



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="margin: 0;">SEPTEMBER 2018</h1>  <p style="margin-top: 10px;">Calendar is Subject to Change.</p>						

<p>2 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>3 Labor Day! One Meal Day 11:00-2:00 <u>NO FITNESS CLASSES</u> 8:00 Walking Club 9:00 Quilting (Threads) 1:30 Bingo (Theatre)</p>	<p>4 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <u>1:00 Bible Study (Players' Lounge)</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>2:30 Sharing Circle (Players' Lounge)</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group</p>	<p>5 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit <u>10:00 Exec. Committee Mtg (Players' Lounge)</u> <u>11:00 Informational Session-Firefighter-Ken Beare (Theatre)</u> 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Expediting Committee (Players' Lounge)</u></p>	<p>6 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>6:00 Community Water Aerobics \$3</u> 6:30 Card & Game Night (Players' Lounge) <u>6:30 Entertainment: Rockman Blues (Theatre)*</u></p>	<p>7 8:00 Walking Club <u>1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.)</u> <u>1:00-3:00 Ladies Billiards/Pool</u></p>	<p>1 <u>9:00-11:00 Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>
<p>9 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>10 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit <u>10:30 Library Meeting</u> 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) <u>7:00 Entertainment: Gr8ful Voices (Theatre)</u></p>	<p>11 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <u>1:00 Bible Study (Players' Lounge)</u> <u>1:30 Food Committee Meeting</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group</p>	<p>12 <u>7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest</u> 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>2:15 Movie Matinee (Theatre) "Extremely Loud and Incredibly Close"*</u> <u>2:30-3:30 Blood Pressure (Clinic Room)*</u> <u>6:30-8:30 Grief Sharing (Players' Lounge)</u></p>	<p>13 OPEN HOUSE 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>1:30 Ice Cream Trip - Udder Choice</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Card & Game Night (Players' Lounge)</p>	<p>14 8:00 Walking Club <u>1:00-3:00 Ladies Billiards/Pool</u></p>	<p>15 <u>9:00-11:00 Billiards/Pool Club</u> <u>2:30 Creative Haven (Players' Lounge)</u> 6:30 Saturday Night Movie (Cinema)</p>
<p>16 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>17 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:15 Departure: Heisler's Cloverleaf Dairy Miniature Golf and Ice Cream Trip</u> 1:30 <u>NO Bingo - Moved to Thursday</u> <u>6:00 Alzheimer's Support Grp (Players' Lounge)</u></p>	<p>18 <u>NO FITNESS CLASSES</u> 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim <u>1:00 Bible Study (Players' Lounge)</u> <u>2:30 Wellness Talk (Players' Lounge)</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group</p>	<p>19 <u>8:30 Breakfast @ Wyomissing Family Restaurant (on your own)</u> 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda <u>1:00 Veteran's Meeting - Karl Yochum (Theatre)*</u> 1:30 Yarn Unlimited Club (Hobby Hut) <u>4:30 Birthday Dinner (Music-B Koons) Meier Room</u> <u>6:30 Entertainment: Erwin Chandler - "Just Us" (Theatre)*</u> <u>6:30-8:30 Grief Sharing (Players' Lounge)</u></p>	<p>20 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>1:30 Bingo (Theatre)</u> <u>6:00 Community Water Aerobics \$3</u> 6:30 Card & Game Night (Players' Lounge)</p>	<p>21 8:00 Walking Club <u>1:00-3:00 Ladies Billiards/Pool</u></p>	<p>22 <u>9:00-11:00 Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>
<p>23/30 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p>	<p>24 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) <u>6:30 Entertainment: Rehrig Brothers (Theatre)*</u></p>	<p>25 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <u>1:00 Bible Study (Players' Lounge)</u> 1:30 Yoga Stretch Classes (Wellness Ctr) <u>6:00 Community Water Aerobics \$3</u> 6:30 Prayer Group</p>	<p>26 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) <u>2:00 Retired Nurses Gathering (Players' Lounge)</u> <u>6:30-8:30 Grief Sharing (Players' Lounge)</u></p>	<p>27 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <u>1:30 Bean Bag Baseball</u> 5:00-7:00 Meier Rm (Reservations Only) <u>6:00 Community Water Aerobics \$3</u> 6:30 Card & Game Night (Players' Lounge)</p>	<p>28 8:00 Walking Club <u>1:00-3:00 Ladies Billiards/Pool</u> <u>1:30 Book Review: "Gaining Ground" (Players' Lounge)</u> 5:00-7:00 Meier Rm (Reservations Only)</p>	<p>29 <u>9:00-11:00 Billiards/Pool Club</u> 6:30 Saturday Night Movie (Cinema)</p>

September 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

9/5 11:00 Informational Session-Wild Fires (Ken Beare) 9/6 6:30 Rockman Blues 9/10 7:00 Gr8ful Voices
9/19 6:30 Erwin Chandler – “Just Us” 9/24 6:30 Rehrig Brothers

SHOPPING:

9/7 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

- 9/4 **Sharing Circle 2:30 (Players' Lounge)** – All are welcome to join the Sharing Circle for the topic: Money. Join in a conversation about the topic that helps to run the world, “Money”.
- 9/5 **Informational Session – Ken Beare-“Wild Fires” 11:00 (Theatre)** – Ken will share his 59 years of experience fighting wild fires in California, Utah, Oregon, Ohio, Montana, Tennessee, Pennsylvania. He will expand on information regarding the July Matinee Movie –“Only the Brave” and what is involved in becoming a “Hot Shot”.
- 9/6 **Entertainment: Rockman Blues 6:30 (Theatre)** – The Rockman Blues Band are so much more than a Blues band. They play a blend of Rock, Blues, and New Orleans root music using sax, accordion, bass and drums - in addition to songs from Johnny Cash, Van Morrison, Muddy Waters and many more. Their low volume sound and eclectic song mix is great for those who enjoy dancing and those who enjoy listening.
- 9/10 **Entertainment: Gr8ful Voices 7:00 (Theatre)** – A grateful, male a capella (no background music) gospel group. A must hear!
- 9/12 **Movie Matinee 2:15 (Theatre)** – “Extremely Loud & Incredibly Close” PG-13, Drama, Family. Starring Tom Hanks, Sandra Bullock, Thomas Horn, Max von Sydow. Oskar who lost his father in the 9/11 attack on the World Trade Center, is convinced that his dad left a final message for him somewhere in the city. Upon finding a mysterious key in his father's closet, Oskar sets out in search of the lock it fits. Feeling disconnected from his grieving mother and driven by a tirelessly active mind, Oskar has a journey of discovery that takes him beyond his loss and leads to a greater understanding of the world.
- 9/15 **Creative Haven 2:30 (Players' Lounge)** – Every once in a while you have to color outside of the lines and be creative. Come and enjoy this hour of meditative creativity of coloring with colored pencils.
- 9/17 **Heisler's Cloverleaf Dairy and Mini Golf, Tamagua 1:15 Departure** – Enjoy a scenic ride through the countryside and end up at one of Schuylkill County's favorite location. Be a kid again and play a round of miniature golf or just eat ice cream. All ice cream is homemade on the premises. I scream/you scream...we all scream for ICE CREAM! Coach transportation \$6.00. Sign-up x3200.
- 9/17 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Speaker: Ann Thompson, R.N., MSN, Clinical Nurse Specialist .
- 9/18 **Wellness Talk 2:30 (Players' Lounge)** – Cholesterol Education month. Presented by WellSpan's Karen Bachman. Learn the importance of tracking and controlling your cholesterol for optimal health.
- 9/19 **Breakfast at Wyomissing Family Restaurant and Bakery 8:30 Departure** – A small family-owned and operated restaurant that offers made-to-order meals, daily specials and a sparkling clean atmosphere. They take great pride in being Berks County's favorite home-style eatery with a very clean kitchen and a very friendly staff. Good, made from scratch, home style cooking! Sign-up x3200.
- 9/19 **Veteran's Meeting 1:00 (Theatre)** – “Navy Wings Over Korea”. Fellow resident, Karl Yochum, will talk about his experience as a Navy pilot during the Korean Conflict. Yes that is correct...Navy...Pilot. All are welcome to attend this informational session.
- 9/19 **Entertainment: “Just Us” 6:30 (Theatre)** – Erwin Chandler, Sal Faranda, Gene Bujnviski, and Larry Bortz featuring music from Sinatra, Gerswin, Big Bands, Dean Martin, Elvis, “Satchmo” (Louis Armstrong) and many more.
- 9/24 **Entertainment: Rehrig Brothers 6:30 (Theatre)** – Three brothers will entertain you with classic country music. Conway Twitty, Buck Owens, Ray Price and Elvis are some of the individuals that have influenced their music.
- 9/28 **Book Review 1:30 (Players' Lounge)** – “Gaining Ground” by Forrest Pritchard. For a FREE loaner book contact Dan Nace at extension 3378. October book will be “The Worst Hard Time” by Timothy Egan. Suggestions needed.

Thursday, October 11 – Dutch Apple - “Sister Act” - Departure 10:15; Buffet at 11:45; Play at 1:15. \$60.00 per person (includes meal, play and coach bus transportation). A feel-amazing musical comedy smash hit based on the movie. Deloris, a wannabe diva whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look—a convent! In turn, she helps the secluded sisters find their voices. Sister Act is a reason to rejoice! Lots of laughs. A divine musical comedy! Sign-up x3200.

Tuesday, December 4 – “Holidays at Mount Hope” – An Interactive Dinner Theater - Departure 10:33; Arrival 11:00. Step inside the beautiful decorated Historic Mount Hope Mansion and be greeted by their cast of holiday characters and carolers. Appetizers will be served and displayed upon arrival as you explore and enjoy the festive décor. Throughout your hearty multi-course meal, the cast will entertain you tableside with carols, stories, and parlor games. After a delicious dessert, all guests will come together for a 45-minute holiday play performance by the entire cast. It's an interactive, entertaining and festive experience sure to get you in the holiday spirit! \$50.95 per person plus \$ 7.00 coach transportation. Sign up x3200.

Christmas Wonderland 2018, “A Hope House Christmas” at Christian Life Assembly, Camp Hill – Just a heads up! The tickets have not gone on sale yet for this play but I am going to shoot for **Sunday, December 9th for the 3:00** show and then we would stop to eat afterward on the way home. From what I understand this sanctuary seats 2,000 people and only 8 shows will be performed. Last year-15,526 tickets were sold. The cost of each ticket is \$15 + coach transportation; show tickets are non-refundable unless it is cancelled due to the weather. The show is two hours and 15 minutes which includes a 15 minute intermission. A dramatic musical for the whole family. Story line: Have you ever wanted something so badly, only to find out that you have been chasing after the wrong thing? Come and meet Maggie Murdock, a young entrepreneur with the desire to make it big in New York City in the 1960s. With the help of some colorful characters, we'll travel with Maggie up the ladder of success, and find some surprises along the way! You will experience heart-warming music, beautiful sets and costumes, and a story packed full of love, laughter, and tenderness. If the date changes, you will be notified. Sign-up x3200.

Thursday, March 14, 2019 – “Murder at Mount Hope Mansion” – Yes, you are reading it correct...March of 2019. Tickets are very limited so I threw my hat in the ring to make sure we would get them. This is an interactive dinner show. Enjoy a decadent 4-course meal, take in the history of the historic mansion and interact with the cast of characters as you become a detective and help solve the murder mystery. Price: (Over 25 people - \$50.95 (Inclusive) + Transportation. Sign-up x3200.