

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>June 2019</h1>						<p>1 9:00-11:00 <u>Billiards/Pool Club</u> 9:00 Zion Band <u>Rehearsal (Theatre)</u> 6:30 Saturday Night Movie (Cinema)</p>
Calendar is subject to change.						
<p>2 Transportation available for Myerstown Churches 2:30 Zion UM Church Band (Theatre) 4:30 Vespers (Theatre)</p>	<p>3 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:00 Exec. Committee Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:30 Informational Session (Theatre)</p>	<p>4 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Sharing Circle (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)</p>	<p>5 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:00 Delivery of Sauder's Strawberries (Hobby Hut) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge)</p>	<p>6 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:15 (Departure) American Music Theatre- "Ovation" 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket Lounge)</p>	<p>7 8:00 Walking Club 9:00 (Departure) Lake Tobias Wildlife Park 1:00-3:00 Ladies Billiards/Pool</p>	<p>8 9:00-11:00 <u>Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>
<p>9 Transportation available for Myerstown Churches 4:30 Vespers Service of Holy Communion (Theatre)</p>	<p>10 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:00 Sundae / Fun Day (Courtyard) 6:30 Entertainment: The Miller Brothers (Theatre)*</p>	<p>11 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 1:30 Food Committee Meeting (Meier Rm) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)</p>	<p>12 7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:00 Delivery of Sauder's Strawberries (Hobby Hut) 12:45-1:45 Gym Time w/Brenda 2:00 Movie Matinee (Theatre) "Greenbook"*</p>	<p>13 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 "Therapy Thursday w/Tom" (Players' Lounge) 6:00 Community Water Aerobics \$3 6:15 (Departure) Mount Gretna Playhouse "I Love A Piano" 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket Lounge)</p>	<p>14 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool</p>	<p>15 9:00-11:00 <u>Billiards/Pool Club</u> 2:30 Creative Haven Coloring (Players' Lounge) 6:30 Saturday Night Movie (Cinema)</p>
<p>16 Father's Day Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>17 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 11:00-1:00 PS Salon Summer Kick Off Picnic (Courtyard) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 6:00 Alzheimer's Support Grp (Players' Lounge)</p>	<p>18 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) NO Bible Study 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Wellness Talk (Theatre) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)</p>	<p>19 8:30 Breakfast @ Lititz Country Cupboard Restaurant 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 1:00 Veteran's Meeting, Honoring of Veteran's Widows: Speaker: Hallie Vaughan- WWII Women Breaking Codes, (Theatre)* 2:30-3:30 Blood Pressure (Clinic Room)* 4:30 Birthday Dinner-Music B Koons (Meier Rm)</p>	<p>20 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket Lounge)</p>	<p>21 8:00 Walking Club 9:00 Departure - Trip to Kitchen Kettle 1:00-3:00 Ladies Billiards/Pool</p>	<p>22 9:00-11:00 <u>Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>
<p>23/30 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>24 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 6:30 Entertainment: Keystone Band of Rehrersburg (Theatre)*</p>	<p>25 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group (Players' Lounge)</p>	<p>26 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:00 Life History - A Story of Courage (Kris Ratcliffe) Speaker: Carol Kline, Author-Home of the Brave (Theatre) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Retired Nurses Gathering (Players' Lounge)</p>	<p>27 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 Bean Bag Baseball (Wellness Ctr) 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Lifetree Café (Players' Lounge) 6:30 Card & Game Night (Corner Pocket Lounge)</p>	<p>28 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 NO Book Review</p>	<p>29 9:00-11:00 <u>Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>

June 2019 DETAILS Independent Living - Poplar Run

SHOPPING: 6/20 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

If you wish to go shopping at other locations, call transportation x3205 and sign up for the day that they will be taking runs to the doctor in that particular area. In doing so there will be no charge. i.e., Monday-Reading Malls; Wednesday-Hershey Outlets, etc.

Lifetree Café 6:30 (Players' Lounge) – Every Thursday. Come as you are. Your thoughts and your doubts are welcome to join us. We're all in this together. God is here ready to connect with you in a fresh way. Refreshments will be served.

Sauder's Strawberries – \$3.00 a quart/box. Delivery on Wednesday, June 5th (Order by June 3rd) or Wednesday, June 12th (Order by June 10) at x3200. Pick up will be after 12:00 in the Hobby Hut.

6/2 **Entertainment: Zion United Methodist Orchestra 2:30 (Theatre)** – This concert/symphonic orchestra plays sacred band music and will entertain you with an assortment of music. There are individuals that you may know that play the trombone, the piano/tuba and the saxophone that deserve some recognition! Come out and enjoy their music!

6/4 **Sharing Circle 2:30 (Players' Lounge)** –Topic of "Money". Join in on the circle discussion on how money affects our lives and well-being. They say "Money makes the world go round"...What are your thoughts?

6/10 **Sundae Fun Day 2:00 (Courtyard)** – Enjoy an ice cream sundae made your way on the Courtyard Patio!

6/10 **Entertainment: The Miller Brothers 6:30 (Theatre)** – Yes, they are all brothers...5 of them. Ages of 72 to 84. You may have heard them singing, doing skits or speaking Pennsylvania Dutch at the Kutztown Folk Festival or maybe you have seen Lester calling at hoedowns for his grandchildren the Woonerfizers. They have been referred to as a National Treasure.

6/12 **Movie Matinee 2:00 (Theatre)*** – "Greenbook" PG-13, Biography, Comedy, Drama. Starring: Viggo Mortensen, Mahershala Ali
When a bouncer from the Bronx is hired to drive a world-class Black pianist on a concert tour from Manhattan to the Deep South, they must rely on "The Green Book" to guide them to places that are safe. Together, the snobbish pianist and the crude bouncer can barely get along with their clashing attitudes. However, as the pair witness and endure America's appalling injustices on the road, they find a newfound respect for each other's talents and start to face them together. In doing so, they nurture a friendship and understanding that would change both their lives as they set aside differences to survive and thrive on the journey of a lifetime. Won 3 Oscars

6/13 **Therapy Thursday with Tom 1:30 (Players' Lounge)** - "Sitting Disease and the Effects of Inactivity". Are you tired, run down, list list, do you poop out at parties...Tom will present the reasons why you need to get up and move! Refreshments will be provided.

6/17 **PS Salon Summer Kick Off Picnic 11:00-1:00 (Courtyard)** – Free hot dogs, chips, fruit & dessert for IL residents. Drawings for PS Salon services and take home products.

6/17 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Speaker: Reverend Jon Jenkins (Engineering Manager of Textron, and Marine Veteran) Topic: "Surviving Life's Trials". Open to the public. Refreshments will be served.

6/18 **Wellness Talk 2:30 (Theatre)** – Topic: Senior Safety. It's important to have certain safety features in place to protect you. Learn essential senior safety products and services to give the entire family greater peace of mind.

6/19 **Breakfast @ Lititz Country Cupboard Restaurant 8:30** – Get out for a little drive and order some Eggs Benedict or maybe Belgium Waffles with strawberries or just a cup of coffee and a slice of pie. Sign-up x3200.

6/19 **Veteran's Meeting 1:00 (Theatre)** – Honoring of the StoneRidge Veteran Widows and a presentation with speaker: Hallie Vaughan, Book: "Code Girls". How women cracking the codes played a big role during WWII.

6/21 **Shopping Trip to Kitchen Kettle Village 9:00 Departure (Intercourse)** - 40 different shops. Pottery @ Garnett's, jewelry or handmade soaps @The Gift House, coffee at The Roaster Rooster, buy your favorites at the Jam & Relish Kitchen or visit the newest shop-The Girls Cottage. There is also the Pepper Lane Fudge & Sweets shop, The Pretzel Hause or try the different olive oils and balsamic vinegars at The Olive Basin and don't forget to take home a bag of Pappy's Kettle Korn. \$2 Transportation x3200 to sign up.

6/24 **Entertainment: Keystone Band of Rehrersburg 6:30 (Theatre)** – The start of the "Summer Concert Series". Musicians committed to providing musical service and education to our local communities. Originating in 1888, the band is one of the oldest concert bands in the nation. Ice Cream will be served as you enter.

6/26 **Life History Session 1:00 (Theatre)** – A true story of courage. Speaker: Carol Kline will tell the story of her Daughter, Kris Ratcliffe, a resident at SRL. She will speak of Kris' nursing career and how it ended with one left turn. A story of determination, inspiration and hope. Carol's book, "Home of the Brave" will be available for sale . Sponsored by the SRL Library.

Thursday, June 6 – "Ovation" - American Music Theatre - 1:15 Departure. \$30 + \$7 transp. AMT performers will bring moments to life in an awe-inspiring musical experience sure to bring audiences to their feet! Dinner @ Bird-In-Hand on the way home. Sign up x3200.

Friday, June 7 – Lake Tobias Wildlife Park – Departure 9:00 \$13.50 per person + \$7 transportation. Veteran's free with proof. Feed the animals, a petting zoo, safari ride through a 150 acre terrain, Museum & Education Center, Reptile & Exotics Building. See the African Lion, Water Buffalo, Bengal Tiger, Camel, Kangaroo, Zebras, giraffes and more. Lunch can be bought at the park. Sign-up x3200

Thursday, June 13 - 7:30 PM - Mount Gretna Theatre "I Love a Piano" – Departure 6:15. The classic musical that will make you sing, laugh, dance, and shout with joy! Irving Berlin's I Love a Piano follows the journey of one piano from Tin Pan Alley to the present day, as it winds its way through the lives of Americans. The story comes to life through your favorite Irving Berlin classics including, "Blue Skies," "There's No Business Like Show Business," "Puttin' on the Ritz," "How Deep is the Ocean," and of course, "I Love a Piano". "An energetic, animated presentation of nearly 60 of Berlin's tunes!" Discount rate was \$37 now \$20.00 + \$4 transportation. Sign-up x3200

NEW DATE– Monday, September 30 – 7:00 – 8:30 "Sock Hop" (Theatre on Main) – Date Changed. Hey Daddy-O! Ladies-put on your bobby socks and poodle skirts and gentlemen-roll up your jeans, your white T-shirt sleeves and slick back your hair. We're going to be singing and bopping and "Rocking Around the Clock" to those 50's & 60's tunes. Open to the public so tell your friends and family to come out to listen and dance! Music by the JCM Band. If you are not up to dancing, come out to watch and tap your toes! Great Balls of Fire!

Friday, September 27 – Colebrookdale Railroad - Secret Valley Expedition – A unique adventure into a forgotten land. Board the meticulously restored rail cars for a 2-hour expedition into the Secret Valley, one of the most scenic and historic regions in the north-east. An Irish dinner will be provided by Molly Maguire's Irish Restaurant. Corn beef Reuben spring rolls, shepherd's pie and Irish bread pudding. The dining car is beautiful. 5:00 Departure, Train departs at 6:30 \$60 + transportation. Sign-up x3200

Tuesday, December 17 – "Joy to the World" – American Music Theatre – 1:30 Departure; 3:00 Show. \$40 + \$7 transportation. The ringing of church bells in a quaint town square set the scene for Joy to the World. Evoking the revered holiday nostalgia of hometowns all across the US, the stage will transform into a small-town winter carnival brimming with family and friends. Featuring scenes filled with entertaining elves, dramatic dancing, sensational singing, and grand moments galore. Awe-inspiring music and dance, phenomenal voices, and light-hearted holiday humor are the ingredients for this season's all-new extravaganza. Dinner on the way home at Applebee's; Return to SRL approximately 7:30. Sign-up x3200.

[A trip to Christian Life Assembly will also be scheduled for their Christmas show. Date to be announced when tickets become available.](#)