

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2020

Independent Living



<p>9:00 Coffee Café</p> <p>2:30 Worship Service w/ Chaplain Don March* 6:00 Movie Night-ch956 “The Shaggy Dog”</p> <p>National Taco Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 12:00 Word Puzzles 3:00 Hymns and Their Stories w/Chaplain Don March*</p>	<p>9:00 Coffee Café</p> <p>9:00 Groceries- Giant & Weis 2:00 Hallway Bingo 2:00 Board Room Bingo Creekside 2:00 Afternoon Movie-ch956 “Matilda”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 3:00 Bible Study w/ Pastor Bob Malick*</p>	<p>9:00 Coffee Café</p> <p>10:15 Worship Service* 3:15 Billy Graham Stories w/ Chaplain Don March*</p> <p>Homemade Cookie Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 2:00 Pokeno 1st Floor 2:00 Afternoon Movie-ch956 “Daddy Day Care”</p> <p><small>Sukkot Begins</small></p>	<p>9:00 Coffee Café</p>
<p>9:00 Coffee Café</p> <p>2:30 Worship Service w/ Chaplain Don March* 6:00 Movie Night-ch956 “The Shaggy Dog”</p> <p>National Taco Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 12:00 Word Puzzles 3:00 Hymns and Their Stories w/Chaplain Don March*</p>	<p>9:00 Coffee Café</p> <p>9:00 Groceries- Giant & Weis 2:00 Hallway Bingo 2:00 Board Room Bingo Creekside 2:00 Afternoon Movie-ch956 “Matilda”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 3:00 Bible Study w/ Pastor Bob Malick*</p>	<p>9:00 Coffee Café</p> <p>10:15 Worship Service* 3:00 Billy Graham Stories w/ Chaplain Don March*</p> <p>You Matter to Me Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 2:00 Pokeno 1st Floor 2:00 Afternoon Movie-ch956 “The Goonies”</p> <p>World Egg Day</p>	<p>9:00 Coffee Café</p> <p><small>Simchat Torah Begins</small></p>
<p>9:00 Coffee Café</p> <p>2:30 Worship Service w/ Pastor Bob Malick* 6:00 Movie Night-ch956 “Rookie of the Year”</p> <p>Pastor Appreciation Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 12:00 Word Puzzles 3:00 Hymns and Their Stories w/Chaplain Don March*</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>9:00 Coffee Café</p> <p>9:00 Groceries- Giant & Weis 2:00 Hallway Bingo 2:00 Board Room Bingo Creekside 2:00 Afternoon Movie-ch956 “Pitch Perfect 2”</p> <p>National Train Your Brain Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 3:00 Bible Study w/ Pastor Bob Malick*</p> <p>National Dessert Day</p>	<p>9:00 Coffee Café</p> <p>10:15 Worship Service* 3:00 Billy Graham Stories w/ Chaplain Don March*</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 2:00 Pokeno 1st Floor 2:00 Afternoon Movie-ch956 “Mamma Mia”</p> <p>Global Champagne Day</p>	<p>9:00 Coffee Café</p> <p>Wear Something Gaudy Day</p>
<p>9:00 Coffee Café</p> <p>2:30 Worship Service w/ Chaplain Don March* 6:00 Movie Night-ch956 “Overcomer”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 12:00 Word Puzzles 3:00 Hymns and Their Stories w/Chaplain Don March*</p>	<p>9:00 Coffee Café</p> <p>9:00 Groceries- Giant & Weis 2:00 Hallway Bingo 2:00 Board Room Bingo Creekside 2:00 Afternoon Movie-ch956 “Night at the Museum”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 3:00 Bible Study w/ Pastor Bob Malick*</p>	<p>9:00 Coffee Café</p> <p>10:15 Worship Service* 3:00 Billy Graham Stories w/ Chaplain Don March*</p> <p>Eat a Pretzel Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 2:00 Pokeno 1st Floor 2:00 Afternoon Movie-ch956 “Steel Magnolias”</p> <p>National Boston Cream Pie Day</p>	<p>9:00 Coffee Café</p>
<p>9:00 Coffee Café</p> <p>2:30 Worship Service w/ Pastor Bob Malick* 6:00 Movie Night-ch956 “War Room”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 12:00 Word Puzzles 3:00 Hymns and Their Stories w/Chaplain Don March*</p> <p>National Pumpkin Day</p>	<p>9:00 Coffee Café</p> <p>9:00 Groceries- Giant & Weis 2:00 Hallway Bingo 2:00 Board Room Bingo Creekside 2:00 Afternoon Movie-ch956 “The Wizard of Oz”</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 3:00 Bible Study w/ Pastor Bob Malick*</p>	<p>9:00 Coffee Café</p> <p>10:15 Worship Service* 3:00 Billy Graham Stories w/ Chaplain Don March*</p> <p>National Cat Day</p>	<p>9:00 Coffee Café</p> <p>10:00 Seated Exercise Video 2:00 Pokeno 1st Floor 2:00 Afternoon Movie-ch956 “Haunted Mansion”</p> <p>Mischief Night</p>	<p>9:00 Coffee Café</p> <p><small>Halloween</small></p>

At this time, there are still no group activities planned except as listed on the calendar.

Any activities listed require social distancing and masks.

Please remember to wear your mask when out of your room and social distance (please sit 6 feet away from your friends)

Invite someone to your apartment for a card game, Rummicub, Dominos, etc. There are Rummikub games for you to borrow in the Hobby Hut above the sink.

The second floor lounge always has a puzzle going. Stop in and add a piece or more to the puzzle.

The Creekside lounge also has a puzzle going. Check it out and find a piece or two.

Every Monday at lunch you will find a word game, puzzle etc. at your place. Work with your table mates to solve them. This is lots of fun plus exercise for your brain.

There are birthday, get well and sympathy cards in the Hobby Hut. All are free for you to take.

Be sure you are taking advantage of the in-house exercise program on channel 956 every Monday, Wednesday and Friday at 10:00. Grab a chair and exercise. If you need a weight for the weight lifting section, you may borrow one from the Exercise room on the first floor. Keep it in your apartment until we are able to do the workout together again.

This is a great time of the year to walk outside. The weather is beginning to be pleasant. There are several places to rest on your trip around the building. Get a walking buddy to keep you accountable and begin to walk.

Be sure to check the in-house channel for the movie shown every Sunday at 6:00; Tuesday and Friday at 2:00.

Every Tuesday the shuttle will go to Giant and Weis. Sign up on the grocery list in the book by the cafe.