

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>9:00am-Senior Aquatic Exercises <sup>1</sup>          10:00am-Water Walking          11:15am-Yoga Stretch</p>	<p>9:00-Fitness Fusion <sup>2</sup>          10:00am- Sit &amp; Fit          11:15am-Meditation</p>	<p>9:00am-Senior Aquatic Exercises <sup>3</sup>          10:00am-Water Walking          11:15am-Tai Chi</p>	<p><sup>4</sup></p>
<p>9:00am-Fitness Fusion <sup>7</sup>          10:00am-Sit &amp; Fit          11:15am-Meditation</p>	<p>9:00am-Senior Aquatic Exercises <sup>8</sup>          10:00am-Water Walking          11:15am-Yoga Stretch</p>	<p>9:00am-Fitness Fusion <sup>9</sup>          10:00am- Sit &amp; Fit          11:15am-Meditation</p>	<p>9:00am-Senior Aquatic Exercise <sup>10</sup>          10:00am-Water Walking          11:00am-Conversation Corner (IL Living Room)</p>	<p><sup>11</sup></p>
<p>9:00am-Fitness Fusion <sup>14</sup>          10:00am-Sit &amp; Fit          11:15am-Meditation</p>	<p><sup>15</sup>          No Fitness classes today</p>	<p>9:00am-Fitness Fusion <sup>16</sup>          10:00am-Sit &amp; Fit          11:15am-Meditation</p>	<p>9:00am-Senior Aquatic Exercises <sup>17</sup>          10:00am-Water Walking          11:00am-Meditation          11:15am-Yoga Stretch</p>	<p><sup>18</sup></p>
<p>9:00am-Fitness Fusion <sup>21</sup>          10:00am-Sit &amp; Fit          11:15am-Meditation</p>	<p><sup>22</sup>          No Fitness Classes Today</p>	<p><sup>23</sup>          No Fitness Classes Today</p>	<p><sup>24</sup>          No Fitness Classes Today</p>	<p><sup>25</sup></p>
<p>9:00am-Fitness Fusion <sup>28</sup>          10:00am-Sit &amp; Fit          11:15am-Meditation</p>	<p><sup>29</sup></p>	<p><sup>30</sup></p>		