

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

INDEPENDENT LIVING

September 2021			INDEPENDENT LIVING			
			1 10:00 Seated Exercise – ch956 1:45 <u>Sit & Sip</u> – Watermelon “lobby” 2:00 Conversation Corner – (LeTort lobby) 3:00 Bible Study w/ Chaplain Don March – ch956 6:30 Rummikub - LAR	2 10:00 Worship Service w/ Chaplain Don March - ch956 2:00 Wii Bowling - LAR 3:00 Happy Needles - lobby	3 FUN FRIDAY – Favorite Shirt Day! (wear your best shirt) 10:00 Seated Exercise – ch956 2:00 POKENO – LAR 5:30 Pizza & Game Night (lobby)	4 2:00 Pinochle – 3 rd FL lounge 2:00 Afternoon Movie – ch956 “The Hundred Foot Journey”
5 2:30 Worship Service w/ Chaplain Don March – ch956 4:00 Conversation Corner – (LeTort lobby)	6 10:00 Seated Exercise – ch956 2:00 Pinochle – 3 rd FL lounge Labor Day Rosh Hashanah Begins	7 10:00 Seated Exercise – ch956 10:45 Men’s Coffee & Muffins (Café) 3:00 Trivia w/ Katie - LAR	8 9:30 Shopping Trip to Target, Kohls, Michaels (LeTort Entrance) 10:00 Seated Exercise – ch956 3:00 Bible Study w/ Chaplain Don March – ch956 6:30 Rummikub - LAR	9 10:00 Worship Service w/ Chaplain Don March - ch956 2:00 Wii Bowling - LAR 3:00 Happy Needles - lobby	10 FUN FRIDAY – Red, White, & Blue in Honor of 9/11 10:00 Seated Exercise – ch956 1:45 <u>Sit & Sip</u> – Cinnamon Roll “lobby” 2:00 BINGO - LAR	11 2:00 Pinochle – 3 rd FL lounge 2:00 Afternoon Movie – ch956 “Gods Not Dead”
12 2:30 Worship Service w/ Chaplain Don March – ch956 4:00 Conversation Corner – (LeTort lobby) 6:30 Sunday Movie – ch956 “Cocoon” Grandparents Day	13 10:00 Seated Exercise – ch956 1:30 Resident Council - LAR 2:00 Pinochle – 3 rd FL lounge 4:00 Ladies Afternoon Tea & Muffins – (lobby)	14 10:00 Seated Exercise – ch956 1:45 <u>Sit & Sip</u> – Root Beer Floats – lobby 2:00 Conversation Corner – (LeTort Front Entrance)	15 10:00 Seated Exercise – ch956 3:00 Bible Study w/ Chaplain Don March – ch956 6:30 Rummikub - LAR Yom Kippur Begins	16 10:00 Worship Service w/ Chaplain Don March - ch956 2:00 Wii Bowling - LAR 3:00 Happy Needles - lobby	17 FUN FRIDAY – Silly Hat Day! 10:00 Seated Exercise – ch956 12:30 End of Summer Picnic – LeTort Front Entrance (weather permitting) 2:00 POKENO – LAR	18 2:00 Pinochle – 3 rd FL lounge 2:00 Afternoon Movie – ch956 “The Secret Life of Bees” Oktoberfest Begins
19 2:30 Worship Service w/ Chaplain Don March – ch956 4:00 Conversation Corner – (LeTort lobby)	20 10:00 Seated Exercise – ch956 2:00 Pinochle – 3 rd FL lounge 7:00 <u>Book Club Review</u> of “Hideaway” – 3 rd FL lounge Sukkot Begins	21 10:00 Seated Exercise – ch956 10:45 Men’s Coffee & Muffins (Café) 2:00 BINGO w/ Steve - LAR	22 10:00 Seated Exercise – ch956 3:00 Bible Study w/ Chaplain Don March – ch956 6:30 Rummikub - LAR Autumn Begins	23 10:00 Worship Service w/ Chaplain Don March - ch956 2:00 Wii Bowling - LAR 3:00 Happy Needles - lobby	24 FUN FRIDAY – Twin Day! (dress alike with someone else) 10:00 Seated Exercise – ch956 1:45 <u>Sit & Sip</u> – Ice Cream Sundae Bar 2:00 BINGO – LAR	25 2:00 Pinochle – 3 rd FL lounge 2:00 Afternoon Movie – ch956 “Good Will Hunting”
26 2:30 Worship Service w/ Chaplain Don March – ch956 4:00 Conversation Corner – (LeTort lobby) 6:30 Sunday Movie – ch956 “The Notebook”	27 10:00 Seated Exercise – ch956 1:45 Crafts w/ Cora – Hobby Hut “Burlap Pumpkins” 2:00 Pinochle – 3 rd FL lounge	28 10:00 Seated Exercise – ch956 2:00 Fitness w/ Therapy – LAR (Memory Loss Prevention) 7:00 Camp Fire w/ Smores – (Creekside Patio)	29 10:00 Seated Exercise – ch956 3:00 Bible Study w/ Chaplain Don March – ch956 6:30 Rummikub - LAR	30 10:00 Worship Service w/ Chaplain Don March - ch956 2:00 Wii Bowling - LAR 3:00 Happy Needles - lobby		

Shopping Trips/Outings (if interested, please sign up in the Activity Book outside the Café)

- Shopping Trip to Target, Kohl's, and Michaels on Wednesday, 9/8 (9:45 – 11am) Departure begins at 9:30am.

Important Informational Meetings, Mark Your Calendars!!!

- Monthly resident council for IL residents, Monday, 9/13 at 1:30pm.

New Activities

- Conversation Corner is a new activity to encourage everyone to get out and visit with their fellow neighbors. These will be scheduled periodically throughout the week and on weekends. This is just another opportunity for you to greet each other with a smile and great conversation in between other activities.
- Men's Coffee & Muffins is an activity for our guys to be able to get together and enjoy some coffee and a muffin in the morning with great conversation. I encourage our guys to get out and participate in this activity.
- Ladies Afternoon Tea and Muffins is a monthly event that gives our ladies the opportunity to get together and enjoy great conversation over tea and muffins.

September Events

- End of Summer Picnic for IL is scheduled for Friday, September 17th at 12:30pm outside (weather permitting) the front entrance of LeTort. Meal will be picnic foods.
- Monthly Book Review is scheduled for Monday, September 20th at 7pm in the LeTort 3rd floor lounge. Next month's book will be distributed on Tuesday, September 21st.
- Crafts with Cora featured activity is Burlap Pumpkins, and is scheduled for Monday, September 27th at 1:45pm in the Hobby Hut.
- Campfire with Smores is scheduled for Tuesday, September 27th at 7pm on the Creekside Patio.
- Featured Sit and Sip events – Watermelon; Cinnamon Rolls; Root Beer Floats; and Ice Cream Sundae Bar.

Fun Facts About SEPTEMBER

- ✓ The name "September" comes from an old Roman word, "septem," which actually means 7. That's right – September was the seventh month of the year on the Roman calendar – It did not become the ninth month until the advent of the Gregorian calendar.
- ✓ Out of all 12 months of the year, September is spelled with the most letters.
- ✓ The birthstone for September is the sapphire which is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. It symbolizes intuition, clarity of thought, peacefulness, as well as loyalty and trust.
- ✓ The Romans believed that September was looked after by the god of fire. So they always expected fires and volcanic eruptions to occur during this month.
- ✓ We all know that Labor Day is in September, but did you know that September also has a few little known holidays? Among these are National Grandparent Day, National Cheese Pizza Day, and National Drink-a-Beer Day.