

November 2017

GIVE THANKS!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 10:00 Exec. Com. Mtg (Players' Lounge) 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Expediting Committee (Players' Lounge)	2 9:00 Senior Aquatic Exercise 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda 6:00-6:45 Comm. Water Aerobics 6:30 Card & Game Night (Players' Lounge) 7:00 Entertainment: Mike Hertzog Trio (Theatre)*	3 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 2:30 Creative Haven (Players' Lounge)	4 9:00-11:00 Billiards/Pool Club 4:30-7:30 Myerstown Cheerleading Spaghetti Dinner @ Myerstown UCC (See SRTV for details) 6:30 Saturday Night Movie
5 Daylight Saving Time Ends Transportation available for Myerstown Churches 4:30 Vespers	6 8:00 Walking Club 9:00 Quilting (Threads) 9:00 Fitness Fusion 10:00 Senior Sit & Be Fit 1:30 Bingo (Theatre)	7 Election Day 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) 1:00 Bible Study (Player's Lounge) 12:30 – 1:30 Gym Time w/Brenda 6:00-6:45 Comm. Water Aerobics 6:30 Prayer	8 7:30-9:30 Breakfast Buffet in Vistas. \$5-Resident, \$6 Guest 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) 2:15 Movie Matinee (Theatre) "War Horse"*	9 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Planning the 2018 Calendar (Player's Lounge) 12:30-1:30 Gym Time w/Brenda 3:00 Belle Tones (Theatre)* 6:00-6:45 Comm. Water Aerobics 6:30 Card & Game Night (Players' Lounge)	10 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 2:30 Veteran's Day Program (Theatre)*	11 Veteran's Day 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie
12 Transportation available for Myerstown Churches 2:00 Leb. Cty Comm. Concert (Sign-up for Transp. x3200) 4:30 Vespers	13 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 10:30 Library Mtg 1:30 Bingo (Theatre) 2:30 Informal Gathering & Meet & Mingle (Theatre) 6:30 Entertainment: Glenn Miller (Theatre)*	14 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) 1:00 Bible Study (Player's Lounge) 1:30 Food Comm. Mtg 12:30 – 1:30 Gym Time w/Brenda 6:00-6:45 Comm. Water Aerobics 6:30 Prayer	15 8:00 Walking Club 8:30 Breakfast @ Cracker Barrel (on your own) 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) 2:30-3:30 Blood Pressure (Clinic)* 2:30 Sharing Circle (Player's Lounge)* 4:30 Birthday Dinner (Music-B Koons)	16 9:00 Senior Aquatic Exercise 10:00 Open Swim 12:30-1:30 Gym Time w/Brenda 1:00 Walmart OR Lebanon Plaza (Kohl's, Dollar Tree, etc.) 6:00-6:45 Comm. Water Aerobics 6:30 Card & Game Night (Players' Lounge) 6:30 Entertainment: Patty Carver (Theatre)*	17 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool 1:30 Book Review: "Hunting Eichmann" (Hobby Hut)	18 9:00-11:00 Billiards/Pool Club 6:30 Saturday Night Movie
19 Transportation available for Myerstown Churches 4:30 Vespers 7:00 Myerstown Community Thanksgiving Service (Theatre). Bring a non-perishable food item for offering	20 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 1:30 Bingo (Theatre) 3:00 Entertainment: Nick DiSanto (Theatre)* 6:00 Alzheimer's Caregivers Support Grp (Player's Lounge)	21 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) 1:00 Bible Study (Player's Lounge) 12:30 – 1:30 Gym Time w/Brenda 2:30 Wellness Talk (Theatre) 6:00-6:45 Comm. Water Aerobics 6:30 Prayer	22 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) 2:00 Retired Nurses Gathering (Players' Lounge)	23 Thanksgiving Day One Meal Day 11:00-2:00 No Fitness Classes 6:30 Card & Game Night (Players' Lounge) Wishing you and your family a very happy and blessed Thanksgiving!	24 8:00 Walking Club 1:00-3:00 Ladies Billiards/Pool	25 9:00-11:00 Billiards/Pool Club 2:30 Creative Haven (Players' Lounge) 6:30 Saturday Night Movie
26 Transportation available for Myerstown Churches 4:30 Vespers	27 8:00 Walking Club 9:00 Fitness Fusion 9:00 Quilting (Threads) 10:00 Senior Sit & Be Fit 1:30 Bingo (Theatre)	28 8:00-10:00 Dutchway, Bank, Dry Cleaners 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Yoga Stretch Classes (Wellness Ctr) 1:00 Bible Study (Player's Lounge) 12:30 – 1:30 Gym Time w/Brenda 6:00-6:45 Comm. Water Aerobics 6:30 Prayer	29 8:00 Walking Club 9:00 Fitness Fusion 9:00-11:00 Billiards/Pool Club 10:00 Senior Sit & Be Fit 11:00 Water Walking (Pool) 1:30 Yarn Unlimited Club (Hobby Hut) 3:00 Entertainment: Michael Kropp (Theatre)*	30 9:00 Senior Aquatic Exercise 10:00 Open Swim 11:00 Crafts (Hobby Hut) 2:00 Bean Bag Baseball (Wellness Ctr.) 5:00-7:00 Meier Rm (Reservations only) 6:00-6:45 Comm. Water Aerobics 6:30 Card & Game Night (Players' Lounge)	*Please See Reverse Side For Important Details*	

November 2017 DETAILS Independent Living - Poplar Run

ENTERTAINMENT:

11/2	7:00	Mike Hertzog Trio	11/9	3:00	Belle Tones	11/13	6:30	Glen Miller
11/16	6:30	Patty Carver	11/20	3:00	Nick DiSanto	11/29	3:00	Michael Kropp

SHOPPING:

11/16	1:00	Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree)
-------	------	---

- 11/2 **Entertainment: Mike Hertzog Trio 7:00 (Theatre)** – Playing Bluegrass, Gospel and Country Music. Quality Musical entertainment for the whole family.
- 11/3 & 11/25 **Creative Haven 2:30 (Players' Lounge)** – “Color Me Calm”. Join us in the Player's Lounge for this relaxation technique.
- 11/8 **Movie Matinee 2:15 (Theatre)** – “War Horse” Rated PG-13, Drama, Starring: Jeremy Irvine, Emily Watson, David Thewlis. Set against a sweeping canvas of rural England and Europe during the First World War, "War Horse" begins with the remarkable friendship between a horse named Joey and a young man called Albert, who tames and trains him. When they are forcefully parted, the film follows the extraordinary journey of the horse as he moves through the war, changing and inspiring the lives of all those he meets-British cavalry, German soldiers, and a French farmer and his granddaughter-before the story reaches its emotional climax in the heart of No Man's Land. Separated by war, tested by battle, bound by friendship.
- 11/9 **Planning of the 2018 Calendar 11:00 (Player's Lounge)** – Help plan the 2018 events! Beth Ann is looking for suggestions regarding trips, entertainment, wellness, games, etc. Tell us what you want to see and do in the coming New Year.
- 11/9 **Entertainment: The Belle Tones 3:00 (Theatre)** - The Belle Tones are a beautiful, classy, sexy, All-American female trio that sings, dances, tells jokes, and honors our Veterans. Influenced by the "Great Groups in Music History", their repertoire includes popular music from the 1920's, 30's, 40's, 50's, 60's, 70's, and 80's as well as countless Patriotic Tunes, Broadway Classics, Jazz, and Holiday Music. If you love the Andrews Sisters, The McGuire Sisters, and love your Country, you will LOVE the Belle Tones. Hailing from New York City but with Pennsylvania roots, StoneRidge is excited to welcome them back to our Theatre!
- 11/10 **Veteran's Day Program 2:30 (Theatre)** – Honoring all Veterans. Speaker: Randy Plummer, Administrative Officer, will be speaking about Indiantown Gap National cemetery and national Cemeteries in general. He will cover eligibility, what is included in the burial benefit, and also dispelling rumors about the cemetery that seem to propagate themselves throughout the community. Special music by Jessica Weidman; posting of the colors by the Pine Grove JROTC, and a special presentation to the StoneRidge Veterans. Family and friends are all welcome.
- 11/13 **Entertainment: Glenn Miller 6:30 (Theatre)** – This BIG one man band is very enthusiastic! He's an entertainer, musician and joke teller. You will hear a variety of styles of music. Always fun and entertaining!
- 11/15 **Breakfast @ Cracker Barrel 8:30** – Go out for breakfast at a local diner with your SRL friends. \$ on your own. Sign-up X3200.
- 11/15 **Sharing Circle 2:30 (Player's Lounge)** – Topic: “Gratitude”. Share your experiences on the things you are most grateful for in our open table discussion in the month of “Thankfulness”. All are welcome!
- 11/16 **Entertainment: Patty Carver 6:30 (Theatre)** – Patty tells the stories in an inventive and engaging event focusing on five noted American Women who were all the “first” to do something. Including: Dolly Madison tells her story of saving the Declaration of Independence during the War of 1812 and how she served as the “Hostess in the President's House” for sixteen years; Elizabeth Blackwell was the first American Woman to become a doctor. She tells the story of her first day at medical school; Nellie Bly was the first under cover reporter. She tells of the story of how she spent ten days in Blackwell's Island...New York's notorious madhouse; Belva Lockwood, in 1884, was the first woman to run for President. Belva Lockwood also sings and talks about Eleanor Roosevelt, the remarkable American Woman who never wanted to be a president's wife, but came to be known as “First Lady of the World”.
- 11/17 **Book Club 1:30 (Hobby Hut)** – The book club will be reading "Hunting Eichmann". Author: Neal Bascomb. How a Band of Survivors and a Young Spy Agency Chased Down the World's Most Notorious Nazi.
- 11/19 **Thanksgiving Service 7:00 (Theatre)** – StoneRidge will be hosting the Myerstown Community Thanksgiving Service and are asking those who attend to bring “nonperishable” food items for the offering that evening. All items will be donated to the Sharing Cupboard of Myerstown.
- 11/20 **Entertainment: Nick DiSanto 3:00 (Theatre)** - Nick DiSanto is a musician and sculptor from Lancaster, Pennsylvania. Traveling the world with his guitar and a multifunctional contrivance known as the DiSantomophone, Nick performs his one-man show wherever audiences might gather. He has brought his one-man parade to countless fairgrounds, retirement communities, street corners, Vaudeville theaters, wedding halls, and pubs throughout the United States, Canada, and Japan. Nick's enthusiasm for designing, building, and playing his musical contraptions is boundless, as is his love for the ageless American music that comprises his repertoire.
- 11/20 **Alzheimer's Caregivers Support Group 6:00 (Players' Lounge)** – Speaker: Susan Tipton, Seniors Helping Seniors. Topic: “Caregiving Tips”.
- 11/21 **Wellness Talk 2:30 (Theatre)** – SouthEastern Home Health Care will give a presentation on “Diabetes Awareness”. Learn some of the signs and symptoms of one of the most common diagnosis sweeping our population.
- 11/29 **Entertainment Michael Kropp 3:00 (Theatre)** – Michael plays acoustic favorites from the 60's through the early 90's. Many of you enjoyed him back in July. Just a man and his guitar! Great music!