

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

August 2019

Calendar is subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket) 7:00 Entertainment: Acoustic Generations (Theatre)*	2 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	3 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
4 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	5 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:00 Exec. Committee Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:00-3:30 Ice Shack Treats (Courtyard)	6 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Walmart 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Sharing Circle (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)	7 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge) 6:30 Grief Sharing (Players' Lounge)	8 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 2:00 Croquet (Front Lawn) 6:00 Community Water Aerobics \$3 6:30 Entertainment: Bryan Herber (Theatre)* 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket)	9 8:00 Walking Club 10:30 Crafts for Summer Party (Hobby Hut) 1:00-3:00 Ladies Billiards/Pool	10 8:30 Departure for Peddler's Village & Sidewalk Sale 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
11 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	12 9:00 Quilting (Threads) No Fitness Classes 1:30 Bingo (Theatre) 2:30 The Sharks Versus The Scuba Divers Game (Theatre)	13 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim No Fitness Classes 1:00 Bible Study (Players' Lounge) 1:30 Food Committee Meeting (Café) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)	14 7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest No Fitness Classes 9:00-11:00 Billiards/Pool Club 6:30 Grief Sharing (Players' Lounge)	15 One Meal Day 12:30-1:45 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30 – 1:45 "Tiki Time" Beach Party Luau (IL Resident Meal)-(Theatre) 1:45-2:45 Entertainment (IL Residents) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket)	16 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	17 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven Coloring (Players' Lounge) 6:30 Saturday Night Movie (Cinema)
18 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	19 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:30 Informational Session (Theatre) 6:00 Alzheimer's Support Group (Players' Lounge) 7:00 Summer Concert – Lebanon Community Concert Band (Theatre)*	20 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)	21 8:30 Breakfast @ Heisey's Restaurant 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) NO Veteran's Meeting 2:00 Movie Matinee (Theatre) "Kon Tiki"* Netflix* 2:30-3:30 Blood Pressure (Clinic Room)* 4:30 Birthday Dinner - Music-B Koons (Meier Rm) 6:30 Grief Sharing (Players' Lounge)	22 9:00 Open Swim No Fitness Classes 1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.) 1:30 "Therapy Thursday w/Tom" (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket)	23 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 Book Review: "Killing England" by Bill O'Reilly and Martin Dugard (Players' Lounge) 5:00 Penn National Race Course (Grantville)	24 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
25 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	26 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:00-3:30 Dog Days of Summer Root-Ber Floats (Courtyard)	27 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) NO Bible Study 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)	28 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) NO Retired Nurses Gathering 6:30 Grief Sharing (Players' Lounge)	29 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 Bean Bag Baseball (Wellness Ctr) 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket)	30 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	31 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)

August 2019 DETAILS Independent Living - Poplar Run

SHOPPING:

8/6 10:30 Walmart

8/22 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

*If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so there will be no charge. i.e., Monday-Reading Malls; Wednesday-Hershey Outlets, etc.

Lifetree Café 6:30 (Players' Lounge) – Every Thursday. Come as you are. Your thoughts and your doubts are welcome to join us. We're all in this together. God is here ready to connect with you in a fresh way. Refreshments will be served.

- 8/1 **Entertainment: Acoustic Generations 7:00 (Theatre)** – As the years go by, one thing that transcends all time is great music. That is exactly what you get when you hear the selections from Acoustic Generations of Kirk Wise and Bethany Frymark. Music from the 50's through the new millennia. Songs from Sinatra to Jim Croce, Rascal Flatts to Steve Miller... Jazz, Motown, Blues, Country and Pop can all be played at the listener's request. Join them in the theatre for some great music.
- 8/5 **Ice Shack Italian Ice Treat 2:00-3:30 (Courtyard)** – Chill and come join us! It's more than just ice-It's "homemade" Italian Ice.
- 8/6 **Sharing Circle 2:30 (Players' Lounge)** –Topic of "Our Shadow Side". Join in on the circle for a discussion on the things in our personalities that are not our best attributes.
- 8/8 **Croquet 2:00 (Front Lawn)** – Join us for an old fashion lawn game of croquet. Spend an afternoon reminiscing while playing one of your favorite childhood games. Chairs will be provided if you would just like to come out and watch.
- 8/8 **Entertainment: Bryan Herber 6:30 (Theatre)** – Bryan is new to our stage and is a pianist from the Harrisburg area. He plays a mix of Frank Sinatra, movies tunes, tunes that won best song at the Oscars, patriotic tunes, ragtime, tunes from well-known TV sitcoms, and iconic tunes from American composers. Bryan will also interact with the audience which will include introductions and info regarding the songs and quiz the audience on the composer, the movie it was in, the year, etc. Come and welcome him to our stage.
- 8/9 **Crafts for Tiki Time Luau 10:30 (Hobby Hut)** – Help Beth Ann prepare decorations for the "Tiki Time" Beach Party Luau.
- 8/10 **Peddler's Village & Sidewalk Sale 8:30 Departure** - For more than 55 years, visitors have followed the winding brick pathways to experience exceptional dining and explore the best of Bucks County shopping. Taste the many dishes, pies and sundaes made with peaches and don't forget to visit one or more of the 60+ quaint shops and specialty boutiques with an extra bonus...the sidewalk sale! The bus will return to StoneRidge at approximately 5:00. Cost \$3.00 for transportation. Sign-up x 3200.
- 8/12 **The Sharks versus The Scuba Divers 2:30 (Theatre)** - We're going to dive into summer with this game and hopefully not get eaten by the Sharks! The Scuba Divers will compete against The Sharks to see who is superior. (Remember...mermaids vs pirates or lifeguards vs bathing beauties). You will need to fill in the blank to see if each group thinks alike. Cheer them on and see who will come out the winners. If you would like to be a contestant, contact Beth Ann @ x3202.
- 8/15 **"Tiki Time" Beach Party Luau Meal 12:30-1:45 (Theatre)** – It's Tiki Time!! Enjoy our yearly buffet island meal. A tropical cuisine and an assortment of desserts will be available from 12:30 to 2:00. Eric and Cliff will again entertain you from 1:45 to 2:45. Wear your flowered shirts, sarongs, grass skirts, shorts, sunglasses and flip flops. **Invitations will be distributed with a reply section, which should be returned to the hostess station in the Vistas Dining Room so that dietary can get a count for the meal. Please note: This is a one meal day for IL Residents only.**
- 8/19 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Speaker: Dr. Pearlstein, Geriatric Medicine and Medical Director, StoneRidge Retirement Living. Topic: "Dementia, The Medical Perspective". Open to the public. Refreshments will be served.
- 8/19 **Entertainment: Lebanon Community Concert Band 7:00 (Theatre)** - The third and last band of the "Summer Concert Series". Always enjoyable! Ice Cream treats provided upon your arrival.
- 8/21 **Breakfast @ Heisey's Diner 8:30** – One of your favorite restaurants for breakfast! Sign-up x3200.
- 8/21 **Movie Matinee 2:00 (Theatre)*** – "Kon Tiki" PG-13, Drama, History, Thriller. Starring: The Norwegian explorer Thor Heyerdahl crossed the Pacific Ocean in a balsawood raft in 1947 with five men to prove that South Americans back in pre-Columbian times could have crossed the ocean and settled on Polynesian islands. After financing the trips with loans and donations, they set off on an epic 101 day-long trip. The film tells about the origin of the idea, the preparations, and the events on the trip. The "Kon-Tiki" was named after the Inca sun god, Viracocha, and "Kon-Tiki" is an old name for this god. Heyerdahl filmed the expedition, which later became the Academy Award winning documentary in 1951. He wrote a book, which was translated into 70 languages and sold more than 50 million copies. Heyerdahl believed that people from South America could have settled Polynesia in pre-Columbian times. True Story.
- 8/22 **Therapy Thursday with Tom 1:30 (Players' Lounge)** - Topic to be announced. Refreshments will be provided.
- 8/23 **Book Club 1:30 (Players' Lounge)** – Book Review: "Killing England" by Bill O'Reilly and Martin Dugard. Distribution of September book, "Underground Railroad" by Colson Whitehead.
- 8/23 **Penn National Horse Races 5:00 Departure Post Time 6:00 (Grantville)** – Come out to watch the horse races or visit the casino. You may place a bet on a horse with a catchy name or a horse that just catches your eye. Maybe you would just like to stand at the show arena and admire the beautiful horses and colors of the jockeys. Sign-up to see what it is all about x3200.
- 8/26 **Dog Days of Summer 2:00-3:30 (Courtyard)** - We know life can be RUFF surviving the heat so we're going to help you cool down with vanilla ice cream and root beer. Come out to chill and join us for a tail wagging time! Sorry, no pets please.

Upcoming Events:

Friday, September 27 – Colebrookdale Railroad - Secret Valley Expedition – A unique adventure into a forgotten land. Board the meticulously restored rail cars for a 2-hour expedition into the Secret Valley, one of the most scenic and historic regions in the north-east. An Irish dinner will be provided by Molly Maguire's Irish Restaurant. Corn beef Reuben spring rolls, shepherd's pie and Irish bread pudding. 5:00 Departure, Train departs at 6:30 \$60 + \$7 coach transportation. Currently full-waitlist accepted x3200.

Monday, September 30 – 7:00 – 8:30 "Sock Hop" (Theatre on Main) – Date Changed. Hey Daddy-O! Ladies-put on your bobby socks and poodle skirts and gentlemen-roll up your jeans, your white T-shirt sleeves and slick back your hair. We're going to be singing and bopping and "Rocking Around the Clock" to those 50's & 60's tunes. Open to the public so tell your friends and family to come out to listen and dance! Music by the JCM Band. If you are not up to dancing, come out to watch and tap your toes! Great Balls of Fire!

Tuesday, December 17 – "Joy to the World" – American Music Theatre – 1:30 Departure; 3:00 Show. \$40 + \$7 coach transportation. The ringing of church bells in a quaint town square set the scene for Joy to the World. Evoking the revered holiday nostalgia of hometowns all across the US, the stage will transform into a small-town winter carnival brimming with family and friends. Featuring scenes filled with entertaining elves, dramatic dancing, sensational singing, and grand moments galore. Awe-inspiring music and dance, phenomenal voices, and light-hearted holiday humor are the ingredients for this season's all-new extravaganza. Dinner on the way home at Applebee's; Return to SRL approximately 7:30. Sign-up x3200.