. For a short while, the man behind the legend reveals the humor, warmth and casual cool that marked his rise from his Italian-only speaking immigrant childhood to become one of the biggest legends in the entertainment field. Depart 1:15 Sign up x3200.

Thursday, December 16, 2021 – American Music Theatre – “Winter Wonderland” – It's the most wonderful time of the year! This highly anticipated and critically acclaimed live music production will ignite your spirit and set your heart aglow! Once you step through the doors, you'll gaze upon the magical sights and sounds of the season and be transported to a wonderland of music and enchantment – from a Bavarian mountain village to the festive, holiday excitement at the North Pole. The extraordinary costumes, gorgeous gowns, and stunning sets will make you feel like you're really there. And you might even catch a glimpse of Old Saint Nick himself! Winter Wonderland is AMT's newest Original Show, featuring the secular and sacred holiday songs you know and love, with all-live performances by our sensational cast of Singers and Dancers, as well as the remarkable AMT Orchestra. Bring the entire family and discover a new holiday tradition! \$40.00 + \$7 Transportation. We will stop for dinner on the way home. Sign up x3200.