

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Due to the Corona Virus the calendar is subject to change.</b>	<b>1</b> 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <b>10:00 Exec. Committee Mtg (Players' Lounge)</b> 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <b>1:30 Bingo (Theatre)</b>	<b>2</b> 8:00-10:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Walmart</b> 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>3</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:15 Hobbies Unlimited (Hobby Hut) <b>2:30 Sharing Circle (Players' Lounge)</b> <b>3:00 The New Earth Band (Theatre)*</b>	<b>4</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Table Shuffleboard (Corner Pocket)</b> 11:00 Yoga Stretch (Wellness Ctr) <b>1:30 Tai Chi Class (Theatre)</b> <b>6:30 Conversations with Chaplain Dana (Players' Lounge)</b> 6:30 Card & Game Night (Corner Pocket)	<b>5</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:00-3:00 Ladies Billiards/Pool	<b>6</b> <b>9:00-11:00 Billiards/Pool Club</b> 6:30 Saturday Night Movie (Cinema)	
	<b>7</b> Transportation available for Myerstown Churches  <b>2:30 Entertainment: Zion Church (Theatre)*</b>  4:30 Vespers Service of Holy Communion (Theatre)	<b>8</b> 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <b>10:30 Library Meeting</b> 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <b>1:30 Bingo (Theatre)</b> <b>2:00-3:00 Sundae / Fun Day (Courtyard)</b>	<b>9</b> 8:00-10:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>10</b> <b>7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:15 Hobbies Unlimited (Hobby Hut) <b>2:00 Movie Matinee (Theatre) "A Beautiful Day in the Neighborhood"*</b>	<b>11</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Golf Putting Contest (Courtyard)</b> 11:00 Yoga Stretch (Wellness Ctr) <b>1:30 "Therapy Thursday w/Tom" (Players' Lounge)</b> <b>6:30 Conversations with Chaplain Dana (Players' Lounge)</b> 6:30 Card & Game Night (Corner Pocket)	<b>12</b> 8:00 Walking Club <b>10:00 Art by MJ McFalls</b> <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:00-3:00 Ladies Billiards/Pool	<b>13</b> <b>9:00-11:00 Billiards/Pool Club</b> 6:30 Saturday Night Movie (Cinema)
<b>14 Flag Day</b> Transportation available for Myerstown Churches  4:30 Vespers (Theatre)	<b>15</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <b>1:30 Bingo (Theatre)</b> <b>3:00 Vintage Brass (Theatre)*</b> <b>6:00 Alzheimer's Support Grp (Players' Lounge)</b>	<b>16</b> 8:00-10:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30-11:30 Blood Pressure Check (Clinic Room)*</b> 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>2:30 Wellness Talk (Theatre)</b> 6:30 Prayer Group (Players' Lounge)	<b>17</b> <b>8:30 Breakfast @ Brickerville House Restaurant</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:15 Hobbies Unlimited (Hobby Hut) <b>1:00 Veteran's Meeting - Honoring of Veteran's Widows, (Theatre)*</b> 1:30 Hobbies Unlimited (Hobby Hut) <b>4:30 Birthday Dinner-Music B Koons (Meier Rm)</b>	<b>18</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <b>1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.)</b> <b>6:30 Conversations with Chaplain Dana (Players' Lounge)</b> 6:30 Card & Game Night (Corner Pocket)	<b>19</b> 8:00 Walking Club <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:00-3:00 Ladies Billiards/Pool	<b>20</b> <b>9:00-11:00 Billiards/Pool Club</b>  <b>2:30 Creative Haven Coloring (Players' Lounge)</b>  6:30 Saturday Night Movie (Cinema)	
<b>21 Father's Day</b> Transportation available for Myerstown Churches  4:30 Vespers (Theatre)	<b>22</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <b>1:30 Bingo (Theatre)</b> <b>2:30 Informational Meeting and Meet &amp; Mingle (Theatre)</b> <b>6:30 Entertainment: Neversink (Theatre)*</b>	<b>23</b> 8:00-10:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<b>24</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:15 Hobbies Unlimited (Hobby Hut) <b>2:00 Retired Nurses Gathering (Players' Lounge)</b>	<b>25</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <b>1:00 Bean Bag Baseball (Wellness Ctr)</b> <b>6:30 Conversations with Chaplain Dana (Players' Lounge)</b> <b>6:30 Entertainment: Final Harvest (Theatre)*</b> 6:30 Card & Game Night (Corner Pocket)	<b>26</b> 8:00 Walking Club <b>10:00 Art by MJ McFalls</b> <b>10:30 Wii Bowling (3<sup>rd</sup> Floor-Puzzle Room)</b> 1:00-3:00 Ladies Billiards/Pool <b>NO Book Review</b> <b>2:00 Fox Meadow Creamery &amp; Market</b>	<b>27</b> <b>9:00-11:00 Billiards/Pool Club</b> 6:30 Saturday Night Movie (Cinema)	
<b>28</b> Transportation available for Myerstown Churches  4:30 Vespers (Theatre)	<b>29</b> 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <b>1:30 Bingo (Theatre)</b> <b>6:30 Summer Concert Series: Keystone Band of Rehrersburg (Theatre)*</b>	<b>30</b> 8:00-10:00 Dutchway, Bank 9:00 Open Swim 10:00 Senior Aquatic Exercise <b>10:30 Croquet (Front Lawn)</b> 10:45 Water Walking (Pool) <b>1:30 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) 6:30 Prayer Group (Players' Lounge)	<h1>June 2020</h1> <p><b>Poplar Run – Independent Living</b></p>			<p>Calendar is subject to change due to the Corona Virus.</p>	

## June 2020 DETAILS Independent Living - Poplar Run

### SHOPPING:

**6/2 10:30** Walmart     **6/18 1:00** Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

\*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so, there will be no charge. i.e., Monday-Reading Malls; Tuesday-Lebanon Malls; Wednesday-Hershey Outlets.

**6/5, 6/12, 6/19, and 6/26**

**Wii Bowling 10:30 (3<sup>rd</sup> Floor)** – Try your skills at Wii bowling. You can sit or stand to do this friendly competitive game. Contact Beth Ann x3202 in advance if you are a first time participant so that she can design your player.

**6/3, 6/10, 6/17 and 6/24**

**Hobbies Unlimited 1:15 (Hobby Hut)** – This was previously called Yarn Unlimited but it now has a slight change. Any hobby can be done cross stitch, latch hook...anything...not just with yarn. If you have a hobby bring it and we'll all get together and mingle as you work.

**6/3 Entertainment: The New Earth Band 3:00 (Theatre)** – No frills, no fluff – just gentle, easy, good-time, throwback Country Gospel Music!

**6/4 Table Shuffleboard 2:30 (Corner Pocket)** – Table shuffleboard is a game in which players push weighted pucks down a long table into a scoring area at the opposite end of the table. The objective of the game is to slide all four of one's pucks so that they reach the highest scoring area without falling off the end of the board into the alley. Furthermore, a player's puck must be farther down the board than his opponent's in order to be in a scoring position. This may be achieved either by knocking off the opponent's puck(s), or by outdistancing them. The table has been in our Corner Pocket by the pool tables ...let's learn how to play it!

**6/4 Tai Chi Class 1:30 (Theatre)** - Join in on an ancient Chinese practice, to help boost upper and lower body flexibility, as well as strength and balance. Class may be performed seated or standing. A short guided meditation will follow the class, promoting self-awareness, stress management and focus. All are welcome.

**6/7 Entertainment: Zion Church 2:30 (Theatre)** – This concert/symphonic orchestra plays sacred band music and will entertain you with an assortment of music. A few of our residents also play in this band. Come out and enjoy their music!

**6/8 Sundae / Fun Day 2:00 – 3:00 (Courtyard)** – Enjoy an ice cream sundae made your way on the Courtyard Patio! Come out and mingle and enjoy the music. Weather permitting.

**6/10 Movie Matinee 2:00 (Theatre)** – “A Beautiful Day in the Neighborhood” PG; Biography, Drama. Starring: Tom Hanks, Matthew Rhys, Chris Cooper, Susan Kelechi Watson. A timely story of kindness triumphing over cynicism, based on the true story of a real-life friendship between Fred Rogers and journalist Tom Junod. After a jaded magazine writer is assigned a profile of Fred Rogers, he overcomes his skepticism, learning about empathy, kindness, and decency from American's most beloved neighbor.

**6/11 Golf Putting Contest 10:30 (Courtyard)** – Weather Permitting. Participate in a putting competition. Bring your club! Prizes awarded.

**6/11 Therapy Thursday with Tom 1:30 (Players' Lounge)** – Please see SRL Resident TV for Therapy Tom's topic. Refreshments provided.

**6/12 Art with MJ McFalls 10:00 (MJ's Art Barn)** – “Pottery”. Try your hands on a pottery wheel. MJ will help guide you to make a bowl or a mug. This will take two sessions in order to finish the project. Cost \$20. We will be traveling to MJ's studio to do this. Sign-up x3200.

**6/15 Entertainment: Vintage Brass 3:00 (Theatre)** – Vintage Brass is a group of five retired/self-employed brass players from the Harrisburg area. Their backgrounds are diverse: two retired School Teachers, a retired Minister, a Farmer, and a retired Systems Analyst from the Commonwealth of PA who hail from Carlisle, Dauphin, Harrisburg and York Haven. Selections include Classical Music, Broadway Show Tunes, and Popular Songs from many eras, and Patriotic selections. We also incorporate many arrangements made especially for The Vintage Brass. Their instruments include two trumpets, a French horn, a trombone and a tuba. Come and enjoy their performance.

**6/15 Alzheimer's Support Group 6:00 (Players' Lounge)** – Speaker Ryan Webber, Attorney-Walters and Galloway. Topic: Legal advice for persons with dementia and their loved ones. Open to the public. Refreshments will be served.

**6/17 Breakfast Trip 8:30 Departure** – We are off to Brickerville House Restaurant. After breakfast you will be given time to browse in the local shops in the square: Artist's Attic, Vintage Jewelry, Touch of Taste, Wertz Candies, Glass Accents I & II, etc. Sign-up x3200.

**6/17 Veteran's Meeting 1:00 (Theatre)** – We will be Honoring the StoneRidge Veteran Widows. All are welcomed to attend.

**6/22 Entertainment: Neversink 6:30 (Theatre)** – Come out to hear a wide variety of music. You will hear selections from Dion and the Belmonts, Roy Orbison, Motown, John Denver, Hank Williams and The Beatles. All of this with also some blues thrown in. This band consists of two guitars, a bass and drums with a nice three part harmony.

**6/25 Entertainment: Final Harvest 6:30 (Theatre)** – Final Harvest consists of three beautiful women from Rochester, NY. Their wide range of music style includes southern gospel, contemporary and original, classical, inspirational selections.

**6/26 Art with MJ McFalls 10:00 (MJ's Art Barn)** – “Pottery”. This is the second week of finishing your pottery project.

**6/26 Trip to Fox Meadows Creamery & Country Market 2:00 (Ephrata)** – Go to Fox Meadows for ice cream and then visit their market. Sign-up x3200.

**6/29 Summer Concert Series: 6:30 Keystone Band of Rehersburg (Theatre)** – This is the first band of the SRL Summer Concert Series. They are musicians who are committed to providing musical service and education to our local communities. They are one of the oldest concert bands in the nation. Ice cream will be served as you enter the Theatre. Come out and enjoy this wonderful band!

**6/30 Croquet 10:30 (Front Lawn)** – Join us on the front lawn to reminisce playing this game as a child or at family picnics. Always a few laughs. Weather permitting.

### Upcoming Events:

**Saturday, July 11 – Fulton Theatre – “Jersey Boys”** – Best musical winner at both the Tony Awards and Oliver Awards, “Jersey Boys” takes you up the charts and across the USA with four blue-collar kids working their way from the streets of New Jersey to the heights of stardom. Experience electrifying performances of the golden greats that took Frankie Valli and The Four Seasons all the way to the Rock & Roll Hall of Fame. Departure 12:26; Dinner at Hoss' Steak & Seafood; Tickets \$48 + \$7 Transportation. Sign-up x3200.

**Thursday, December 17, 2020 – American Music Theatre- “Deck the Halls”** – \$40 per person+ \$7 Transportation. Sign-up x3200.