

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1 style="margin: 0;">AUGUST 2019</h1> <h2 style="margin: 0;">Independent Living</h2>							
1	2	3	4	5	6	7	
9:00 Coffee - Café 9:00 Shopping Shuttle to Carlisle Crossings Mall 10:15 Worship Service w/ Chaplain Don March* 2:00 Are You Smarter Than... LAR 3:00 Happy Needles 3 rd FL	9:00 Coffee - Café 10:00 Exercise W/Ann LAR 2:00 Music w/ Donna Jean* 5:30 Ice Cream Sundaes, Movie and Games LAR	9:00 Coffee - Café 2:00 Bingo LAR	9:00 Coffee - Café 2:30 Worship Service w/ Chaplain Don March*	9:00 Coffee - Café 10:00 Exercise w/Ann - LAR 2:00 Wii Bowling - LAR 2:00 Create Christmas Cards - HH	9:00 Coffee - Café 9:00 Grocery Shuttle 2:00 Movie Matinee "The Kindness Dairies" - LAR 2:00 Summer Tunes w/ Sweet Life 6:30 Rummikub - LAR	9:00 Coffee - Café 2:00 Men's Wii Bowling - LAR 3:15 Bible Study- Chapel * 6:30 In-House Movie - Channel 956	9:00 Coffee - Café 10:15 Worship Service w/ Pastor Bob Malick* 2:00 Dominos 2 nd FL 3:00 Happy Needles 3 rd FL
8	9	10	11	12	13	14	
9:00 Coffee - Café 10:15 Worship Service w/ Pastor Bob Malick* 2:00 Dominos 2 nd FL 3:00 Happy Needles 3 rd FL	9:00 Coffee - Café 10:00 Exercise w/Ann LAR 5:30 2nd Friday Social Hour, Movie & Games LAR	9:00 Coffee - Café 2:00 PoKeNo HH	9:00 Coffee - Café 2:30 Worship Service w/ Pastor Bob Malick*	9:00 Coffee - Café 10:00 Exercise w/Ann - LAR 2:00 Wii Bowling - LAR 2:00 Create Christmas Cards - HH	9:00 Coffee - Café 9:00 Grocery Shuttle 2:00 Bible Study - LAR 6:30 Rummikub - LAR	9:00 Coffee - Café 10:00 Women's Bible Study - LAR 1:30 Party Animalz Petting Zoo 2:00 Men's Wii Bowling - LAR 3:15 Bible Study- Chapel * 6:30 In-House Movie - Channel 956	9:00 Coffee - Café 10:15 Worship Service w/ Chaplain Don March* 2:00 Denny Heckard as Elvis 3:00 Happy Needles 3 rd FL
15	16	17	18	19	20	21	
9:00 Coffee - Café 10:15 Worship Service w/ Chaplain Don March* 2:00 Denny Heckard as Elvis 3:00 Happy Needles 3 rd FL	9:00 Coffee - Café 10:00 Exercise w/Ann LAR 2:00 Bingo w/Steve LAR 5:30 Pizza Night, Movie & Games LAR	9:00 Coffee - Café 2:00 Bingo - HH (note change in location) 2:00 Music w/ Linda & Dan Arnold*	9:00 Coffee - Café 2:30 Worship Service w/ Pastor Rodger Scheuing*	9:00 Coffee - Café 10:00 Exercise w/Ann - LAR 2:00 Wii Bowling - LAR 2:00 Create Christmas Cards - HH	9:00 Coffee - Café 9:00 Grocery Shuttle 2:00 Movie Matinee "The Kindness Dairies" - LAR 6:30 Rummikub - LAR	9:00 Coffee - Café 1:45 Resident Council - LAR 3:15 Bible Study- Chapel * 6:30 In-House Movie - Channel 956	9:00 Coffee - Café 10:15 Worship Service w/ Ron Barger* 2:00 Men's Wii Bowling 2:00 Dominos 2 nd FL 2:00 Music w/ Tom Shultz 3:00 Happy Needles 3 rd FL
22	23	24	25	26	27	28	
9:00 Coffee - Café 10:15 Worship Service w/ Ron Barger* 2:00 Men's Wii Bowling 2:00 Dominos 2 nd FL 2:00 Music w/ Tom Shultz 3:00 Happy Needles 3 rd FL	9:00 Coffee - Café 10:00 Exercise w/Ann LAR 5:30 Hot-chee Dog Night, Movie & Games LAR	9:00 Coffee - Café 2:00 PoKeNo - HH	9:00 Coffee - Café 2:30 Worship Service w/ Pastor Bob Malick*	9:00 Coffee - Café 10:00 Exercise w/Ann - LAR 2:00 Wii Bowling - LAR 2:00 Create Christmas Cards - HH 2:00 Hymns w/ The Wheelers*	9:00 Coffee - Café 9:00 Grocery Shuttle 2:00 Bible Study - LAR 6:30 Rummikub - LAR	9:00 Coffee - Café 10:00 Women's Bible Study - LAR 2:00 Men's Wii Bowling - LAR 3:15 Bible Study- Chapel * 6:30 In-House Movie - Channel 956	9:00 Coffee - Café 10:15 Worship Service w/ Chaplain Don March* 3:00 Happy Needles 3 rd FL
29	30	31					
9:00 Coffee - Café 10:15 Worship Service w/ Chaplain Don March* 3:00 Happy Needles 3 rd FL	9:00 Coffee - Café 2:00 Fitness Friday w/Therapy - LAR 6:30 Movie & Games - LAR (note change of time)	9:00 Coffee - Café 2:00 Bingo - LAR 2:00 Accordion Music w/ Daniel Weber*					

AUGUST 2019 INDEPENDENT LIVING DETAILED INFORMATION

SHOPPING TRIPS TO A MALL - Beginning August 1, we will be able to travel to a mall - either Carlisle Crossings (Kohl's, Target, Michaels, Dollar Store, Aldi's, etc.) OR to Walmart. The Ford Edge will transport us just as it do for groceries. They will drop you off at the store where you wish to shop. We'll begin with a one-hour time to shop. Be at the Letort entrance at 9 a.m. This is a work in progress. Right now it will occur once a month. Be sure to sign up on the GREEN sheet of paper in the book by the café.

GOING OUT FOR DINNER TRIPS - The details for these trips haven't been finalized. There is a hiring process for the driver, Jen Michaud, which has not been completed yet. Once everything is in place, we will plan dinner trips. We have been advised that you will be the guest of one of our residents for dinner once a month. This is a pleasant surprise. When everything is a go, you will need to sign up on a red sheet in the sign-up book by the café. There will be a cancellation list on the sign-up sheet so if the list is full and there is a cancellation, you will be able to go. Our bus holds 16 passengers, and we'd like to fill it for these trips.

GROCERY SHOPPING - The shuttle leaves from the LeTort Entrance at 9:00 every Tuesday morning. Sign up in the book by the Café if you want to go to the Giant or Weis Grocery Store. Chris or Damon is the driver. Please take advantage of this great service.

FRIDAY NIGHTS AT LETORT MANOR - Friday nights have become very popular. Whether it's ice cream sundaes, 2nd Friday social hours, pizza nights or hot-chee dog nights, the Letort Activity Room is filled with residents enjoying a time together. We appreciate all those who step up and help with the preparations and serving food and drinks. Since so many use walkers and can't carry food and walk, we say thank you! (If you can walk and carry food, you're welcome to help.) Of course, there is no charge for any of our Friday night activities. The calendar says, "Movie & Games." We try to have a movie, but you are in charge of games. If you'd like to play games or cards, you need to grab some people to do that. The Hobby Hut or the Second or Third Floor lounges can be used.

CHRISTMAS IS COMING - In August we will focus on making Christmas Cards on our Create Cards Mondays. There will be samples and supplies to make beautiful cards to send. Join the group on Mondays at 2:00 in the Hobby Hut. Bring your own ideas with you also. If you need 40 Christmas cards, now is the time to start making them - not in December.

EXERCISE - A GREAT WAY TO START YOUR DAY - Every Monday and Friday morning at 10, Ann Pringle leads a video exercise program to get you moving, marching and stretching. The benefits of regular exercise have been proven to create healthier seniors. Don't let this opportunity to be one of them pass you by. It will be the best 45 minutes of your day.

OTHER ACTIVITIES - There are cards and games going on that are not on the calendar. You are welcome to organize a group for an activity if you wish, from playing cards to baking or cooking a favorite recipe in the Hobby Hut Kitchen. There are lots of opportunities to be creative. Invite others to join you.

DON'T FORGET - Elections are coming. If you are a new resident, please check you voter registration. LeTort Manor residents vote at the Stuart Building on Franklin Street while Creekside residents vote in the North Middleton Fire Hall on Spring Road. If you need an Absentee Ballot application see Helen Milliron. Voting is a precious right. Remember to use it on election day, November 5.

AN HISTORICAL MOMENT - The dedication for Love Wing / Creekside Apartments was held on November 2, 1986. There are currently 12 Independent Living Residents in the Creekside Apartments. Adding these apartments made the Church of God Home a true Continuing Care Retirement Community (CCRC).