

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45–1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 3:00 Country Dance Lessons (Wellness Ctr) 6:30 Entertainment: Milhouse Jazz Pack (Theatre)*	2 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:30 Walmart 10:45 Water Walking (Pool) 1:30 Yoga Stretch Classes (Wellness Ctr) 1:00 Bible Study (Players' Lounge) 2:30 Sharing Circle (Player's Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	3 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:00 Exec. Com. Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Country Dance Lessons (Wellness Ctr) 2:00 Expediting Committee (Players' Lounge) 6:00 Grief Sharing (Players' Lounge)	4 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 11:00 Fall Fashion Show (Theatre) - Tickets Required in Advance 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	5 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	6 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
7 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	8 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Library Mtg 11:15 Meditation/Relaxation (Wellness) 12:45–1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:15 Miracle Ear (Lobby East Entrance) 3:00 Country Dance Lessons (Wellness Ctr) 6:30 Entertainment: Toad Creek Ramblers (Theatre)*	9 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 11:00 Horse & Carriage Rides (East Main Entrance)* NO Bible Study 1:30 Food Comm. Mtg 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	10 7:30-9:30 Breakfast Buffet \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) 2:15 Movie Matinee (Theatre) "City Slickers" * 6:00 Grief Sharing (Players' Lounge)	11 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:15 Depart Dutch Apple "Sister Act" 11:00 Yoga Stretch (Wellness Ctr) 2:00 Country Dance Lessons (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	12 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	13 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
14 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	15 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45–1:45 Gym Time w/Brenda 1:30 NO Bingo (Moved to Friday, 10/19-3:00) 3:00 Country Dance Lessons (Wellness Ctr) 6:00 Alzheimer's Caregivers Support (Player's Lounge) 7:00 Entertainment: Harmony of Praise (Theater)*	16 NO Wellness Talk 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) NO Bible Study (Players' Lounge) 1:30 Resident Quarterly Mtg (Theatre) 1:30 Yoga Stretch Classes (Wellness Ctr) 3:00 Pumpkin Painting & Carving (Hobby Hut) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	17 NO Meditation/Relaxation 8:00 Walking Club 8:30 Breakfast @ Hearth Family Restaurant 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Country Dance Lessons (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:00 Veteran's Meeting (Theatre) 2:30-3:30 Blood Pressure (Clinic Room)* 4:30 Birthday Dinner (Music-B Koons) Meier Room 6:00 Grief Sharing (Players' Lounge)	18 One Meal Day 4:30 – 6:00 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Center) 1:00 Walmart/Kohls/Dollar Store etc. (Theatre) 4:30-6:00 Chuck Wagon Western Meal (Theatre) 6:15 Entertainment & Hoe Down-Ken Saul & the Blue Marsh Ramblers 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	19 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 3:00 Bingo (Theatre)	20 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven (Players' Lounge) 6:30 Saturday Night Movie (Cinema)
21 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	22 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45–1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 6:30 Entertainment: Mike Hertzog (Theatre)*	23 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Rodeo Round-Up (Theatre) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	24 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Retired Nurses Gathering (Players' Lounge) 6:00 Grief Sharing (Players' Lounge)	25 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 2:00 Bean Bag Baseball 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	26 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool 1:30 Book Review: "The Worst Hard Time" (Players' Lounge) 5:00-7:00 Meier Rm (Reservations Only)	27 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
28 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	29 NO Fitness Classes 8:00 Walking Club 1:30 Bingo (Theatre) 2:30 Meet & Mingle/Informational Gathering (Theatre)	30 8:00-10:00 Dutchway/Bank/Dry Cleaners 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group 6:30 – 8:00 Trick or Treat Night (Theatre)*	31 Halloween! 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) 6:00 Grief Sharing (Players' Lounge)	<h1>October 2018</h1> <p>Calendar Subject to Change.</p>		

October 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

10/1 6:30 Milhouse Jazz Pack 10/8 6:30 Toad Creek Ramblers 10/15 6:30 Harmony of Praise
10/18 6:15 Ken Saul & Blue Marsh Ramblers 10/22 6:30 Mike Hertzog 10/30 6:30-8:00 Trick or Treat Night

SHOPPING:

10/2 10:30 Walmart 10/18 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

Country Line Dance Lessons (Wellness Ctr) –Country line dances will be taught during the month of October. Check the calendar for dates and times. Begins on Monday, October 1st at 3:00. Learn a few easy dances that can be used for different genres of music.

- 10/1 **Entertainment: Milhouse Jazz Pack 6:30 (Theatre)** – It's a little bit different than typical jazz-it's anything kind of jazzy! Three musicians from Berks County will bring the sounds of both jazz and the island to their audience.
- 10/2 **Sharing Circle 2:30 (Players' Lounge)** – All are welcome to join the Sharing Circle for the topic: Forgiveness. Join in the Sharing Circle to discuss our ability to offer forgiveness when we need to, even to ourselves. All are welcome!
- 10/4 **Fall Fashion Show 11:00 (Theatre)** – Get ready to feel fabulous this fall with a buffet luncheon and see the latest trends by Taylor Marie. Tickets \$5 for Residents or \$7 for Guests, must be reserved in advance. See Stacia Mohr x 3553 for details and to purchase tickets. We also need models, so please let Stacia know if you would like to be a part of this fun show!
- 10/8 **Entertainment: Toad Creek Ramblers 6:30 (Theatre)** – Keith Brintzenhoff heads this musical, funny group that has been performing for over 15 years and is well known for their musical mix of Blue Grass, Old Time Country, Folk and Gospel. They'll play fiddle, banjo, autoharp and a guitar as they tell jokes and make us laugh. Grab your hat and bandanas on the way in.
- 10/9 **Horse & Carriage Rides 11:00 (East Main Street Entrance)** – In keeping with our country theme this month, the Bee Tree Trail will be our transportation for a ride around the neighborhood. Dave Rohrbach will bring in his beautiful grey Percheron draft horses for our rides. These horses are part of the horse family such as the Clydesdales so they are large in size. Seating will be available outside at the East Main Street entrance as you wait your turn to get your surrey ride. Don't forget to wear your cowboy hat and bandana so that you look the part. Refreshments will be provided. New vendor but the experience will still be very enjoyable!
- 10/10 **Movie Matinee 2:15 (Theatre)** – "City Slickers" PG-13, Comedy. Starring Billy Crystal, Jack Palance, Daniel Stern, Bruno Kirby. Three friends take a vacation away from their wives. Henpecked Phil, newly married Ed, and Mitch (terrified of his midlife crisis) decide to reignite their masculinity by taking a supervised cattle drive across the Southwest. Under the supervision of gruff cowboy Curly, the men set out on a journey that turns unexpectedly dangerous. The three men bond along the way to conquering their fear of aging.
- 10/15 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Janell Brandy, Marketing Director at Linden Village is a certified Dementia Practitioner. She will speak on the topic of "Caregiver Burnout". All are welcome. Refreshments will be served.
- 10/15 **Harmony of Praise 7:00 (Theatre)** - 45 to 50 men and women sing a capella Christian/Gospel music. Very spiritual and uplifting!
- 10/16 **Pumpkin Painting & Carving 3:00 (Hobby Hut)** – Let's get spooky! Help us decorate pumpkins to accessorize the facility or keep for yourself. You may want to paint or carve one. We will provide the pumpkins, paints and the carving tools. Sign up x3200.
- 10/17 **Breakfast at Hearth Family Restaurant 8:30 Departure** – Looking for a change from your daily morning routine? Sign-up x3200.
- 10/17 **Veteran's Meeting 1:00 (Theatre)** – Veteran speaker Ronald Bahl, LTC US Army AWC (US), will talk about his experience and his journey in the military and his deployment experience in Iraq. He was born in Kingsley, IA and is married with three children ages 3 to 7. He attended the University of North Dakota, has been stationed in five locations and he has been deployed to both Kuwait and Iraq. Ron served both on Active Duty and the Reserves and he is currently a Military Intelligence Officer. All are welcome to attend.
- 10/18 **Chuck Wagon Western Meal 4:30-6:00, Entertainment & Hoe Down 6:15 (Theatre)** – **This is a one meal day.** Howdy Partner! We're hootin and hollering because everyone's got a little country in 'em. So gather up your country duds and come on out. Grab some vittles and then kick up your heels at 6:15 with Ken Saul & The Blue Marsh Ramblers. When life gets tough...cowboy up! It's a boot scootin' event and an "ace in the hole"! Invitations included with this mailing.
- 10/20 **Creative Haven 2:30 (Players' Lounge)** – Come and enjoy this hour of meditative creativity of coloring with colored pencils.
- 10/22 **Entertainment: Mike Hertzog Trio 6:30 (Theatre)** – This trio performs blue grass, gospel and old country music. Great sounds!
- 10/23 **Rodeo Round-Up 2:30 (Theatre)** – Ridin', ropin' and wranglin'! Join in the barrel races, shear a sheep, lasso a pony, ring the bull's nose, boots & shoot target practice and much more. Giddy up & join us for a galloping good time! Refreshments provided. Yee-Haw!
- 10/26 **Book Review 1:30 (Players' Lounge)** – "The Worst Hard Time" by Timothy Egan. For a FREE loaner book contact Dan Nace at extension 3378. November book will be "Killers of the Flower Moon" by David Grann .

Tuesday, December 4 – "Holidays at Mount Hope" – An Interactive Dinner Theater - Departure 10:33; Arrival 11:00. Step inside the beautiful decorated historic Mount Hope Mansion and be greeted by their cast of holiday characters and carolers. Appetizers will be served as you enjoy the festive décor. Throughout your multi-course meal, the cast will entertain you with carols, stories, and parlor games. After dessert, all guests will come together for a 45-minute holiday play performance. It's an interactive, entertaining and festive experience sure to get you in the holiday spirit! \$50.95 per person plus \$ 7.00 coach transportation. Sign up x3200.

Christmas Wonderland 2018, "A Hope House Christmas" at Christian Life Assembly, Camp Hill –It's official. **Sunday, December 9th 3:00** show and then stop to eat on the way home. This sanctuary seats 2,000 people and only 8 shows will be performed. The cost of each ticket is \$15 + coach transp. The show is 2 hours and 15 minutes, with a 15 minute intermission. A dramatic musical for the whole family. Story line: Have you ever wanted something so badly, only to find out that you have been chasing after the wrong thing? Come and meet Maggie Murdock, a young entrepreneur with the desire to make it big in New York City in the 1960s. With the help of some colorful characters, we'll travel with Maggie up the ladder of success, and find some surprises along the way! You will experience heart-warming music, beautiful sets and costumes, and a story packed full of love, laughter, and tenderness. Tickets are limited. Sign-up x3200.

Thursday, March 14, 2019 – "Murder at Mount Hope Mansion" – Yes, you are reading it correct...March of 2019. This is an interactive dinner show. Enjoy a decadent 4-course meal, take in the history of the historic mansion and interact with the cast of characters as you become a detective and help solve the murder mystery. Price: (Over 25 people - \$50.95 (Inclusive) + coach transportation. Tickets are limited. Sign-up x3200.