

JUNE 2018

Please note time changes
of some wellness activities.

Calendar subject to change.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | |
|--|--------|---|-----------|--|--------|--|--|---|---|
| <p>3 Transportation available for Myerstown Churches 2:00 Zion United Methodist Concert Band (Theatre)* 4:30 Vespers (Theatre)</p> | | <p>4 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 2:00-3:00 Sundaes Fun Day (Ice Cream Sundaes in the Courtyard)</p> | | <p>5 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Class (Wellness Ctr) 2:30 Sharing Circle-(Player's Lounge) 6:00 Community Water Aerobics \$3 6:30 Prayer Group</p> | | <p>6 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:00 Exec. Com. Mtg (Players' Lounge) 11:15 Meditation/Relaxation (Wellness Rm) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge) 6:30-8:30 Grief Sharing (Players' Lounge) 7:00 Entertainment: Glenn Miller (Theatre)*</p> | | <p>7 7:30 a.m. Depart for Baltimore Inner Harbor Aquarium, etc. trip cancelled 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch Class (Wellness Ctr) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)</p> | <p>1 10:00 Strawberry Preparation (Hobby Hut) 1:00-3:00 Ladies Billiards/Pool</p> <p>2 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)</p> |
| <p>10 Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p> | | <p>11 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 10:30 Library Mtg (Library) 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre)</p> | | <p>12 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Class (Wellness Ctr) 1:30 Food Comm. Mtg 6:00 Community Water Aerobics \$3 6:30 Prayer Group</p> | | <p>13 7:30-9:30 Breakfast Buffet in Vistas \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:15 Movie Matinee (Theatre) "The Greatest Showman"* 6:30-8:30 Grief Sharing (Players' Lounge)</p> | | <p>14 Flag Day 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch Class (Wellness Ctr) 1:30 Ice Cream @ Boehringer's Drive In (Cash Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)</p> | <p>15 10:30 Game of Croquet (Front Lawn) 1:00 Walmart OR Lebanon Plaza (Kohls, Dollar Tree, etc.) 1:00-3:00 Ladies Billiards/Pool</p> <p>16 9:00-11:00 Billiards/Pool Club 2:00 Creative Haven (Players' Lounge) 6:30 Brothers In Grace (Theatre)* No Saturday Night Movie</p> |
| <p>17 Father's Day Transportation available for Myerstown Churches 4:30 Vespers (Theatre)</p> | | <p>18 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:00 Golf Chipping Contest (Front Lawn) 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre)</p> | | <p>19 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Class (Wellness Ctr) 2:30 Wellness Talk (Theatre) 6:00 Community Water Aerobics \$3 6:30 Prayer Group</p> | | <p>20 8:00 Walking Club 8:30 Breakfast @ Funks (on your own) 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:00 Veteran's Meeting-The McDevitt's-18th Century* 2:30-3:30 Blood Pressure (Clinic Room)* 4:30 Birthday Dinner (Music-B Koons) Meier Room 6:30-8:30 Grief Sharing (Players' Lounge)</p> | | <p>21 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch Class (Wellness Ctr) 3:00 Entertainment: Teen Challenge (Theatre)* 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge)</p> | <p>22 1:00-3:00 Ladies Billiards/Pool 1:30 Book Review: "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed (Players' Lounge)</p> <p>23 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)</p> |
| <p>24 Transportation available for Myerstown Churches 4:30 Vespers (Theatre) Holy Communion</p> | | <p>25 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness) 12:45-1:45 Gym Time w/Brenda 1:30 Bingo (Theatre) 6:00 Alzheimer's Support (Player's Lounge) 6:30 Summer Concert Series-Keystone Band of Rehrersburg (Theatre)*</p> | | <p>26 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Water Walking (Pool) 1:00 Bible Study (Players' Lounge) 1:30 Yoga Stretch Class (Wellness Ctr) 5:15 Load, 5:30 Depart for Reading Fightin Phils Game Time 7:15 6:00 Community Water Aerobics \$3 6:30 Prayer Group</p> | | <p>27 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:15 Meditation/Relaxation (Wellness Ctr) 12:45-1:45 Gym Time w/Brenda 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Retired Nurses Gathering (Players' Lounge) 6:30-8:30 Grief Sharing (Players' Lounge)</p> | | <p>28 9:00 Open Swim 10:00 Senior Aquatic Exercise 11:00 Yoga Stretch Class (Wellness Ctr) 1:30 Bean Bag Baseball (Wellness Ctr) 5:00-7:00 Meier Rm (Reservations Only) 6:00 Community Water Aerobics \$3 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: Patty Carver (Theatre)*</p> | <p>29 1:00-3:00 Ladies Billiards/Pool 5:00-7:00 Meier Rm (Reservations Only)</p> <p>30 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie (Cinema)</p> |

June 2018 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

6/3 2:00 Zion United Methodist Concert Band 6/6 7:00 Glenn Miller 6/16 6:30 Brothers In Grace
6/21 3:00 Teen Challenge 6/25 6:30 Keystone Band of Rehrersburg 6/28 6:30 Patty Carver

SHOPPING:

6/15 1:00 Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree)

- 6/1 **Prepare Strawberries for GSH Street Fair 10:00 (Hobby Hut)** - Join us in washing, slicing, and dicing strawberries for the Good Samaritan Hospital Street Fair. Please bring a bowl and a paring knife. Volunteers are greatly needed. Sign-up at x3200.
- 6/3 **Entertainment: Zion United Methodist Orchestra 2:00 (Theatre)** –This concert/symphonic orchestra plays sacred band music and will entertain you with an assortment of music. I hear there is a trombone player, a pianist/tuba player and a saxophone player that really knows their stuff! Come out and enjoy their fantastic sound!
- 6/4 **Sundae Fun Day 2:00 (Courtyard)** – Enjoy an ice cream sundae made your way on the Courtyard Patio! We'll dish the ice cream – you add the toppings!
- 6/5 **Sharing Circle 2:30 (Players' Lounge)** – Topic "Friendship". How does friendship affect your health; How would your best friend describe you; What are some characteristics of a good friend; Do you consider yourself a good friend; Join us to discuss and share.
- 6/6 **Entertainment: Glenn Miller 7:00 (Theatre)** – The BIG one man band! This BIG one man band is very enthusiastic! He's an entertainer, musician and joke teller. You will hear a variety of styles of music. Always fun and entertaining!
- 6/7 **Baltimore Inner Harbor/Aquarium** – Cancelled due to lack of participation.
- 6/8 **Golf Putting Contest 10:30 (Putting Green-Courtyard)** - Participate in a putting competition. Bring your club! Prizes awarded.
- 6/13 **Movie Matinee 2:15 (Theatre)** – "The Greatest Showman" PG, Biography, Drama, Musical. Starring: Hugh Jackman, Michelle Williams, Zac Efron. The story of Barnum and Baily Circus. Orphaned, penniless and with an imagination and fresh ideas, Phineas Taylor Barnum will be remembered as the man with the gift to blur the line between reality and fiction. Thirsty for innovation and success, Phineas opens a wax museum but shifts focus to the unique and peculiar, introducing extraordinary, never-seen-before live acts on the circus stage. Some will call this wide collection of oddities a freak show; however, when the obsessed showman gambles everything on the opera singer he will lose sight of the most important aspect of his life: his family.
- 6/14 **Ice Cream @ Boehringer's Drive-In 1:30 Departure** – I scream, you scream, we all scream for ice cream or maybe a milkshake! We'll travel to Boehringer's Drive-In located in Adamstown. **CASH ONLY.** No credit or debit cards taken. Sign-up x3200
- 6/15 **Croquet 10:30 (Front Lawn)** – Join us for an old fashion lawn game of croquet. Spend an afternoon reminiscing while playing one of your favorite childhood games. Chairs will be provided if you would just like to watch.
- 6/16 **Entertainment: Brothers In Grace 6:30 (Theatre)** – Based in south-central PA and ministering throughout the Mid-Atlantic region, delighting audiences with their unique Southern Gospel style music and tight harmony. The quartet feels blessed that the Lord has enabled them to serve Him through this manner which also provides a message of encouragement and hope to the listener.
- 6/18 **Golf Chipping Competition 11:00 (Front Yard-weather permitting)** – Join us in a friendly chipping challenge. Bring your club!
- 6/19 **Wellness Talk 2:30 (Theatre)** – Healthy Vision and eye health presented by SouthEastern.
- 6/20 **Breakfast at Funks Restaurant 8:30 Departure** – One of my favorite meals to eat out...breakfast! Omelets, Pancakes, Eggs Benedict or maybe just a piece of their famous chocolate cake with peanut butter icing. Yum! Sign-up x3200.
- 6/20 **Veteran's Meeting 1:00 (Theatre)** – In full authentic costumes Joseph and Dolores McDevitt will take you back to the 18th century, a period that shaped the American dream. They will present facts and events and talk about the known and unknown men and women of this period. Everyone is welcome to attend.
- 6/21 **Entertainment: Teen Challenge 3:00 (Theatre)** – The Pennsylvania adult and teen challenge male chorus will present an inspiring program of music and testimony to God's transforming power and love.
- 6/22 **Book Club 1:30 (Players Lounge)** – "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed. For a FREE loaner book contact Dan Nace at extension 3378. Advance notice July book "The Little Paris Bookshop" by Nina George.
- 6/25 **Keystone Band of Rehrersburg 6:30 (Theatre)** - The first band of our summer concert series. Musicians committed to providing musical service and education to our local communities. Originating in 1888, the band is one of the oldest concert bands in the nation.
- 6/26 **Reading Fightin Phils Game 5:15 Load; 5:30 Departure** - 7:15 Game time. Take me out to the ball game and root, root, root for the home team. "Free" tickets sponsored by the Chamber of Commerce. Transportation \$7.00 on coach bus. Food not included. Sign-Up x3200
- 6/28 **Entertainment: Patty Carver 6:30 (Theatre)** – She's one of your favorite entertainers performing a "Patriotic Tribute to Irving Berlin". Count Your Blessings, Blue Skies and many more!

Grief Sharing: Wednesdays at 6:30. Each week see a video on grief and recovery; spend time as a support group discussing what was presented. You will then have the opportunity to use a workbook for further personal study. See Dana Logan x3507 for further information.

Thursday, July 19 – Tour of Dutch Valley Food Distribution 9:30 Departure – Tour of a local manufacturing/distribution factory in our neighborhood. This tour involves a lot of walking. Canes, walkers and wheelchairs are not allowed. NO open toe or heel shoes or jewelry allowed. May have to wear gloves over your wedding bands. Hair and beard nets must be worn. Also no peanut allergies due to airborne particles. Products include Jake & Amos, Dutch Barrel, Bulk Foods and A Touch of Dutch. \$2 Transportation. Sign-up x3200

Wednesday, July 25 – Sight & Sound (Where the Bible comes to life). New show - "Jesus". Load 9:00; Depart 9:15; Arrive 10:15; Show 11:00; \$63.05 (includes coach bus transportation). Jesus is the musical stage adventure about the most famous person ever to walk the earth and the everyday people whose lives he changed forever. Lunch after the show at Hershey Farm Restaurant. Sign-Up x3200.

Thursday, October 11 – Dutch Apple - "Sister Act" - Departure 10:15; Buffet at 11:45; Play at 1:15. \$60.00 per person (includes meal, play and coach bus transportation). A feel-amazing musical comedy smash based on the movie. Deloris, a wannabe diva whose life takes a surprising turn when she witnesses a murder and the cops hide her in the last place anyone would think to look – a convent! In turn she helps the secluded sisters find their voices. Sister Act is a reason to rejoice! Sign-up x3200.