

November 2018

Calendar is subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	2 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	3 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
4 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	5 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 3:00 Entertainment: Chuck Cahoe (Theatre)* 6:30 – 8:00 "Surviving the Holidays" (Players' Lounge)	6 ELECTION DAY (Theatre) 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Walmart 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Sharing Circle (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	7 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:00 Exec. Committee Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge) 6:30-8:30 Grief Sharing (Players' Lounge)	8 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:00 Blanket Work Day (Players' Lounge) 11:00 Yoga Stretch (Wellness Ctr) 2:30 Lifetree Café (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	9 8:00 Walking Club 9:30 Fall Foliage Trip & Lunch at Red Lion Café 1:00-3:00 Ladies Billiards/Pool	10 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)	
11 Veterans Day Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	12 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda BINGO moved to Thursday due to Veteran's Program 2:30 Veterans Day Program (Theatre)*	13 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:00 Blanket Work Day (Players' Lounge) 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Food Committee Meeting 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	14 7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 2:00 Movie Matinee (Theatre) "The Way"* 6:30-8:30 Grief Sharing (Players' Lounge)	15 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 Bingo (Theatre) 2:30 Lifetree Café (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: Erwin Chandler (Theatre)*	16 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	17 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven (Players' Lounge) 6:30 Saturday Night Movie (Cinema)	
18 Transportation available for Myerstown Churches 2:00 The Messiah's Messengers (Theatre)* Free Will Offering 4:30 Vespers (Theatre) 7:00 Community Thanksgiving Service (Theatre)*	19 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:00 Blanket Work Day (Players' Lounge) 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 6:00 Alzheimer's Support Grp (Players' Lounge)	20 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Wellness Talk (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	21 8:30 Breakfast @ Cedar Grill Restaurant 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.) 1:30 Yarn Unlimited Club (Hobby Hut) 2:30-3:30 Blood Pressure (Clinic Room)* 4:30 Birthday Dinner (Music-B Koons) Meier Room NO Grief Sharing	22 Thanksgiving One Meal Day 11:00 – 2:00 Reservations Required 9:00 Open Swim NO Lifetree Café 6:30 Card & Game Night (Players' Lounge)	23 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 Book Review: "Killers of the Flower Moon" (Players' Lounge)	24 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)	
25 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	26 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre)	27 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:00 Blanket Work Day (Players' Lounge) 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	28 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Retired Nurses Gathering (Players' Lounge) 6:30-8:30 Grief Sharing (Players' Lounge)	29 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 1:30 Bean Bag Baseball 2:30 Lifetree Café (Players' Lounge) 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 7:00 Enlisted Voices (Theatre)*	30 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 5:00-7:00 Meier Rm (Reservations Only)		

NOVEMBER 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

11/5 3:00 Chuck Cahoe 11/15 6:30 Erwin Chandler 11/18 2:00 The Messiah's Messengers
11/29 7:00 Enlisted Voices

SHOPPING:

11/6 10:30 Walmart 11/21 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

Blanket Work Days 10:00 (Players' Lounge) – 11/8, 11/13, 11/19, 11/27. Help make fleece blankets for Christmas gifts for Big Brothers/Big Sisters of Lebanon. Bring scissors if you have them. No sewing required...just pinning, cutting & knotting. If you can stick a pin in it or knot your shoe lace you can most certainly do this. Also a great time for fellowship!

Lifetree Café 2:30 (Players' Lounge) - 11/8, 11/15, 11/29. Lifetree Café is a conversation Café. You're welcome just as you are. Your thoughts are welcome; your doubts are welcome. We're all in this together. God is here, ready to connect with you in a fresh way.

11/5 **Entertainment: Chuck Cahoe 3:00 (Theatre)** – Chuck's number one focus is FUN! He LOVES the stage and he LOVES people. He's just one happy guy! Tap your toes, sing along and you might even feel an urge to get up and dance!

11/5 **"Surviving the Holidays" 6:30 (Players' Lounge)** – In the coming days, you are going to be facing some tough emotions. Due to the nature of Thanksgiving and Christmas – with its focus on family, yearly traditions, expectations, social events and "cheer" – the emotions can blindsides you. You can lessen the emotional impact by knowing what to expect and being prepared. Surviving the Holidays is here to help.

11/6 **Sharing Circle 2:30 (Players' Lounge)** – The topic is "Compassion". All are welcome to join in a discussion on having compassion for others.

11/9 **Fall Foliage Trip & Lunch @ Red Lion Café 9:30** – Go on a relaxing trip through the countryside to see the leaf changes and then have lunch at Red Lion Café in Pine Grove. \$ on your own. Our buses \$2.00 Transportation.

11/12 **Veteran's Day Program 2:30 (Theatre)** – Honoring all Veterans. Speaker–Barry Kauffman will present "The Four Heroines of World War I". Special music by Maria Damore; posting of the colors by the Pine Grove JROTC; and a special presentation will be given to the StoneRidge Veterans. Family and friends are all welcome to attend this event as we salute those that served our country. Wear your red, white and blue!

11/14 **Movie Matinee 2:00 (Theatre)** – "The Way" PG-13, Adventure, Comedy, Drama. Starring Martin Sheen, Emilio Estevez. A powerful and inspirational story about family, friends and the challenges we face while navigating this ever changing and complicated world. A Father follows his Son in taking the journey to Camino de Santiago, in an effort to understand both himself and his son. On life's journey, everyone loses his way, but some of us find the courage to start again. A soulful and cinematic journey. Profoundly touching. You don't choose a life...you live one!

11/15 **Erwin Chandler 6:30 (Theatre)** – Erwin on the piano and Paul Breidenstine on the trumpet will play everything from classical to pop.

11/17 **Creative Haven 2:30 (Players' Lounge)** – Come and enjoy this hour of meditative creativity of coloring with colored pencils.

11/18 **The Messiah's Messengers 2:00 (Theatre)** – Spreading God's word through Southern gospel music is a mixed quartet from the Lancaster area. The Messiah's Messengers feature close harmony as they present their faith in Christ through song and spoken word. **Free will offering will be collected at the door.**

11/18 **Community Thanksgiving Service 7:00 (Theatre)** - We will once again host the Myerstown Community Thanksgiving Service. Join us as we gather with the Myerstown Pastoral Association to celebrate Thanksgiving. Please bring a non-perishable food item for the offering. The food received will be given to Sharing Cupboard Food Bank in Myerstown.

11/19 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** –Olivia Maturano, M.S. Gerontology, Alzheimer's Association Great PA Chapter. Topic: "Healthy Habits for the Brain & Body". All are welcome. Refreshments will be served.

11/20 **Wellness Talk 2:30 (Players' Lounge)** – Topic: Hearing Loss and Memory Issues. Presented by Carla Pielmeier of Wellspring Health. Carla will discuss ways of coping with hearing and memory loss. All are welcome.

11/21 **Breakfast at Cedar Grill Restaurant 8:30 Departure** – Looking for a change from your daily morning routine? Sign-up x3200.

11/23 **Book Review 1:30 (Players' Lounge)** – "Killers of the Flower Moon" by David Grann regarding the Osage murders and the birth of the FBI. For a FREE loaner book contact Dan Nace at extension 3378. There will be no book for December but a film titled "The Plow That Broke the Plains", which is a documentary that is referred to in the book "The Worst Hard Time" will be shown.

11/29 **Enlisted Voices 7:00 (Theatre)** - An all-male ensemble of 27 singing A Capella gospel songs, Taize, a few Christmas carols, spirituals, and choral arrangements. Join us in the Theatre on Main!

Tuesday, December 4 – "Holidays at Mount Hope" – An Interactive Dinner Theater - Departure 10:33; Arrival 11:00. Step inside the beautiful decorated historic Mount Hope Mansion and be greeted by their cast of holiday characters and carolers. Appetizers will be served as you enjoy the festive décor. Throughout your multi-course meal, the cast will entertain you with carols, stories, and parlor games. After dessert, all guests will come together for a 45-minute holiday play performance. \$50.95 pp plus \$ 7.00 coach transp. Sign up x3200.

Christmas Wonderland 2018, "A Hope House Christmas" at Christian Life Assembly, Camp Hill –It's official. **Sunday, December 9th 3:00** show and then stop to eat on the way home. This sanctuary seats 2,000 people and only 8 shows will be performed. The cost of each ticket is \$15 + coach transp. The show is 2 hours and 15 minutes, with a 15 minute intermission. A dramatic musical for the whole family. Have you ever wanted something so badly, only to find out that you have been chasing after the wrong thing? Come and meet Maggie, a young entrepreneur with the desire to make it big in New York City in the 1960s. With the help of some colorful characters, we'll travel with Maggie up the ladder of success, and find some surprises along the way! You will experience heart-warming music, beautiful sets and costumes, and a story packed full of love, laughter, and tenderness. Tickets are limited. Sign-up x3200.

Thursday, March 14, 2019 – "Murder at Mount Hope Mansion" – Yes, you are reading it correct...March of 2019. This is an interactive dinner show. Enjoy a decadent 4-course meal, take in the history of the historic mansion and interact with the cast of characters as you become a detective and help solve the murder mystery. Price: (Over 25 people - \$50.95 (Inclusive) + coach transportation. Tickets are limited. Sign-up x3200.