


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div> <div>February 2020</div> <div>Calendar is subject to change.</div>						1 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
Poplar Run – Independent Living			Please See Reverse Side For Important Details			
2 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	3 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <u>10:00 Exec. Committee Mtg (Players’ Lounge)</u> 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:30 Bingo (Theatre)</u> <u>2:30 “The Year Ahead” - Planning Meeting (Theatre)</u>	4 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <u>1:30 Bible Study (Players’ Lounge)</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>2:30 Sharing Circle (Players’ Lounge)</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group (Players’ Lounge)	5 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit <u>10:00 Expediting Committee (Players’ Lounge)</u> <u>10:30 Hornings, Dutchway, Joy Book Store, Smith’s Candy, Sign-up x3200</u> 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Bocce Ball (Theatre)</u>	6 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>3:00 Entertainment: Michael Kropp (Theatre)*</u> <u>6:00 Community Water Aerobics \$3</u> <u>6:30 Lifetree Café (Players’ Lounge)</u> 6:30 Card & Game Night (Corner Pocket Lounge)	7 8:00 Walking Club <u>10:30 Wii Bowling (3rd Floor) Contact</u> <u>Beth Ann x3202 if you are a first time participant.</u> 1:00-3:00 Ladies Billiards/Pool	8 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
9 Transportation available for Myerstown Churches 4:30 Vespers Service of Holy Communion (Theatre)	10 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <u>10:30 Library Meeting</u> 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:30 Bingo (Theatre)</u> <u>3:00 Penguin Pile-Up (Player’s Lounge)</u>	11 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <u>1:30 Bible Study (Players’ Lounge)</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group (Players’ Lounge)	12 <u>7:30-9:30 All You Can Eat Breakfast Buffet in Vistas Dining Room \$5-Resident, \$6 Guest</u> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>2:00 Movie Matinee (Theatre) “The Art of Racing in the Rain”*</u>	13 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>1:30 “Therapy Thursday w/Tom” (Players’ Lounge)</u> <u>6:00 Community Water Aerobics \$3</u> <u>6:30 Lifetree Café (Players’ Lounge)</u> 6:30 Card & Game Night (Corner Pocket Lounge)	14 Valentine’s Day 8:00 Walking Club <u>10:30 Wii Bowling (3rd Floor)</u> 1:00-3:00 Ladies Billiards/Pool <u>7:00 Valentine’s Date Night - Magician: Brent Kessler (Theatre)*</u>	15 9:00-11:00 Billiards/Pool Club <u>2:30 Creative Haven Coloring (Players’ Lounge)</u> 6:30 Saturday Night Movie (Cinema)
16 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	17 President’s Day 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:30 Bingo (Theatre)</u> <u>2:30 Informational Gathering (Theatre)</u> <u>6:00 Alzheimer’s Support Grp (Players’ Lounge)</u>	18 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise <u>10:30 - 11:30 Blood Pressure (Clinic Room)*</u> 10:45 Water Walking (Pool) <u>NO Bible Study</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>2:30 Wellness Talk (Theatre)</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group (Players’ Lounge)	19 <u>8:30 Breakfast @ Robert’s Diner, Richland</u> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:00 Veteran’s Meeting, Speaker: LTC Mandi Bohrer, Carlisle Army War College (Theatre)*</u> 1:30 Yarn Unlimited Club (Hobby Hut) <u>4:30 Birthday Dinner-Music B Koons (Meier Rm)</u>	20 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>4:00 Departure for Kugo Japanese Hibachi Grill Restaurant (Lebanon)</u> <u>6:00 Community Water Aerobics \$3</u> <u>6:30 Lifetree Café (Players’ Lounge)</u> 6:30 Card & Game Night (Corner Pocket Lounge)	21 8:00 Walking Club <u>10:30 Wii Bowling (3rd Floor)</u> 1:00-3:00 Ladies Billiards/Pool <u>1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.)</u>	22 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
23/30 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	24 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:30 Bingo (Theatre)</u> <u>6:30 Entertainment: Matt Miskie (Theatre)*</u>	25 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise <u>10:30 Depart for Dutch Apple Dinner Theatre – “Grumpy Old Men”</u> 10:45 Water Walking (Pool) <u>1:30 Bible Study (Players’ Lounge)</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group (Players’ Lounge)	26 Ash Wednesday 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Retired Nurses Gathering (Players’ Lounge)</u> <u>7:00 Ash Wednesday Service (Theatre)*</u>	27 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>1:30 Bean Bag Baseball</u> (Wellness Ctr) 5:00-7:00 Meier Rm (Reservations Only) <u>6:00 Community Water Aerobics \$3</u> <u>6:30 Lifetree Café (Players’ Lounge)</u> 6:30 Card & Game Night (Corner Pocket Lounge)	28 8:00 Walking Club <u>10:30 Wii Bowling (3rd Floor)</u> 1:00-3:00 Ladies Billiards/Pool <u>1:30 Book Review</u>	29 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)

February 2020 DETAILS Independent Living - Poplar Run

SHOPPING:

- 2/5 10:30** Hornings, Joy Book Store, Smith's Candy **2/21 - 1:00** Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)
*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so, there will be no charge. i.e., Monday-Reading Malls; Tuesday-Lebanon Malls; Wednesday-Hershey Outlets.
- Lifetree Café 6:30 (Players' Lounge)** – Every Thursday. Come as you are. Your thoughts and your doubts are welcome to join us. We're all in this together. God is here and ready to connect with you in a fresh way. Refreshments will be served.
- 2/3 The Year Ahead Planning Meeting 2:30 (Theatre)** – Meet with Beth Ann to talk about the year ahead and what you would like to see and do or where you would like to go/visit.
- 2/4 Sharing Circle 2:30 (Players' Lounge)** –“Facing Our Fears”. Join the circle for a heartfelt discussion on overcoming our fears, whether they are big or small or how they have impacted our well-being.
- 2/5 Bocce Ball 2:00 (Theatre)** – Join Beth Ann and friends for an afternoon of competitive fun playing Bocce Ball. All you have to do is roll the ball closest to the pallino (small) ball to get a point. It's a lot of fun.
- 2/6 Entertainment: Michael Kropp 3:00 (Theatre)** – Michael will play acoustic favorites from the 60's through the early 90's. Just a man and his guitar with no back ground music! Michael plays great music that I think you will certainly enjoy.
- 2/7 Wii Bowling 10:30 (3rd Floor)** – Try your skills at Wii bowling. You can sit or stand to do this friendly competitive game. Contact Beth Ann x3202 in advance if you are a first time participant so that she can design your player. This will run every Friday in February.
- 2/10 Penguin Pile Up 3:00 (Players' Lounge)** – Join Gary and Beth Ann as they play Penguin Pile Up! Compete against your fellow neighbors. Place the penguins on the ice and see who can keep the most penguins balanced on the ice without falling off. Join us to play or just to watch but either way, we always have fun! Prizes will be awarded to the winners.
- 2/12 Movie Matinee 2:00 (Theatre)** – “The Art of Racing in the Rain” PG-13; Comedy, Drama; Starring: Kevin Costner, Milo Ventimiglia, Jackie Minns, Amanda Seyfried and Gary Cole. Denny Swift is a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to successfully navigate everyday life. Besides his career, Denny has three loves of his life -- his beautiful wife, their young daughter and his best friend, which is a dog that wants to be reincarnated into a human.
- 2/13 Therapy Thursday with Tom 1:30 (Players' Lounge)** – Therapy Tom's topic will be “Depression and Anxiety as we Age”. How to combat these fears and learn to LIVE! Refreshment will be provided.
- 2/14 Entertainment: Magician, Brent Kessler 7:00 (Theatre)** – Here is a cheap but fun date night for Valentine's Day! Come and join us for a free, magical, entertaining, off-the-chart evening with magician Brent Kessler. You will leave here saying, “How'd he do that?” Event is open to the public.
- 2/17 Alzheimer's Support Group 6:00 (Players' Lounge)** – Speaker: Barbara Goll, Homeland Hospice, will present on “What is Hospice and how could it benefit you or your loved one?” Open to the public. Refreshments will be served.
- 2/18 Wellness Talk 2:30 (Theatre)** – Topic: Injury and Wound Care.
- 2/19 Breakfast Trip 8:30 Departure** – We are off to **Robert's Diner in Richland**. This is a new venue for us. I heard it is a small restaurant that has a very good breakfast. They are known for fresh ingredients, daily specials and a family-rich environment.
- 2/19 Veteran's Meeting 1:00 (Theatre)** – Speaker - LTC Mandi L. Bohrer, from the Carlisle War College.
- 2/20 Kugo Japanese Hibachi Grill Restaurant (Quentin Road, Lebanon) 4:00 Departure** – If you have never done this – you have to try it! You may pick chicken, scallops, steak or shrimp and then select noodles or rice and vegetables and everything is cooked right in front of you. Watch the chef as he turns your meal into an interactive culinary experience as he uses his fun, interesting cooking techniques. Hibachi is more than a style of dining; it is an experience you won't forget! Step outside of your comfort zone and enjoy! Sign-up x3200.
- 2/24 Entertainment: Matt Miskie 6:30 (Theatre)** – Matt Miskie takes the audience on a time-travel adventure of sorts through familiar folk and country songs, intermixed with personal songs and stories. Songs of travel, work, nature, and personal relationships to traditional country hymns and songs. These songs and stories are sure to bring back many memories that we all have in common.
- 2/28 Book Club 1:30 (Players' Lounge)** – The February book will be “Thunderstruck ” by Erik Larson. A story of love, murder, and the end of the world's “great hush.” In Thunderstruck, Erik Larson tells the interwoven stories of two men—Hawley Crippen, a very unlikely murderer, and Guglielmo Marconi, the obsessive creator of a seemingly supernatural means of communication—whose lives intersect during one of the greatest criminal cases of all time. For a FREE loaner book, please contact Frank Seifert at extension 3369.

Upcoming Events:

Tuesday, February 25, 2020 – Dutch Apple Dinner Theatre – “Grumpy Old Men” – Don't miss this laugh-out-loud story of family, friendship, love and romance in a fresh new musical that's guaranteed to delight! Based on the 1993 film, which starred Jack Lemmon, Walter Matthau and Ann-Margret. The story of two aging men who are neighbors and have been feuding for most of their lives. They are re-united in friendship through the love and compassion of their new neighbor across the street, the beautiful, eccentric and charming Ariel. Departure 10:30; Tickets \$58 + \$7 Transportation. Sign-up x3200.

Friday, March 20 & 27, 2020 9:00-2:30 – AARP Tax Preparation (Players' Lounge) – Bob Devers and his team from the Lebanon County Area of Aging will prepare your income taxes free of charge. Come for your scheduled appointment with recommended paperwork. Overflow date Friday, March 27th. Contact x3200 for appointment.

Friday, May 29, 2020 – Sight & Sound Theatre – “Queen Esther” - Set in the perilous Persian Empire, Queen Esther is a tale of beauty and bravery. Esther's ordinary life changed forever when she was taken through the palace doors, entering a world of royalty and risk. With a crown on her head and a secret in her heart, can she find the courage to trust in God's plan and believe that she was made for such a time as this? Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production! Departure 1:20. \$70.30 + \$7 Transportation. Dinner at Hershey Farm Restaurant. Sign up x3200.

Saturday, July 11 – Fulton Theatre – “Jersey Boys” - Best musical winner at both the Tony Awards and Oliver Awards, “Jersey Boys” takes you up the charts and across the USA with four blue-collar kids working their way from the streets of New Jersey to the heights of stardom. Experience electrifying performances of the golden greats that took Frankie Valli and The Four Seasons all the way to the Rock & Roll Hall of Fame. Departure 12:26; Dinner at Hoss' Steak & Seafood; Tickets \$48 + \$7 Transportation. Sign-up x3200.

Thursday, December 17, 2020 – American Music Theatre- “Deck the Halls” - \$40 per person+ \$7 Transportation. Sign-up x3200. More information at a later date.