



December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
2 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	3 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Walmart 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 1:30 Bingo (Theatre) 6:30 Tree Lighting Ceremony & Entertainment by Crest Connection (Cedar Crest Middle School Choir - (IL Living Room)	4 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:15 Depart for Mt. Hope Holiday Show 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Food Comm. Mtg 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	5 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Exec. Com. Mtg (Players' Lounge) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge) 2:00 Movie Matinee (Theatre) "The Man Who Invented Christmas" 6:30 Grief Sharing (Players' Lounge)	6 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 11:00 Tree Decorating (All Floors by the Big Elevator) 2:30 Lifetree Café (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: Bonnie Koons (Theatre)*	7 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	8 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
9 Transp. avail. for Myerstown Churches 1:15 Depart for Christian Life Assembly Trip 4:30 Vespers (Theatre)	10 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Library Mtg 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 2:30 Cookie & Gift Exchange (Meier Room) 6:30 Entertainment: Tulpy Jazz Band (Theater)*	11 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Sharing Circle (Player's Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	12 7:30-9:30 Breakfast Buffet \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 2:00 Holiday Crafts (Hobby Hut) Sign-up x3200 6:30 Grief Sharing (Players' Lounge)	13 Vistas Evening Meal Only 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Center) 1:00 Walmart/Kohls/Dollar Store etc. 2:30 Lifetree Café (Players' Lounge) 6:30 Depart for Hershey Sweet Lights Trip 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	14 8:00 Walking Club 1:30 Bingo (Theatre) 1:00-3:00 Ladies Billiards/Pool	15 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven (Players' Lounge) 6:30 Saturday Night Movie (Cinema)
16 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	17 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 1:30 Bingo (Theatre) 6:00 Alzheimer's Caregivers Support (Player's Lounge) 6:30 Entertainment: SRL Bell Choir (Theatre)*	18 NO Wellness Talk 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:00 "It Takes A Village"- Gingerbread House Building (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	19 8:30 Breakfast at Country Fare Restaurant 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Ctr) 1:30 Yarn Unlimited Club (Hobby Hut) 2:30-3:30 Blood Pressure Check (Clinic Room)* 4:30 Birthday Dinner (Music BKoons) Meier Room	20 Vistas Closed/Café Open 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 2:30 Lifetree Café (Players' Lounge) 4:30 IL Christmas Dinner Party (Theatre) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	21 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool 3:00 SRL Christmas Sing- A-Long with Rod & Bob (Theatre)*	22 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
23 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	24 Christmas Eve Noon Meals Only/Vistas Closed in Evening NO Fitness Classes 8:00 Walking Club 9:00 Quilting (Threads)	25 Holiday Merry Christmas to All! Noon Meals only/Vistas Closed in Evening NO Fitness Classes 6:30 Prayer Group	26 NO Fitness Classes 8:00 Walking Club 9:00-11:00 Billiards/Pool Club	27 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 2:00 Bean Bag Baseball 2:30 Lifetree Café (Players' Lounge) 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	28 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool 1:30 Book/Movie Review: "The Plow that Broke the Plains" (Players' Lounge) 5:00-7:00 Meier Rm (Reservations Only)	29 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
30 Transp. avail. for Myerstown Churches 4:30 Vespers (Theatre)	31 New Year's Eve Have a Safe and Happy New Year! NO Fitness Classes 8:00 Walking Club 9:00 Quilting (Threads) 1:30 Bingo (Theatre)	Calendar is subject to change.				



DECEMBER 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

12/3 6:30 Cedar Crest Middle School Performance Choir 12/6 6:30 Bonnie Koons
12/10 6:30 Tulpy Jazz Band 12/17 6:30 SRL Bell Choir 12/21 3:00 Christmas Sing-A-Long

SHOPPING:

12/3 10:30 Walmart 12/ 13 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

Lifetree Café 2:30 (Players' Lounge) - 12/6, 12/13, 12/20, 12/27. Lifetree Café is a conversation Café. You are welcome just as you are. Your thoughts are welcome; your doubts are welcome. We're all in this together. God is here, ready to connect with you in a fresh way. Refreshments will be served. Stop in and join us.

12/3 **Tree Lighting Ceremony & Entertainment by Crest Connection 6:30 (Living Room)** – Come and listen to the Cedar Crest Middle School Performance Choir as they sing Christmas Carols. You may want to sing along! Dana Logan will tell the Christmas Story, the tree will be lit and warm drinks and cookies will be served afterward. Friends and family are welcome to join us.

12/4 **"Holidays at Mount Hope" – An Interactive Dinner Theater** - Depart 10:15 Holiday characters and carolers, appetizers will be served as you enjoy the festive décor, a multi-course meal with carols, stories, and parlor games, and then 45-minute holiday performance. \$50.95 per person plus \$ 7.00 coach transp.

12/5 **Movie Matinee 2:00 (Theatre)** – "The Man Who Invented Christmas" PG, Adventure, Comedy, Drama. Starring: Dan Stevens, Mark Schrier, Patrick Joseph Byrnes, Christopher Plummer, and more. Based on a True Story. In 1843, London, author Charles Dickens finds himself in financial trouble after writing three unsuccessful novels in a row. Desperate for a hit, Dickens relies on real-life inspiration and his vivid imagination to bring Ebenezer Scrooge, Tiny Tim and other classic characters to life in "A Christmas Carol," forever changing the holiday season into the celebration known today. Witness the imagination that led Charles Dickens to create "A Christmas Carol", a timeless tale that would redefine Christmas.

12/6 **Tree Decorating on Each Floor 11:00** – Meet Brandy by the big elevator on your apartment floor to help decorate the Christmas tree on your floor. All decorations will be provided in that area for you to put on the tree.

12/6 **Entertainment: Bonnie Koons 6:30 (Theatre)** – Come out and hear Bonnie with her wintery, holiday mix. Always delightful!

12/9 **3:00 Christmas Wonderland 2018, "A Hope House Christmas" at Christian Life Assembly, Camp Hill** –The cost of each ticket is \$15 + transp \$7. A dramatic musical for the whole family. You will experience heart-warming music, beautiful sets and costumes, and a story packed full of love, laughter, and tenderness. We will stop to eat on the way home. Tickets are limited. Sign-up x3200.

12/10 **Cookie & Gift Exchange 2:30 (Meier Room)** – These two events have been brought together! Make or buy your favorite cookies to share. Bring a container of cookies–take a cookie from everyone else which will give you an assortment to take home. Bring an empty container for the goodies. A hot cocoa bar will be provided for tasting. Plus, "Bring a gift – Receive a gift". Bring a new wrapped gift valued at \$10 to be exchanged with another individual. No name tag needed unless it is specific to a gender. Gift exchange is optional. Now isn't that a sweet deal!

12/10 **Entertainment: Tulpy Jazz Band 6:30 (Theatre)** – Always a hit! Matthew Schrack and his band will entertain you with an assortment of holiday music that you will just love. They received standing ovations in the past. Don't miss their performance.

12/11 **Sharing Circle 2:30 (Players' Lounge)** – The topic is "Christmas Memories". Join the Sharing Circle as we reminisce about our fondest Christmas memories. Feel free to bring any item of special meaning to share with the group.

12/12 **Holiday Crafts 2:00 (Hobby Hut)** – Join Beth Ann in making snowmen out of socks. Everything will be provided. **Sign-up at x3200.**

12/13 **Depart for Hershey Sweet Lights Trip 6:30** - A winter wonderland awaits at *Hershey Sweet Lights*®, a holiday drive-thru spectacular. Enjoy nearly 600 illuminated, animated displays from inside the bus as we drive through two miles of trails. \$2 Transp. Sign-up x3200

12/15 **Creative Haven 2:30 (Players' Lounge)** – Come and enjoy this hour of meditative creativity of coloring with colored pencils.

12/17 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Speaker: Connie Ulrich, CSA, Owner/Geriatric Care Manager. Topic: "Happiness". All are welcome to attend. Refreshments will be served.

12/17 **Entertainment: SRL Bell Choir 6:30 (Theatre)** - Hear the bells ringing to favorite holiday songs performed by the StoneRidge Personal Care Bell Choir. This is such a delightful evening. Everyone should come out to see this performance.

12/18 **It takes a Village – Gingerbread House Building Contest 2:00 (Players' Lounge)** – Are you a builder or a designer or a landscaper? Men and women wanted. We will meet in the Players' Lounge (no more than four to a group around the tables). Instead of gingerbread you will make houses out of graham crackers. Using the crackers as walls and the roof you will assemble them together with icing (glue). Will they be one story or two? Is there one house or more? Add the ingredients provided and decorate houses and then design the landscaping as well. Will you add shingles, or a thatched roof, shrubbery, trees, streams or ponds? The possibilities are endless! All entries will be judged and a winner will be selected.

12/19 **Breakfast at Country Fare 8:30 Departure** – Tired of being shut-in during these cold days of December? – Treat yourself and go next door for breakfast! Sign-up x3200.

12/21 **SRL Christmas Sing-A-Long with Rod & Bob 3:00 (Theatre)** – Join us as Bob Levin and Rodney Shearer lead our community in many favorite Christmas carols. Family and friends are welcomed to join us in the Theatre.

12/28 **Book Review 1:30 (Players' Lounge)** – There will be no book for December but a film titled "The Plow That Broke the Plains", which is a documentary that is referred to in the book "The Worst Hard Time" will be shown. January book to be determined.

Thursday, March 14, 2019 – "Murder at Mount Hope Mansion" – Yes, you are reading it correct...March 2019. This is an interactive dinner show. Enjoy a decadent 4-course meal, take in the history of the historic mansion and interact with the cast of characters as you become a detective and help solve the murder mystery. This is something new so let's try it out. Can we solve the murder? Price: \$50.95 (Inclusive) + coach transp). Tickets are limited. Sign-up x3200.