


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	<b>2</b> 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) <b>6:30 Entertainment: TG Divergent Tom &amp; Greg Strohman (Theatre)*</b>	<b>3</b> 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) 1:30 Yoga Stretch Classes (Wellness Ctr) <b>1:00 Bible Study (Players' Lounge)</b> <b>2:30 Sharing Circle (Player's Lounge)</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Prayer Group	<b>4 Fourth of July</b> <b>One Meal Day 11:00-2:00</b> 8:00 Walking Club <b>10:00 Exec. Com. Mtg (Players' Lounge)</b> 1:30 Yarn Unlimited Club (Hobby Hut)	<b>5</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <b>1:00 Hornings, Goods &amp; Smith's Candies</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Card & Game Night (Players' Lounge)	<b>6</b> 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	<b>7</b> 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
<b>8</b> Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	<b>9</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit <b>10:30 Library Mtg</b> 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre)	<b>10</b> 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>NO Bible Study</b> <b>1:30 Food Comm. Mtg</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>2:30 Life Guards vs Bathing Beauties (Theatre)</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Prayer Group	<b>11</b> <b>7:30-9:30 Breakfast Buffet \$5-Resident, \$6 Guest</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) <b>2:00 Expediting Committee (Players' Lounge)</b> <b>2:15 Movie Matinee (Theatre) "Only the Brave" *</b> <b>7:00 The King Family (Theatre)*</b>	<b>12</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <b>2:00 Bean Bag Baseball</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Card & Game Night (Players' Lounge)	<b>13</b> 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	<b>14</b> 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
<b>15</b> Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	<b>16</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) <b>2:30 Meet &amp; Mingle (Theatre)</b> <b>6:00 Alzheimer's Caregivers Support Grp (Player's Lounge)</b> <b>6:30 Entertainment: Jeremy Goodling (Theater)*</b>	<b>17</b> 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>NO Bible Study (Players' Lounge)</b> <b>1:30 Resident Quarterly Mtg (Theatre)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>6:00 Community Water Aerobics \$3</b> 6:30 Prayer Group	<b>18</b> 8:00 Walking Club <b>8:30 Breakfast @ Schwalms (on your own)</b> 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) <b>No Veteran's Meeting</b> <b>2:30-3:30 Blood Pressure (Clinic Room)*</b> <b>4:30 Birthday Dinner (Music-B Koons) Meier Room</b>	<b>19</b> 9:00 Open Swim <b>9:30 Depart for Dutch Valley Tour</b> 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Center) <b>2:30 Tiki Time and Gilligan's Island, Part III (Theatre)</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Card & Game Night (Players' Lounge)	<b>20</b> 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool	<b>21</b> 9:00-11:00 Billiards/Pool Club <b>2:30 Creative Haven (Players' Lounge)</b> 6:30 Saturday Night Movie (Cinema)
<b>22</b> Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	<b>23</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) <b>3:00 Entertainment: Bobby Newton (Theatre)</b>	<b>24</b> 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:00 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>6:00 Community Water Aerobics \$3</b> 6:30 Prayer Group	<b>25</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club <b>9:00 Depart for Sight &amp; Sound</b> 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda (Wellness Rm) 1:30 Yarn Unlimited Club (Hobby Hut) <b>2:00 Retired Nurses Gathering (Players' Lounge)</b>	<b>26 One Meal Day 12:30 - 2:00</b> 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch (Wellness Ctr) <b>12:30-2:00 Sunny Skies &amp; Paradise Beach Party (IL Residents Only)</b> <b>2:00 Entertainment Following Meal</b> 5:00-7:00 Meier Rm (Reservations Only) <b>6:00 Community Water Aerobics \$3</b> 6:30 Card & Game Night (Players' Lounge)	<b>27</b> 8:00 Walking Club 1:00-3:00 Ladies Billiards/ Pool <b>1:30 Book Review: "The Little Paris Bookshop" (Players Lounge)</b> 5:00-7:00 Meier Rm (Reservations Only)	<b>28</b> 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)
<b>29</b> Transportation available for Myerstown Churches 4:30 Vespers (Theatre)	<b>30</b> 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:30-1:30 Gym Time w/Brenda 1:30 Bingo (Theatre) <b>6:30 Perseverance Band (Theatre)*</b>	<b>31</b> 8:00-10:00 Dutchway/Bank/Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 10:45 Water Walking (Pool) <b>1:00 Bible Study (Players' Lounge)</b> 1:30 Yoga Stretch Classes (Wellness Ctr) <b>2:00 Corn Hole/Ladder Ball Game (Front Lawn)</b> <b>6:00 Community Water Aerobics \$3</b> 6:30 Prayer Group				

# July 2018 DETAILS Independent Living - Poplar Run

## ENTERTAINMENT:

7/2 6:30 TG Divergent 7/11 7:00 The King Family 7/16 6:30 Jeremy Goodling  
7/23 3:00 Bobby Newton 7/30 6:30 Perseverance Band

## SHOPPING:

7/5 1:00 Hornings, Goods & Smith's Candies

- 7/2 **Entertainment: TG Divergent 6:30 (Theatre)** – Tom & Greg Strohman, a Father and Son duo, are each unique musicians in their own right. TGDivergent represents the intersection of many genres of music, played on many instruments, spanning many eras and performed in many environments as imagined by just two people. Welcome them back to StoneRidge!
- 7/3 **Sharing Circle 2:30 (Players' Lounge)** – All are welcome to join Sharing Circle for a discussion on Aging Gracefully. Share your thoughts and inspirations with fellow StoneRidge residents.
- 7/5 **Hornings, Goods & Smith's Candies 1:00 Departure** – On this trip you can purchase everything from fruits to socks. Sign-up x3200.
- 7/10 **Lifeguards versus Bathing Beauties 2:30 (Theatre)** – Lifeguards will compete against the Bathing Beauties to see who is superior. Cheer them on and see who will come out the winners. Let's see what they can bring to the game! Volunteers call BA @ x3202.
- 7/11 **Movie Matinee 2:15 (Theatre)** – “Only the Brave” PG-13, Biography, Drama. Starring: Josh Brolin, Miles Teller, Jeff Bridges, Jennifer Connelly, Andie MacDowell, and more. Based on the true story of the Granite Mountain Hotshots, a group of elite firefighters who fought the Yarnell Hill fire in June 2013 and risked everything to protect a town from a historic wildfire.
- 7/11 **Entertainment: The King Family 7:00 (Theatre)** – The King siblings are from the New Holland area and range in age from 15 to 25. Favorite hymns and classic tunes will be presented on instruments including the guitar, mandolin, harp, ukulele and the glass harp. They were amazing the first time they were here in 2016, and now they are back! Very interesting.
- 7/16 **Meet & Mingle 2:30 (Theatre)** – Join Gary and staff to meet the new residents, find out a little about them and welcome them to SRL.
- 7/16 **Entertainment: Jeremy Goodling 6:30 (Theatre)** - Jeremy will provide a musical Ministry Concert of Southern Gospel Music.
- 7/17 **Resident Quarterly Meeting 1:30 (Theatre)** – Find out the latest information regarding important things taking place at SRL.
- 7/18 **Breakfast at Schwalms Restaurant 8:30 Departure** – A Mom and Pop small town restaurant with a good breakfast. Sign-up x3200.
- 7/19 **Tour of Dutch Valley Food Distribution 9:30 Departure** – Tour of a local manufacturing/distribution factory in our neighborhood. You must be mobile for this tour. Canes, walkers and wheelchairs are not allowed. NO open toe or heel shoes or jewelry allowed. You may have to wear gloves over your wedding bands. Hair and beard nets must be worn. Also no peanut allergies due to airborne particles. Products include Jake & Amos, Dutch Barrel, Bulk Foods and A Touch of Dutch. \$2 Transportation. Sign-up x3200
- 7/19 **Tiki Time and Gilligan's Isle Part III 2:30 (Theatre)** – Let's go back to Gilligan's Island and check on the crew. Gilligan, Skipper and the crew are in for a new adventure. Can they succeed in getting off the island! Mocktails and refreshments will be served afterward.
- 7/21 **Creative Haven 2:30 (Player's Lounge)** – Come to enjoy this hour of meditative creativity. The latest craze... coloring for adults.
- 7/23 **Entertainment: Bobby Newton 3:00 (Theatre)** - Bobby is an accomplished performance artist who covers the blues, country, rock, spiritual, Motown, 50's and even yodeling. Come out to hear him as he was well received the last time he was at StoneRidge.
- 7/25 **Depart for Sight & Sound (Where the Bible comes to life).** New show - “Jesus”. Load 9:00; Depart 9:15; Arrive 10:15; Show 11:00; \$63.05 (includes coach bus transportation). Lunch after the show at Hershey Farm Restaurant. Sign-Up x3200.
- 7/26 **Sunny Skies & Paradise 12:30 – 2:00 (Theatre)** – Let's Flamingle! It's one of our famous summer parties featuring a tropical buffet island meal. A tropical cuisine and an assortment of desserts will be available for your enjoyment! The buffet will be available from 12:30 to 2:00 with entertainment to follow. Wear your flowered shirts, shorts and sarongs, grass skirts, sunglasses and flip flops. **Invitations will be distributed with a reply section, which should be returned to the hostess station in the Vistas Dining Room so that dietary can get a count for the meal. Please note: This is a one meal day for IL Residents only.**
- 7/27 **Book Review 1:30 (Players Lounge)** – “The Little Paris Bookshop” by Nina George. For a FREE loaner book contact Dan Nace at extension 3378. Advance notice August book, “Killers of the Flower Moon” by David Grann.
- 7/30 **Perseverance Band 6:30 (Theatre)** - The second band of our summer concert series. The Perse Band, as it is sometimes called, has a widely known reputation for military music as they play throughout PA. Ice Cream treats provided upon your arrival.
- 7/31 **Corn Hole/Ladder Game 2:00 (Front Lawn)** – A game for all ages. Swing the bolo (two balls attached by a rope) onto the ladder to score points to advance in the bracket. If temperature is too hot, the game will be played in the theatre. Players & spectators needed.

**“StoneRidge Has Talent” Show - Tuesday, August 7 - 2:00 (Theatre)** – Express your talent. From singers to dancers, to comedians and novelty acts. You can compete by yourself or with a group. Come and light up our stage! Sign up with Beth Ann x3202.

**Tuesday, August 14th – American Music Theatre – “Songs of the Silver Screen”** – You will be delighted in this live musical journey through the most beloved cinematic hits from movies past and present. This all-new Original Show reminds us of how magical music can be, and how chart topping movie hits have become the soundtracks to our lives. Join in on their awe-inspiring journeys as they take in the sights and sounds of romance, adventure, drama, action, western and fantasy flicks. “Let's Go to the Movies” with *Songs of the Silver Screen*, a non-stop musical adventure filled with instantly recognizable hits from the greatest musical moments in cinematic history. \$27 + \$7 Transportation. Lunch at Plain and Fancy afterward. Sign-up x3200.

**Thursday, August 16<sup>th</sup> – The Jigger Shop (Mt. Gretna)** – 1:30 Departure. I scream, you scream, we all want ICE CREAM! Nestled in the woods of Mt. Gretna is an ice cream parlor with interesting sundaes: Beignet, Fireside S/mores, Baked Alaska. \$2 Transp. Sign-up x3200

**Thursday, October 11 – Dutch Apple - “Sister Act”** - Departure 10:15; Buffet at 11:45; Play at 1:15. \$60.00 per person (includes meal, play and coach bus transportation). A feel-amazing musical comedy smash based on the movie. Deloris, a wannabe diva whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look – a convent! In turn she helps the secluded sisters find their voices. Sister Act is a reason to rejoice! Lots of laughs. Sign-up x3200.