

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

INDEPENDENT LIVING

					<p>1 FUN FRIDAY – Wacky Sock Day! (wear your wildest pair of socks)</p> <p>1:45 <u>Sit & Sip</u> – Fall Cupcakes LeTort lobby</p> <p>2:00 POKENO - LAR</p>	<p>2 2:00 Pinochle – 3rd FL lounge</p> <p>2:00 Afternoon Movie – ch956 “The Wizard of Oz”</p>
<p>3 2:30 Worship Service – Chapel or channel 956</p> <p>4:00 Conversation Corner – (LeTort lobby)</p>	<p>4 10:00 Seated Exercise – ch956</p> <p>1:30 Resident Council - LAR</p> <p>2:00 Pinochle – 3rd FL lounge</p>	<p>5 10:00 Seated Exercise – ch956</p> <p>1:30 Flu Shots for IL – LAR</p> <p>2:30 Conversation Corner – LeTort lobby</p> <p>3:00 Trivia with Katie - LAR</p>	<p>6 10:00 Seated Exercise – ch956</p> <p>1:45 <u>Sit & Sip</u> - Ice Cream Sundae Bar – lobby</p> <p>3:00 Bible Study – Chapel or channel 956.</p> <p>6:30 Rummikub - LAR</p>	<p>7 10:00 Worship Service – Chapel or channel 956.</p> <p>2:00 Wii Bowling – LAR</p> <p>3:00 Happy Needles - lobby</p>	<p>8 FUN FRIDAY – Fall Day! (wear anything Fall colored)</p> <p>2:00 BINGO - LAR</p>	<p>9 2:00 Pinochle – 3rd FL lounge</p> <p>2:00 Afternoon Movie – ch956 “Beetlejuice”</p>
<p>10 2:30 Worship Service – Chapel or channel 956</p> <p>4:00 Conversation Corner – (LeTort lobby)</p>	<p>11 10:00 Seated Exercise – ch956</p> <p>2:00 Pinochle – 3rd FL lounge</p> <p><small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>12 10:00 Seated Exercise – ch956</p> <p>10:45 Men’s Coffee & Muffins (Café)</p> <p>1:45 Crafts with Cora – hobby hut “Painting Pumpkins”</p>	<p>13 10:00 Seated Exercise – ch956</p> <p>3:00 Bible Study – Chapel or channel 956.</p> <p>6:30 Rummikub - LAR</p>	<p>14 10:00 Worship Service – Chapel or channel 956.</p> <p>1:45 Conversation Corner – (LeTort lobby)</p> <p>2:00 Wii Bowling – LAR</p> <p>3:00 Happy Needles - lobby</p>	<p>15 FUN FRIDAY – Breast Cancer Awareness Day! (wear pink)</p> <p>1:45 <u>Sit & Sip</u> – Pink Lemonade & Sugar Cookies</p> <p>2:00 POKENO - LAR</p>	<p>16 2:00 Pinochle – 3rd FL lounge</p> <p>2:00 Afternoon Movie – ch956 “Halloweentown”</p>
<p>17 2:30 Worship Service – Chapel or channel 956</p> <p>4:00 Conversation Corner – (LeTort lobby)</p>	<p>18 10:00 Seated Exercise – ch956</p> <p>2:00 Pinochle – 3rd FL lounge</p> <p>4:00 Ladies Afternoon Tea & Muffins - lobby</p>	<p>19 10:00 Seated Exercise – ch956</p> <p>1:30 <u>Sit & Sip</u> – Pumpkin Patch Pudding Cups , LeTort lobby</p> <p>2:00 BINGO with Steve – LAR</p> <p>7:00 <u>Book Club Review</u> of “Thick as Thieves” – Library</p>	<p>20 10:00 Seated Exercise – ch956</p> <p>3:00 Bible Study – Chapel or channel 956.</p> <p>6:30 Rummikub - LAR</p>	<p>21 10:00 Worship Service – Chapel or channel 956.</p> <p>12:30 Book Club – new book handout – dining room</p> <p>2:00 Wii Bowling – LAR</p> <p>3:00 Happy Needles - lobby</p>	<p>22 FUN FRIDAY – Music Day! (wear something that represents music)</p> <p>1:30 – Conversation Corner – LeTort lobby</p> <p>2:00 BINGO - LAR</p>	<p>23 2:00 Pinochle – 3rd FL lounge</p> <p>2:00 Afternoon Movie – ch956 “Halloweentown 2”</p>
<p>24 2:30 Worship Service – Chapel or channel 956</p> <p>4:00 Conversation Corner – (LeTort lobby)</p>	<p>25 10:00 Seated Exercise – ch956</p> <p>1:30 Wellness Clinic – BP Checks (LAR)</p> <p>2:00 Pinochle – 3rd FL lounge</p>	<p>26 10:00 Seated Exercise – ch956</p> <p>1:30 Conversation Corner - LeTort lobby area</p> <p>2:00 Fitness with Therapy – LAR (The 5 Senses)</p>	<p>27 10:00 Seated Exercise – ch956</p> <p>1:30 Party Fued – Halloween Special - LAR</p> <p>3:00 Bible Study – Chapel or channel 956.</p> <p>6:30 Rummikub - LAR</p>	<p>28 10:00 Worship Service – Chapel or channel 956.</p> <p>2:00 Wii Bowling – LAR</p> <p>3:00 Happy Needles - lobby</p>	<p>29 FUN FRIDAY – Halloween Day! (wear orange or a costume)</p> <p>1:45 <u>Sit & Sip</u> – Pumpkin Cookies LeTort lobby</p> <p>2:00 POKENO - LAR</p>	<p>30 2:00 Pinochle – 3rd FL lounge</p> <p>2:00 Afternoon Movie – ch956 “Hocus Pocus”</p>
<p>31 2:30 Worship Service – Chapel or channel 956</p> <p>4:00 Conversation Corner – (LeTort lobby)</p> <p><small>Halloween</small></p>						

Important Informational Meetings, MARK YOUR CALENDARS!!!

- Monthly resident council for IL residents will be Monday, October 4th at 1:30pm.

Wellness Clinic Events, MARK YOUR CALENDARS!!!

- Flu shots for IL residents will be given on Tuesday, October 5th at 1:30pm.
- BP checks for IL residents will be offered on Monday, October 25th at 1:30pm.

OCTOBER EVENTS

- Fun Fridays – 10/1: Wacky Sock Day; 10/8: Fall Day; 10/15: Breast Cancer Awareness Day; 10/22: Music Day; 10/29: Halloween Spirit Day
- Featured Sit & Sip events – 10/1: fall cupcakes; 10/8: ice cream sundae bar; 10/15: pink lemonade and cookies; 10/22: pumpkin patch pudding cups; 10/29: pumpkin cookies
- Crafts with Cora featured activity is Painting Pumpkins, and is scheduled for Tuesday, October 12th at 1:45pm in the Hobby Hut
- Monthly Book Club book review is scheduled for Tuesday, October 19th at 7pm in the LeTort 3rd floor lounge. Next month's book will be distributed on Thursday, October 21st

NEW ACTIVITIES

- Conversation Corner is a new activity to encourage everyone to get out and visit with their fellow neighbors. These will be scheduled periodically throughout the week and on weekends. This is just another opportunity for you to greet each other with a smile and great conversation in between other activities.
- Men's Coffee & Muffins is an activity for our guys to be able to get together and enjoy some coffee and a muffin in the morning with great conversation. I encourage our guys to get out and participate in this activity.
- Ladies Afternoon Tea and Muffins is a monthly event that gives our ladies the opportunity to get together and enjoy great conversation over tea and muffins.
- PARTY FUED, Halloween Special – a twist on the popular game show "Family Fued" is scheduled for Wednesday, October 27th at 1:30pm. Should be a ton of fun and a lot of laughs.

Fun Facts about OCTOBER

- It is the second month of the Fall season.
- October was originally the eighth month of the Roman calendar. It comes from the Latin word "octo" meaning eight. Later, it became the 10th month when January and February were added to the calendar.
- The World Series for Major League Baseball generally takes place during this month.
- The birth flower of October is the bright orange calendula, also known as the marigold.
- Tourmaline and opal are the official birthstones of October.

FRIENDLY REMINDERS – IMPORTANT!!!!

- Please continue to practice social distancing when going out to public places.
- Please continue to wear your mask throughout the hallways and during activities while in the building.