

August 2018

Calendar subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:00 Exec. Com. Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellness Rm) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge) 7:00 Entertainment: Jazz Me Band (Theatre)*	2 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30-1:30 Gym Time 1:00 Walmart or Lebanon Plaza (Kohls, Dollar Tree, etc.) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	3 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	4 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
5 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	6 Natl' Root Beer Float Day! 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:00-3:30 Root Beer Floats (Courtyard)	7 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 12:30-1:30 Gym Time 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Sharing Circle (Players' Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	8 7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 SRL Talent Show (Theatre)*	9 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30-1:30 Gym Time 1:30 Splash Party (Pool Area) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: The King's Strings (Theatre)*	10 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	11 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
12 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	13 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Library Meeting 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 NO Bingo-Moved to Wednesday 7:00 Entertainment: JCM Band (Theatre)*	14 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 12:30-1:30 Gym Time 1:00 Bible Study (Player's Lounge) 1:00 Depart for American Music Theatre 1:30 Food Comm. Mtg 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	15 8:00 Walking Club 8:30 Breakfast @ Red Plate Diner (on your own) 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:30-3:30 Blood Pressure (Clinic Room)* 2:30 Sharing Circle (Player's Lounge) 4:30 Birthday Dinner (Music-B Koons) Meier Room	16 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30-1:30 Gym Time 1:30 Bones, Balance, Brains & Bands (Theatre)* 1:30 Depart for The Jigger Shop 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	17 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	18 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven (Players' Lounge) 6:30 Saturday Night Movie (Cinema)
19 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	20 No Exercise Classes 8:00 Walking Club 9:00 Quilting (Threads) 1:30 Bingo (Theatre) 6:00 Alzheimer's Support Grp (Players' Lounge) 7:00 Summer Series: Lebanon Community Concert Band (Theatre)*	21 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 12:30-1:30 Gym Time 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 2:30 Wellness Talk (Theatre) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	22 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:15 Movie Matinee (Theatre) "I Can Only Imagine"*	23 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30-1:30 Gym Time 1:30 Bean Bag Baseball 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: Jimmy Edwards (Theatre)*	24 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 Book Review: "The Monuments Men" (Hobby Hut)	25 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
26 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	27 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellnes Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre)	28 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 12:30-1:30 Gym Time 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Classes (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Prayer Group	29 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 6:30 Entertainment: Jay Smar (Theatre)*	30 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) 12:30-1:30 Gym Time 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)	31 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 5:00-7:00 Meier Rm (Reservations Only)	

August 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

8/1	7:00	Jazz Me Band	8/8	2:00	SRL Talent Show	8/9	6:30	The King's Strings
8/13	7:00	JCM Band	8/20	7:00	Lebanon Community Concert Band	8/23	6:30	Jimmy Edwards
8/29	6:30	Jay Smar						

SHOPPING:

8/2 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Maxx, Dollar Tree, etc.)

- 8/1 **Entertainment: Jazz Me Band 7:00 (Theatre)** – A four piece band that plays a variety of music from Sinatra to Santana, Motown to ZZ Top and everything in between. You will hear a wide assortment and they have just won Best of Band/Artist for 2018 in the Susquehanna area.
- 8/7 **Sharing Circle 2:30 (Players' Lounge)** – All are welcome to join the Sharing Circle for a discussion on personal and social “Boundaries”, which are important to us as individuals.
- 8/8 **SRL Talent Show 2:00 (Theatre)** – Step on our stage and show us your talent. From singers to dancers, to comedians and novelty acts that you can perform by yourself or with a group. Come out and light up our stage! Sign up x3200.
- 8/9 **Splash Party 1:30 (Pool Area)** – Come celebrate summer with pool and deck games. Spectators are welcome. Refreshments will be served.
- 8/9 **Entertainment: The King's Strings 6:30 (Theatre)** – Every branch of this family tree is talented as this family plays all types of string instruments. They combine their love for music with the joy of their faith.
- 8/13 **Entertainment: JCM Band 7:00 (Theatre)** – They are a 50's band but they sure know how to play an assortment of music. Featuring Buddy Holly, the Everly Brothers, Elvis and many more. You'll tap your toes and want to get up and dance to this band.
- 8/14 **Departure 1:00 American Music Theatre – “Songs of the Silver Screen”** – You will be delighted in this live musical journey through the most beloved cinematic hits from movies past and present. This all-new Original Show reminds us of how magical music can be, and how chart topping movie hits have become the soundtracks to our lives. Join in on their awe-inspiring journeys as they take in the sights and sounds of romance, adventure, drama, action, western and fantasy flicks. “Let's Go to the Movies” with *Songs of the Silver Screen*, a non-stop musical adventure filled with instantly recognizable hits from the greatest musical moments in cinematic history. \$27 + \$7 Transportation. Lunch at Plain and Fancy afterward. Sign-up x3200.
- 8/15 **Breakfast at Red Plate Diner 8:30 Departure** – A small family-owned and operated restaurant that offers made-to-order meals, daily specials and a sparkling clean atmosphere. Sign-up x3200.
- 8/16 **Bones, Balance, Brains & Bands 1:30 (Theatre)** – Presented by Dr. Chris Sciamanna. Explore the myths about aging, and get a brand new perspective about aging gracefully!
- 8/16 **Departure: The Jigger Shop 1:30** - I scream, you scream, we all want ICE CREAM! Nestled in the woods of Mt. Gretna is an ice cream parlor with interesting sundaes: Beignet, Fireside S/mores, Baked Alaska. \$2 Transp. Sign-up x3200
- 8/18 **Creative Haven 2:30 (Player's Lounge)** – Come to enjoy this hour of meditative creativity. The latest craze... coloring for adults.
- 8/20 **Lebanon Community Concert Band 7:00 (Theatre)** – The third and last band of our summer concert series. Always enjoyable! Ice cream treats provided upon your arrival.
- 8/21 **Wellness Talk 2:30 (Players' Lounge)** – SouthEastern will do a presentation regarding the National Immunization Month.
- 8/22 **Movie Matinee 2:15 (Theatre)** – “I Can Only Imagine” PG, Drama, Family, Music. Starring: J. Michael Finley, Madeline Carroll, Dennis Quaid, Trace Adkins, and Cloris Leachman. The inspiring and unknown true story behind Mercy Me's beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness.
- 8/23 **Entertainment: Jimmy Edwards 6:30 (Theatre)** – A fun, high-energy, toe tapping program that will make your hearts sing and dance. He's a lot of fun!
- 8/24 **Book Review 1:30 (Players Lounge)** – “The Monuments Men” by Robert M. Edsel. For a FREE loaner book contact Dan Nace at extension 3378. September book to be determined. Suggestions needed.
- 8/29 **Entertainment: Jay Smar 6:30 (Theatre)** – Armed with two guitars, baritone vocals, claw-hammer banjo he's fiddling, singing and flat-footin (a form of clog-dancing). Jay will serve his audience an “acoustic buffet” of traditional American and original folk, ol time mountain music, bluegrass and gospel tunes.

Thursday, October 11 – Dutch Apple - “Sister Act” - Departure 10:15; Buffet at 11:45; Play at 1:15. \$60.00 per person (includes meal, play and coach bus transportation). A feel-amazing musical comedy smash based on the movie. Deloris, a wannabe diva whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look – a convent! In turn she helps the secluded sisters find their voices. Sister Act is a reason to rejoice! Lots of laughs. Sign-up x3200.

Tuesday, December 4 – “Holidays at Mount Hope” – An Interactive Dinner Theater - Departure 10:33; Arrival 11:00. Step inside the beautiful decorated Historic Mount Hope Mansion and be greeted by their cast of holiday characters and carolers. Appetizers will be served and displayed upon arrival as you explore and enjoy the festive décor. Throughout your hearty multi-course meal, the cast will entertain you tableside with carols, stories, and parlor games. After a delicious dessert, all guests will come together for a 45-minute holiday performance by the entire cast. It's an interactive, entertaining and festive experience sure to get you in the holiday spirit! \$50.95 per person plus \$ 7.00 coach transportation. Sign up x3200.