
















| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|---|---|--|---|--|--|--|
|  <p><b>1</b><br/>8:00 Walking Club<br/>9:00 Quilting (Threads)<br/>9:00 Fitness Fusion<br/>10:00 Senior Sit &amp; Be Fit<br/><b>10:30 Maypole Dance Rehearsal (Theatre)</b><br/>1:30 Bingo (Theatre)<br/><b>2:30 Maypole Dance &amp; Celebration (Theatre)*</b></p>  | <p><b>8</b><br/>8:00 Walking Club<br/>9:00 Quilting (Threads)<br/>9:00 Fitness Fusion<br/>10:00 Senior Sit &amp; Be Fit<br/><b>10:30 Library Mtg</b><br/>1:30 Bingo (Theatre)<br/><b>3:00 Entertainment-Bobby Newton*</b></p>  | <p><b>2</b><br/>8:00-10:00 Dutchway, Bank, Dry Cleaners<br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>11:00 Yoga Stretch Classes (Wellness Ctr)</b><br/><b>1:00 Bible Study (Players' Lounge)</b><br/><b>12:30 – 1:30 Gym Time w/Brenda</b><br/><b>2:30 Crafts (Hobby Hut)</b><br/>6:30 Prayer</p>   | <p><b>3</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00-11:00 Billiards/Pool Club<br/>10:00 Senior Sit &amp; Be Fit<br/><b>10:30 Exec. Com. Mtg (Players' Lounge)</b><br/><b>11:00 Water Walking (Pool)</b><br/>1:30 Yarn Unlimited Club (Hobby Hut)<br/><b>2:00 Expediting Committee (Players' Lounge)</b><br/><b>6:30 Entertainment: New Earth Band (Theatre)*</b></p>  | <p><b>4 National Day of Prayer</b><br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/>12:30-1:30 Gym Time w/Brenda<br/><b>2:00 National Day of Prayer Gathering (Theatre)</b><br/>5:00-7:00 Meier Rm (Reservations Only)<br/>6:30 Card &amp; Game Night (Players' Lounge)</p>   | <p><b>5</b><br/>8:00 Walking Club<br/><b>2:00 Kentucky Derby (Theatre)</b><br/><b>6:30 Creative Haven (Players' Lounge)</b><br/>5:00-7:00 Meier Rm (Reservations Only)</p>  | <p><b>6</b><br/><b>9:00-11:00 Billiards/Pool Club</b><br/>6:30 Saturday Night Movie (Cinema)</p>   |
| <p><b>7</b><br/>Transportation available for Myerstown Churches<br/><b>2:00 Bill Gaither DVD (Theatre)</b><br/>4:30 Vespers</p>   | <p><b>9</b><br/>8:00-10:00 Dutchway, Bank, Dry Cleaners<br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>11:00 Yoga Stretch Classes (Wellness Ctr)</b><br/><b>1:00 Bible Study (Players' Lounge)</b><br/><b>1:30 Food Comm. Mtg</b><br/><b>12:30 – 1:30 Gym Time w/Brenda</b><br/>6:30 Prayer</p>    | <p><b>10</b><br/><b>7:30-9:30 Breakfast Buffet in Vistas. \$4-Resident, \$5 Guest</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00-11:00 Billiards/Pool Club<br/>10:00 Senior Sit &amp; Be Fit<br/><b>11:00 Water Walking (Pool)</b><br/>1:30 Yarn Unlimited Club (Hobby Hut)<br/><b>2:15 Movie Matinee (Theatre) "Lion"*</b></p>             | <p><b>11</b><br/><b>9:00 Depart for Longwood Gardens</b><br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/>12:30-1:30 Gym Time w/Brenda<br/><b>1:00 Trip to Heisler's Cloverleaf Dairy (Mini Golf &amp; Ice Cream)</b><br/>5:00-7:00 Meier Rm (Reservations Only)<br/>6:30 Card &amp; Game Night (Players' Lounge)</p>   | <p><b>12</b><br/>8:00 Walking Club<br/><b>1:00 Walmart OR Lebanon Plaza (Kohls, Dollar Tree, etc.)</b><br/>5:00-7:00 Meier Rm (Reservations Only)</p>  | <p><b>13</b><br/><b>9:00-11:00 Billiards/Pool Club</b><br/>6:30 Saturday Night Movie (Cinema)</p>  |  |
| <p><b>14 Mother's Day</b><br/>Transportation available for Myerstown Churches<br/>4:30 Vespers</p>   | <p><b>15</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00 Quilting (Threads)<br/>10:00 Senior Sit &amp; Be Fit<br/>1:30 Bingo (Theatre)<br/><b>3:00 Outdoor Games (Front Lawn)</b><br/><b>6:00 Alzheimer's Caregivers Support Grp (Players' Lounge)</b></p>   | <p><b>16 Municipal Primary Election</b><br/>8:00-10:00 Dutchway, Bank, Dry Cleaners<br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>11:00 Yoga Stretch Classes (Wellness Ctr)</b><br/><b>1:00 Bible Study (Players' Lounge)</b><br/><b>2:30 Wellness Talk (Players' Lounge)</b><br/><b>12:30 – 1:30 Gym Time w/Brenda</b><br/>6:30 Prayer</p>  | <p><b>17</b><br/>8:00 Walking Club<br/><b>8:30 Breakfast @ Esther's Diner (on your own)</b><br/>9:00 Fitness Fusion<br/>9:00-11:00 Billiards/Pool Club<br/>10:00 Senior Sit &amp; Be Fit<br/><b>11:00 Water Walking (Pool)</b><br/><b>2:30-3:30 Blood Pressure (Clinic Room)*</b><br/>1:30 Yarn Unlimited Club (Hobby Hut)<br/><b>4:30 Birthday Dinner (Music-B Koons)</b></p>     | <p><b>18</b><br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>10:30 Trip to Kreider's Greenhouse</b><br/>12:30-1:30 Gym Time w/Brenda<br/>5:00-7:00 Meier Rm (Reservations Only)<br/>6:30 Card &amp; Game Night (Players' Lounge)<br/><b>5:00 – 9:00 Senior Prom (Theatre)</b><br/><b>Tickets Required in Advance</b></p>   | <p><b>19</b><br/>8:00 Walking Club<br/><b>10:50 Depart for "A Tea Affair" (Lititz)</b><br/>5:00-7:00 Meier Rm (Reservations Only)</p>                                     | <p><b>20</b><br/><b>9:00-11:00 Billiards/Pool Club</b><br/>6:30 Saturday Night Movie (Cinema)</p>  |
| <p><b>21</b><br/>Transportation available for Myerstown Churches<br/>4:30 Vespers</p>   | <p><b>22</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00 Quilting (Threads)<br/>10:00 Senior Sit &amp; Be Fit<br/><b>11:00 Sharing Circle - (Player's Lounge)</b><br/>1:30 Bingo (Theatre)</p>   | <p><b>23</b><br/>8:00-10:00 Dutchway, Bank, Dry Cleaners<br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>11:00 Yoga Stretch Classes (Wellness Ctr)</b><br/><b>1:00 Bible Study (Players' Lounge)</b><br/><b>12:30 – 1:30 Gym Time w/Brenda</b><br/>6:30 Prayer<br/><b>7:00 Entertainment: Lebanon County Youth Chorus (Theatre)*</b></p>  | <p><b>24</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00-11:00 Billiards/Pool Club<br/>10:00 Senior Sit &amp; Be Fit<br/><b>11:00 Water Walking (Pool)</b><br/><b>1:00 Veteran's Meeting (Theatre)*</b><br/>1:30 Yarn Unlimited Club (Hobby Hut)<br/><b>2:00 Retired Nurses Gathering (Players' Lounge)</b></p>  | <p><b>25</b><br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/>12:30-1:30 Gym Time w/Brenda<br/><b>2:00 Bean Bag Baseball</b><br/>5:00-7:00 Meier Rm (Reservations Only)<br/><b>6:30 Entertainment: Puppet Show &amp; Comedy Act (Theatre)*</b><br/>6:30 Card &amp; Game Night (Players' Lounge)</p>  | <p><b>26</b><br/>8:00 Walking Club<br/><b>9:00 Exton Square Mall</b><br/><b>1:30 Book Review: "My Sister's Keeper" (Players' Lounge)</b><br/>5:00-7:00 Meier Rm (Reservations Only)</p>  | <p><b>27</b><br/><b>9:00-11:00 Billiards/Pool Club</b><br/><b>2:30 Creative Haven (Players' Lounge)</b><br/>6:30 Saturday Night Movie (Cinema)</p> |
| <p><b>28</b><br/>Transportation available for Myerstown Churches<br/>4:30 Vespers</p>   | <p><b>29 Memorial Day</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00 Quilting (Threads)<br/>10:00 Senior Sit &amp; Be Fit<br/>1:30 Bingo (Theatre)</p>   | <p><b>30</b><br/>8:00-10:00 Dutchway, Bank, Dry Cleaners<br/>9:00 Senior Aquatic Exercise<br/>10:00 Open Swim<br/><b>11:00 Yoga Stretch Classes (Wellness Ctr)</b><br/><b>1:00 Bible Study (Players' Lounge)</b><br/><b>12:30 – 1:30 Gym Time w/Brenda</b><br/>6:30 Prayer</p>   | <p><b>31</b><br/>8:00 Walking Club<br/>9:00 Fitness Fusion<br/>9:00-11:00 Billiards/Pool Club<br/>10:00 Senior Sit &amp; Be Fit<br/><b>11:00 Water Walking (Pool)</b><br/>1:30 Yarn Unlimited Club (Hobby Hut)<br/><b>3:00 Entertainment: Bonnie Koons (Theatre)*</b></p>    | <p><b>May / 2017</b> </p> <p><b>*Please See Reverse Side For Important Details*</b><br/><b>Be Our Guest!</b></p>  |  |  |

## May 2017 DETAILS Independent Living - Poplar Run

### ENTERTAINMENT:

|      |      |                             |      |      |                      |      |      |              |
|------|------|-----------------------------|------|------|----------------------|------|------|--------------|
| 5/1  | 2:30 | Bill Minnich                | 5/3  | 6:30 | New Earth Band       | 5/8  | 3:00 | Bobby Newton |
| 5/23 | 7:00 | Lebanon County Youth Chorus | 5/25 | 6:30 | Puppet Show & Comedy | 5/31 | 3:00 | Bonnie Koons |

### SHOPPING:

|      |      |   |      |      |                |
|------|------|---|------|------|----------------|
| 5/12 | 1:00 | Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree) | 5/26 | 9:00 | Exton Mall     |
| 6/16 | 1:00 | Walmart OR Lebanon Plaza (Kohls, TJ Max, \$ Tree) | 6/29 | 9:00 | Kitchen Kettle |

- 5/1 **Maypole Dance & Celebration 2:30 (Theatre)** – Join Ella and Beth Ann perform the Maypole Dance and celebrate the first of May! We are looking for 12 individuals to begin the first dance. Sign-Up with Ella in the Vista Dining Room. Rehearsal at 10:30. Music will be provided by Bill Minnich. Light refreshments will be provided.
- 5/2 **Crafts 2:30 (Hobby Hut)** – Help Beth Ann paint and make decorations for the Kentucky Derby.
- 5/3 **New Earth Band 6:30 (Theatre)** – No frills, no fluff, just good-time, throw-back, Country Gospel music straight from the heart!
- 5/5 **Kentucky Derby 2:00 (Theatre)** – “And they’re off! The best race isn’t in Kentucky-it’s in Myerstown, PA! Trot on over to the Theatre wearing your “SRL designer hats” and express your inner Southern Belle. Remember...it’s all about the HATS! Cheer on your favorite jockeys when the bugle is blown and the “Run for the Roses” begins! Southern comfort refreshments will be provided.
- 5/5 & 5/27 **Creative Haven (Players’ Lounge)** – “Color Me Calm”. Join us in the Player’s Lounge for this relaxation technique.
- 5/7 **Bill Gaither Gospel Series “Journey to the Sky” 2:00 (Theatre)** – Enjoy DVD show and music of Gospel Singer, Bill and Gloria Gaither and their homecoming friends filmed at the Indiana Roof Ballroom.
- 5/8 **Bobby Newton 3:00 (Theatre)** – Bobby is an accomplished performance artist who covers the blues, country, rock, spiritual, Motown, 50’s and even yodeling. Come out to hear him as he performs for his first time at StoneRidge.
- 5/10 **Movie Matinee 2:15 (Theatre)** – “Lion” – PG-13. Biography, Drama. Starring Dev Patel and Nicole Kidman. Based on a true story. A five-year-old Indian boy gets lost on the streets of Calcutta, thousands of kilometers from home. He survives many challenges before being adopted by a couple in Australia. 25 years later, he sets out to find his lost family. An unforgettable story.
- 5/11 **Trip to Heisler’s Cloverleaf Dairy 1:00 (Tamaqua)** – Sample one of the 40 flavors of homemade ice cream, play a round of miniature golf or visit their gift shop. Sign-up x3200.
- 5/15 **Outdoor Lawn Games 3:00 (Front Lawn)** – Play lawn games or just sit under the shade tree and watch the competition.
- 5/15 **Alzheimer’s Caregivers Support Group 6:00 (Players’ Lounge)** –Jeremy Keiter, Executive Director, Traditions of Hershey (also the co-founder of the Support Group). Topic: Dealing with grief and guilt. Moving a loved one into a community or caregiving facility.
- 5/16 **Wellness Talk 2:30 (Players Lounge)** – Presenter Melanie Wells of Wellspan will discuss the topic - “The Benefits of Walking”.
- 5/17 **Breakfast @ Esther’s Diner 8:30 Departure** - \$ on your own. Sign-up at x3200.
- 5/18 **Trip to Kreider’s Greenhouse 10:30** – Stroll through the greenhouses and purchase some flowers for planting. Sign-up x3200.
- 5/18 **Senior Prom: “Happily Ever After” 5:00-9:00 (Theatre)** – Dinner & Dancing - Music by the Uptown Band. 5:00 p.m. to 9:00 p.m. \$15 Residents, \$30 Non-Resident. Menu Choice: Veal Oscar; Raspberry Chicken; Vegetarian Meal. See Stacia Dial for tickets.
- 5/19 **A Tea Affair 10:50 (Lititz)** – Visit this quaint tea room for a lovely, enjoyable afternoon. 1<sup>st</sup> Course: Individual Pot of Tea & Scones; 2<sup>nd</sup> Course: Salad & Quiche; 3<sup>rd</sup> Course: 3 Pastries \$23.90 includes tax and gratuity. A wide assortment of teas and accessories are available for purchase. Sign-up x3200.
- 5/22 **Sharing Circle 11:00 (Player’s Lounge)** – Do you struggle with the art of Patience? Join the Sharing Circle and explore new ideas in gaining more patience in your life.
- 5/23 **Lebanon County Youth Chorus 7:00 (Theatre)** – Under the direction of David Mast, a youth chorus will present a Capella Christian music with a mixture of hymns, gospel songs and choral music. A magnificent youth gospel chorus!
- 5/24 **Veteran’s Meeting 1:00 (Theatre)** – Speaker: John Bailey – “Retracing my Father’s steps through France”. Open to the public. All are welcomed to attend.
- 5/25 **Puppet Show & Comedy Act 6:30 (Theatre)** – Francy Lindenmuth and children of Zion EC Church Group will put on a puppet show titled, “Papa John’s Musical Garden”. Afterward, Ruth Kissinger & Mae Anna Tice will present a stand-up comedy act.
- 5/26 **Shopping @ Exton Square Mall with Lunch On the Way Home 9:00 Departure** - Sign-up x3200.
- 5/26 **Book Club 1:30 (Hobby Hut)** – “My Sister’s Keeper”. A 2004 novel written by Jodi Picoult. It tells the story of 13-year-old Anna, who sues her parents for medical emancipation when she is expected to donate a kidney to her sister Kate, who is dying from leukemia. See Frank Seifert x3369 for a copy of the book.
- 5/31 **Boonie Koons 3:00 (Theatre)** – Join Bonnie in the Theatre as she plays and sings songs celebrating the Memorial Day Holiday, “Let Freedom Ring”.
- 6/15 “Mennonite Girls Can Cook” (Bird-In-Hand Restaurant and Stage)** 10:00 Departure; 11:30 Smorgasbord buffet lunch; 1:00 Show. > 20-\$40; < 20-\$42.98 + \$2 Transp. Watch the excitement, confusion, and just plain frantic fun that erupts when a small town cable cooking show, hosted by two Mennonite women, attracts the attention of a big shot Hollywood producer. An ideal recipe for hilarity, this brand new play mixes faith, food and friendship – and is served fresh and funny to you in 90 minutes. Sign-up x3200.
- 7/20 Pennsylvania State Capitol 9:15 Departure; (Harrisburg)** – A 45 minute guided tour of the state capitol. Lunch on the way home. See where laws are passed and public policy is set for over 12 million residents of PA. All items will be x-rayed and subject to hand inspection. Sign-up x3200.
- 8/17 “Jonah” 1:15 Departure (Sight & Sound Theatre)** - After a series of wild adventures involving a seaport, a huge boat and a terrible storm, Jonah finds himself in the belly of a giant fish. It is here that God teaches Jonah how to receive grace and extend mercy. Live animals on the stage and in the aisles. This is not your average fish tale! \$51.30 + \$2 Transp. Dinner on the way home. Sign-up x3200.