

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2019

Independent Living

<p>9:00 Coffee - Café</p> <p>2:30 Worship Service w/ Pastor Bob Malick*</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>1:15 Choir Practice -CH</p> <p>2:00 Wii Bowling LAR</p> <p>2:00 Create Cards HH</p>	<p>9:00 Coffee - Café</p> <p>9:00 Grocery Shuttle</p> <p>2:00 Bible Study LAR</p> <p>6:30 Rummikub LAR</p>	<p>9:00 Coffee - Café</p> <p>10:00 Women's Bible Study LAR</p> <p>2:00 Men's Wii Bowling LAR</p> <p>3:15 Bible Study -CH</p> <p>7:00 Mountain View Mennonites* -CH <small>Yom Kippur</small></p>	<p>9:00 Coffee - Café</p> <p>10:15 Worship Service w/ Chaplain Don March*</p> <p>12:30 Birthday Dinner CH</p> <p>2:00 Bingo w/Steve LAR</p> <p>2:00 Nostalgic Duo- DR</p> <p>3:00 Happy Needles 3rd FL</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>5:30 2nd Friday Social Hour with Apple Dumplings & Ice Cream LAR</p> <p>6:30 Movie Night LAR</p>	<p>9:00 Coffee - Café</p> <p>2:00 Bingo LAR</p>
<p>9:00 Coffee - Café</p> <p>2:30 Worship Service w/ Pastor Bob Malick*</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>1:15 Choir Practice -CH</p> <p>2:00 Wii Bowling LAR</p> <p>2:00 Create Cards HH</p>	<p>9:00 Coffee - Café</p> <p>9:00 Grocery Shuttle</p> <p>2:00 Bible Study LAR</p> <p>6:30 Rummikub LAR</p>	<p>9:00 Coffee - Café</p> <p>10:00 Women's Bible Study LAR</p> <p>2:00 Men's Wii Bowling LAR</p> <p>3:15 Bible Study -CH</p> <p>7:00 Mountain View Mennonites* -CH <small>Yom Kippur</small></p>	<p>9:00 Coffee - Café</p> <p>10:15 Worship Service w/ Chaplain Don March*</p> <p>12:30 Birthday Dinner CH</p> <p>2:00 Bingo w/Steve LAR</p> <p>2:00 Nostalgic Duo- DR</p> <p>3:00 Happy Needles 3rd FL</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>5:30 2nd Friday Social Hour with Apple Dumplings & Ice Cream LAR</p> <p>6:30 Movie Night LAR</p>	<p>9:00 Coffee - Café</p> <p>2:00 Bingo LAR</p>
<p>9:00 Coffee - Café</p> <p>2:30 Worship Service w/ Chaplain Don March*</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>1:15 Choir Practice -CH</p> <p>2:00 Wii Bowling LAR</p> <p>2:00 Create Cards HH</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	<p>9:00 Coffee - Café</p> <p>9:00 Grocery Shuttle</p> <p>2:00 Movie Matinee "Life in the Dog House" LAR</p> <p>6:30 Rummikub LAR</p>	<p>9:00 Coffee - Café</p> <p>1:45 Resident Council - Fire Drill Procedures LAR</p> <p>3:15 Bible Study- CH</p> <p>6:30 Movie*(Channel 956)</p>	<p>9:00 Coffee - Café</p> <p>10:15 Worship Service w/ Pastor Bob Malick*</p> <p>2:00 Men's Wii Bowling LAR</p> <p>3:00 Happy Needles 3rd FL</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>2:00 "Seasons Trio* -CH</p> <p>5:30 Pizza Night LAR</p> <p>6:30 Game Night LAR</p>	<p>9:00 Coffee - Café</p> <p>2:00 PoKeNo HH</p>
<p>9:00 Coffee - Café</p> <p>2:30 Worship Service w/ Pastor Mark Snyder*</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>1:15 Choir Practice -CH</p> <p>2:00 Wii Bowling LAR</p> <p>2:00 Create Cards HH</p>	<p>9:00 Coffee - Café</p> <p>9:00 Grocery Shuttle</p> <p>2:00 Bible Study LAR</p> <p>6:30 Rummikub LAR</p> <p><small>Simchat Torah</small></p>	<p>9:00 Coffee - Café</p> <p>10:00 Women's Bible Study LAR</p> <p>2:00 Men's Wii Bowling</p> <p>3:15 Bible Study -CH</p> <p>6:30 Movie* (Channel 956)</p>	<p>9:00 Coffee - Café</p> <p>10:15 Worship Service w/ Chaplain Don March*</p> <p>2:00 Tom Shultz -DR</p> <p>3:00 Happy Needles 3rd FL</p>	<p>9:00 Coffee - Café</p> <p>2:00 Fitness Friday w/Therapy LAR</p> <p>5:30 Hot-chee Dog Night LAR</p> <p>6:30 Movie Night LAR</p>	<p>9:00 Coffee - Café</p> <p>2:00 Bingo LAR</p> <p>2:00 Accordion Music w/ Daniel Weber* -CH</p>
<p>9:00 Coffee - Café</p> <p>2:30 Worship Service w/ Chaplain Don March*</p>	<p>9:00 Coffee - Café</p> <p>10:00 Exercise w/Ann LAR</p> <p>1:15 Choir Practice -CH</p> <p>2:00 Wii Bowling LAR</p> <p>2:00 Create Cards HH</p> <p>2:00 Hymns w/ Dave Garner* -CH</p>	<p>9:00 Coffee - Café</p> <p>9:00 Grocery Shuttle</p> <p>6:30 Rummikub LAR</p>	<p>9:00 Coffee - Café</p> <p>2:00 Then Sings My Soul Hymn Show* -CH</p> <p>3:30 Bible Study -CH</p> <p>6:30 Movie* (Channel 956)</p>	<p>9:00 Coffee - Café</p> <p>10:15 Worship Service w/ Pastor Bob Malick*</p> <p>1:30 Hamilton Elem Halloween Parade</p> <p><small>Halloween</small></p>	<p>*in-house channel 956 CH- Chapel DR- Dinning Room LAR- Letort Activity Room HH- Hobby Hut Activity Calendar is subject to change</p>	

OCTOBER 2019 INDEPENDENT LIVING DETAILED INFORMATION

THE BUS - We're almost there! Within the next week or so, we will meet with Jen Michaud to schedule trips and outings. Be sure to watch the sign-up book and the bulletin board for information.

GROCERY SHOPPING - You will need to watch the sign-up book for day and time for groceries. Tosha is working something out so maintenance won't need to drive us. This calendar says it will be on Tuesday, but that may change.

DINNER TRIPS - The sign-up sheets for dinner trips will be on light red paper. We will list the time, date and place on the sign-up sheet. Sign up early! There are only 16 seats on the bus. Let's fill all of them.

MOVIE MATINEES - Your heart will be in your throat as you watch **National Parks Adventure**. The photography is spectacular. If you've visited any of the parks, you will enjoy seeing this movie. If you love dogs and have ever rescued one, you will love this film - **Life in the Dog House**. Every dog who lives in a shelter wants to come live with the two men who run the "Dog House." Don't miss this one. All matinees are shown in the Letort Activity Room at 2:00 on the first and third Tuesdays.

SPECIAL PROGRAM ON OCTOBER 30 - "Then Sings My Soul Hymn Show" will be a special tribute to Billy Graham. Be sure to attend this program in the chapel at 2:00. It will be inspiring and uplifting.

HALLOWEEN PARADE - Remember when you were a kid all dressed up for Halloween? Be sure to come watch the Hamilton Elementary School kids on Oct. 31. They need an audience to clap and cheer as they parade by. They enter the double doors by the Letort Dining Room and parade through the chapel. Be there by 1:30 to do your part!

NEW RESIDENTS - There are many new residents moving into Letort Manor. Please introduce yourself and make them feel welcome. Invite them to come to the activities and programs so they feel welcome. It's hard for a new resident to navigate a new place learning names and places. Take them on a tour of the building - inside and out! Each one of us is the welcoming committee.

EXERCISE - One of the best gifts you can give yourself is to exercise. Join us every Monday and Friday morning at 10 in the Letort Activity Room to exercise with Ann Pringle. These are all seated chair exercises working on cardio, aerobics and weights. There is room and we're waiting for you.

FITNESS FRIDAY WITH THERAPY - We are fortunate to have a therapy department who will provide an educational program for us each month on a topic you can choose. Take advantage of this free service on the last Friday afternoon of the month at 2:00 in the Letort Activity Room.

LOOKING FOR ACTIVITY SUGGESTIONS - We're always looking for suggestions for activities and programs that you might like. Feel free to give any ideas to Helen Milliron to include on the Activity Calendar.

DON'T MISS FRIDAY NIGHTS AT LETORT MANOR! The Letort Activity room is a hub of activity every Friday night. Check the calendar to see what's happening each Friday night; then, come and enjoy the company of all your friends and make some new ones. We'll be looking for you. **THERE IS NO COST TO ANY FRIDAY NIGHT FOOD OR ACTIVITIES.**

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