

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019

Independent Living

						1 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Donna Jean* 5:30 Friday night social with Jamie Nye - Farewell party LAR	2 9:00 Coffee Social Cafè 2:00 Po-Ke-No HH
3 9:00 Coffee Social Cafè 2:30 Worship Service*	4 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Meeting of All Wii Bowlers and Supporters LAR 2:00 Mardi Gras Music w/ Mick Cochran	5 9:00 Coffee Social Cafè 9:00 Grocery Shuttle every 15 minutes 1:15 Choir Practice 2:00 Movie Matinee LAR Walt Disney <small>Mardi Gras</small>	6 9:00 Coffee Social Cafè 2:00 Men's Wii Bowling LAR 2:30 Ash Wednesday Worship Service* 3:15 Bible Study* <small>Ash Wednesday</small>	7 9:00 Coffee Social Cafè 10:15 Worship Service* 2:00 Are You Smarter Than... LAR 3:00 Happy Needles 3FL 2:00 Music w/Rich Armest*	8 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 5:30 Social Hour, Movie & Games LAR	9 9:00 Coffee Social Cafè 2:00 Bingo LAR	
10 9:00 Coffee Social Cafè 2:30 Worship Service* <small>Daylight Saving Time Begins</small>	11 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Wii Bowling LAR 2:00 Card Factory HH	12 9:00 Coffee Social Cafè 9:00 Grocery Shuttle every 15 minutes 1:15 Choir Practice 2:00 Bible Study LAR 2:00 Irish music w/ Season Trio	13 9:00 Coffee Social Cafè 10:00 Women's Bible Study LAR 2:00 Men's Wii Bowling LAR 3:15 Bible Study* 7:00 Mountain View Mennonites*	14 9:00 Coffee Social Cafè 10:15 Worship Service* 2:00 Bingo w/Steve LAR 3:00 Happy Needles 3FL	15 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Irish Music w/Judy Crum* 5:30 Pizza Night, Movie & Games LAR	16 9:00 Coffee Social Cafè 2:00 Po-Ke-No HH	
17 9:00 Coffee Social Cafè 2:30 Worship Service* <small>St. Patrick's Day</small>	18 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Wii Bowling LAR 2:00 Card Factory HH	19 9:00 Coffee Social Cafè 9:00 Grocery Shuttle every 15 minutes 1:15 Choir Practice 2:00 Movie Matinee LAR Dog (about service dogs) 2:00 Music w/ Tom Edmondson	20 9:00 Coffee Social Cafè 1:30 Food Committee & Resident Council LAR 3:15 Bible Study* <small>Spring Begins</small>	21 9:00 Coffee Social Cafè 10:15 Worship Service* 2:00 Men's Wii Bowling LAR 3:00 Happy Needles 3FL <small>Purim</small>	22 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Music w/ Roy Hinson* 5:30 Hot-chee Dog Night, Movie and Games LAR	23 9:00 Coffee Social Cafè 2:00 Bingo LAR 2:00 Rebel Heart Irish dancers - DR	
24 9:00 Coffee Social Cafè 2:30 Worship Service*	25 9:00 Coffee Social Cafè 10:00 Exercise w/Ann Pringle 2:00 Wii Bowling LAR 2:00 Card Factory HH 2:00 Music w/The Wheeler's*	26 9:00 Coffee Social Cafè 9:00 Grocery Shuttle every 15 minutes 1:15 Choir Practice 2:00 Bible Study LAR	27 9:00 Coffee Social Cafè 10:00 Women's Bible Study LAR 2:00 Men's Wii Bowling LAR 2:00 Adult Coloring HH 3:15 Bible Study*	28 9:00 Coffee Social Cafè 10:15 Worship Service* 2:00 Birthday Party w/Marty's one man band 3:00 Happy Needles 3FL	29 9:00 Coffee Social Cafè 2:00 Fitness Friday w/Therapy LAR 5:30 Movie & Games LAR	30 9:00 Coffee Social Cafè 2:00 Po-Ke-No HH	
31 9:00 Coffee Social Cafè 2:30 Worship Service*	*In-house channel 956 Activity Calendar subject to change See reverse for detailed information Payment for Bird-In-Hand ticket is due March 25.						



MARCH 2019 INDEPENDENT LIVING DETAILS:

GROCERY SHOPPING TRANSPORTATION

Grocery shopping has become easier and much friendlier. There is a shuttle (a black SUV) that runs every 15 minutes to Giant and/or Weis Market. First run is at 9:00 with successive trips every 15 minutes. BE SURE TO SIGN UP IN THE NOTEBOOK. The sign-up sheets for the entire month of March are now there.

Wii BOWL FOR CHARITY

For the past two years we have held a Wii Bowling event for Big Brothers Big Sisters. This year will be different in that we will select the charity we would like to support in Carlisle. The month of March is called "Match Madness" when Partnership for Better Health matches contributions, so we would like to collect as much as we can in March to maximize our impact for the charity we choose. There will be a meeting on Monday, March 4 at 2:00 in the LAR for ALL Wii bowlers and those who contribute financially to our event. If you will bowl this year, please come. A full complement of bowlers is 16. That means we need you. Come to learn about this event at the meeting on Monday, March 4. The charity bowling event itself will be on Saturday, May 18 right here in our Letort Activity Room.

MEN'S Wii BOWLING

A new activity is Men's Wii bowling. It meets on Wednesday afternoon. Join the fun and practice your skills for the charity bowling event on May 18.

EXERCISE WITH ANN PRINGLE

Who is Ann, you ask. Ann is the video leader of our exercise program. She has been very well received by our residents and this popular activity is filling up fast. Come on Monday and/or Friday mornings to give your body a treat. There is always room for one more. See you in the LAR.

FOOD AND RESIDENT COUNCIL

This meeting will move to the third Wednesday of the month instead of the third Thursday. Please attend to voice any concerns you have about food as well as compliments. Bring any other issues you have to resident council.

THE CARD FACTORY

We are "manufacturing" Easter cards for Personal Care residents. The group is designing and creating lovely Easter cards to be delivered on or before April 20. You're welcome to try your hand at this fun project. Lots of help is provided. Join us in the Hobby Hut on Monday afternoons.

MOVIE MATINEE

As I write this we will be showing our 2nd matinee - "Blackfish". It's the story of the Sea World Orca Whales. If you have a suggestion for a matinee, give it to Joan Wolf or Helen Milliron. Join us in the LAR at 2:00 on the days indicated on the calendar. This event will depend on attendance in order for it to continue.

BIRD-IN-HAND TRIP

The date is Thursday, May 2. There are 25 people signed up to attend the show. You are welcome to invite family members or friends to travel along with us. We have a 38 passenger bus chartered and would like to see every seat filled. If you don't want to see the show, go along and enjoy a leisurely smorgasbord buffet instead. Those going to the show will enjoy a delicious box lunch while we travel, prepared by our kitchen staff. The final date to sign up and pay (\$25 for the show) is March 25. We must make final payment to Bird-in-Hand one month before the show. See Helen Milliron to make payment and for any questions. PLEASE NOTE: If you wish to do the buffet, you can sign up at the last minute as long as there is room on the bus. No deadline for the buffet. You're on your own to pay for dinner.

COMMUNITY AID BIN

A reminder to put unused clothing, linens, etc. in the bin located by the Creekside parking lot. We are paid by the pound for the contents of the bin. No glass or breakables please.

SPRING IS COMING

Bring any suggestions for activities or events to the resident council meetings.